



## Your Family Support Program

Your health plan now offers the Family Support Program that can help you care for a teenager or young adult with a substance abuse problem. You get:

- Phone access to a licensed behavioral health clinician
- Guidance to the right treatment options
- Support for yourself and your family members
- Information about community resources for you and your loved one

This program is available to you at no additional charge, and you will get help as long as you need it.

Take the first step.

Call us toll-free from  
8:30 a.m. to 5 p.m. PT:

**877-229-3440**

This number has been specifically  
designated for the Family Support Program.

**TDD/TTY: Dial 711 and  
enter the number above**

Or log on to  
[liveandworkwell.com](http://liveandworkwell.com).

Access code: 11280