

November 1–27

Open Enrollment Offers Medical Plan Changes

Open Enrollment begins in just a few weeks and, as previously announced, UC put its medical plans out to bid in order to explore new options for sustaining quality benefits at competitive prices. The results of the bid process are a number of changes and enhancements to the medical plans as outlined below.

Complete information, including premium rates, will be mailed to you prior to the November 1 opening of the Open Enrollment period. Information, rates and planning tools are also available on the At Your Service website (atyourservice.ucop.edu/open_enrollment)

Here are some changes you can expect:

- Health Net will be UC's only network HMO provider. PacifiCare of California, PacifiCare of Nevada and PacifiCare Secure Horizons will no longer be offered. However, Health Net and Health Net Seniority Plus offer very similar benefits and many of the same primary care physicians (PCP), specialists and hospitals. Retirees enrolled in PacifiCare of California and PacifiCare Secure Horizon who do not take action during Open Enrollment will be automatically enrolled in the appropriate Health Net plan and a PCP will be assigned. Retirees enrolled in PacifiCare of Nevada who take no action will be enrolled in the Blue Cross PPO with prescription drug coverage. It is most important that you take definite enrollment action, particularly if you decide to enroll in Health Net so that you may select a primary care physician. Moreover, all **PacifiCare Secure Horizons members who enroll in an HMO must assign their Medicare benefits to their new plans** in order to continue Medicare coverage.

- UC will offer most retirees and covered adult family members new wellness benefits through StayWell.
- UC will offer enhanced and

standardized mental health and substance abuse benefits to most retirees in non-Medicare plans through United Behavioral Health. UC will also add mental health and substance abuse benefits to the Core* medical plan through Blue

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* Blue Cross PPO is offered by Blue Cross of California*. Core is offered by BC Life & Health Insurance Company.

Blue Cross of California* and BC Life & Health Insurance Company are independent licensees of the Blue Cross Association (BCA). The Blue Cross name and symbol are registered service marks of the Blue Cross Association.

LANL and LLNL Retirees

Information about UC's Open Enrollment does not apply to you. Hewitt Associates will mail information about your Open Enrollments to you. LANL Retiree Open Enrollment is October 22 to November 16. LLNL Retiree Open Enrollment is December 3–14. See pages 9 and 10 for additional information of interest to you. ➤

See more Open Enrollment information on page 6.

UC Research of Interest

Boost for Broccoli

A compound found in broccoli and related vegetables may have more health-boosting tricks up its sleeves, according to a UC Berkeley study.



Veggie fans can already point to some cancer-fighting properties of 3,3'-diindolylmethane (DIM), a chemical

produced when Brassica vegetables such as broccoli, cabbage and kale are chewed and digested. Animal studies have shown that DIM can actually stop the growth of certain cancer cells.

This new study in mice, published in August in the *Journal of Nutritional Biochemistry*, shows that DIM may help boost the immune system as well.

"We provide clear evidence that DIM is effective in augmenting the immune response for the mice in the study, and we know that the immune system is important in defending the body against infections of many kinds of cancer," said Leonard Bjeldanes, UC Berkeley professor of toxicology and principal investigator of the study. "This finding bodes well for DIM as a protective agent against major human maladies."

Previous studies led by Bjeldanes and Gary Firestone, UC Berkeley professor of molecular and cell biology, have shown that DIM halts the division of breast cancer cells and inhibits testosterone, the male hormone needed for growth of prostate cancer cells.

In the new study, the researchers found increased blood levels of cytokines, proteins which help regulate the cells of the immune system, in mice that had been fed solutions containing DIM at a concentration of 30 milligrams per kilogram.

"As far as we know, this is the first report to show an immune stimulating effect for DIM," said study lead author Ling Xue, who was a Ph.D. student in Bjeldanes' lab at the time of the study and is now a post-doctoral researcher in molecular and cell biology at UC Berkeley.

See: http://www.berkeley.edu/news/media/releases/2007/08/20_broccoli.shtml

Breaking Up with Doctor is Hard to Do

When is it time to break up with your doctor?

That is a question some people may ponder in the fall, typically a time when employers offer a chance to change health insurance plans.

UC Riverside psychologist Robin DiMatteo says that a patient's decision to switch doctors is never easy. But after 30 years of studying patient satisfaction with medical care and communication between physicians and patients, she says, there are times when it's in a patient's best interests to make a change.

"A doctor who is not supportive or who blames, ignores or criticizes the patient does not support healing," says DiMatteo, distinguished professor of psychology. Years of study have demonstrated that "patients do better when doctors are encouraging and supportive."

DiMatteo, who has analyzed audio- and videotaped medical visits, says there are huge differences in physicians' communication skills. If a person with good communication skills has a couple of off days,

"they may deserve some feedback. If someone is consistently bad, you should go with your gut instinct and go with another doctor."

If the physician is a nice person but had one bad day, it makes sense to give the doctor another chance and give them feedback, she says. Some doctors don't respond well to patient feedback, however, and become defensive, she says.

"If you really are with a doctor who makes you feel badly about yourself, if you're in pain and the doctor says you should be better and you're not, and you feel blamed, that is not promoting healing. I think that is a circumstance when a patient should leave," DiMatteo says.

"There are a lot of smart doctors out there. Get one who's also nice."

See: <http://www.newsroom.ucr.edu/cgi-bin/display.cgi?id=1651>

Health Care Disparities Start at the Local Pharmacy

Despite years of effort in reaching out to their local communities, the role pharmacists play as health care providers still remains unclear to the people who need them the most—elderly Americans with multiple medications for chronic diseases.



As a result, many patients with the most complex prescription needs may be hesitant to ask the questions they need to take their medications safely and consistently, according to a new study from the UCSF School of Pharmacy.

In one of the first studies to interview only elderly African-Americans regarding their perceptions of their community pharmacist, UCSF researchers also report that most would like to relate to their pharmacist the way they do with their personal doctors, but very few actually achieve that. Findings were published in the spring issue of the journal *Ethnicity and Disease*.

The study, led by Sharon Youmans, PharmD, MPH, associate professor of clinical pharmacy, involved interviews with 42 African Americans over age 60 and living in San Francisco. A majority of these participants took four to six prescription medications regularly and reported an average of two chronic illnesses.

Researchers found that most participants sought a close relationship with a knowledgeable and respectful community pharmacist and most also reported an interest in engaging in informed decision-making, including discussions regarding medication options, side effects and concerns about rising medication costs. Yet few participants reported feeling comfortable initiating such discussions, due to either not being able to identify the pharmacist or a sense that the pharmacist was too busy to talk with them. None said they perceived this as an issue of discrimination.

Youmans said the study highlights the importance of patient-pharmacist communication and identifies the need for far more training of pharmacists and pharmacy staff in cultural competence and communication.

See: <http://pub.ucsf.edu/newsservices/releases/200708152/> 

UC Investments Show Strong Gains; Re-start of Pension Contributions Postponed


The University of California Office of the Treasurer presented figures to the Regents at their September meeting that indicate UC's investments were up 19.1% during the past fiscal year, outperforming its benchmark by over 1%. Factors contributing to the good relative and absolute performance of the \$48 billion fund were the changes over the past several years in the diversification and allocation of its assets and performance of the non-U.S. equity and alternative asset classes.

UC officials also confirmed that pension contributions, which have not been required of employees for 17 years but were originally slated to resume in July, have been postponed for at least the rest of the 2007–08 fiscal year.

“Given the strong performance of the University’s pension fund, the actual start date for the restart of pension contributions is being revisited,” said Katherine N. Lapp, UC’s executive vice president for business operations. “However, it is important that everyone understand that the restart of contributions must occur in the near future to maintain the long-term viability of the plan.”

The UC pension plan also continues to meet the second critical test of whether it is adequately funded. A pension plan that is 100% funded can meet all its future obligations.

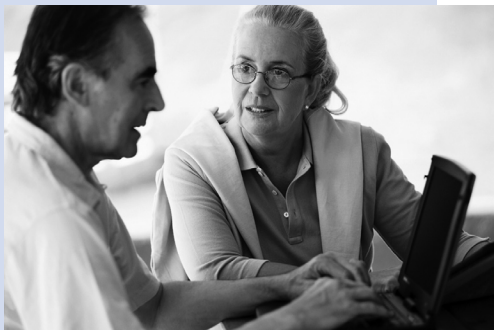
Marie N. Berggren, UC Chief Investment Officer and Vice President of Investments, reported that, as of the last actuarial report, the UC retirement plan’s funded ratio was 104%, compared to other California funds that today are only 87% funded and to others in the nation that are even lower. This achievement has meant that, unlike at most other public and private institutions, neither UC nor its employees nor the State of California have been required to contribute toward the cost of the pension benefits for 17 years. This has meant significant annual savings for UC employees and the state.

The UC Academic Council concurs with the Treasurer’s Office on the performance of UCRP. In a recently released statement about the management and investment performance of UCRP, the UC Academic Council calls UCRP “well managed.” The report, based on studies by the Committee on Faculty Welfare and the Task Force on Investment and Retirement, is available online at: www.universityofcalifornia.edu/senate/committees/council.ac.ucrp.0707.pdf 

Emeriti and Retirees Welcome at Local Campus Associations

You've recently retired from UC and your retirement plans included moving to a smaller house, closer to your grandchildren, etc. The result is you're no longer living near the UC location where you worked, and you miss that UC connection.

For you there is good news. All of the UC emeriti and retiree associations welcome those who live near a UC campus other than the one where they were active. Use the contact information for the various associations on page 11 of this newsletter to get more information about attending an event and or to be added to the mailing or e-mail list.



By joining an association, retirees have the opportunity to advocate for the welfare of all who have retired from UC; to enjoy the warm welcome they are sure to experience; to keep abreast of UC developments; and to contribute to the academic and public service missions of the University. 🌊

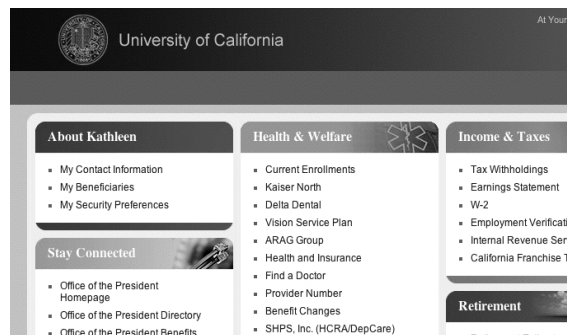
At Your Service Online Sign-In Security Implemented

As part of continuing efforts to promote security and to safeguard personal information on At Your Service Online (AYSO), the Sign In page has been modified to accept a Username only. Social Security numbers will no longer be allowed for sign in. AYSO is available from

the At Your Service home page (atyourservice.ucop.edu). Select "Sign in to My Accounts" to find the AYSO Sign In page.

Those who already use their Username for sign in will see no change. Those who enter their Social Security number will be asked for a Username. Retirees who have not created a Username will be able to click on "New User or Don't Have a Username?" to continue.

This is the latest phase of security changes for At Your Service Online. Retirees are encouraged to create a Username now so that they are able to sign in without problems prior to the Open Enrollment period in November. 🌊



Adventure Awaits UC Retirees in 2008

Exciting travel opportunities await UC retirees, along with their families and friends, in 2008. The UC Retiree Travel Group is offering something for everyone.

Spain's Classics: A 10-day tour departing March 23, 2008 for \$2,499 per person (double/from Los Angeles). The highlights include Madrid, Prado Museum, Toledo, Cordoba, Seville, Granada, Alhambra, Valencia and Barcelona. The rich history, architecture and artistry of Spain's music and dance are an experience you will never forget. This tour is selling out quickly so don't delay in making your reservations. (Tour No. 246025)

The Wonders of Iceland: An 8-day tour commencing on July 20, 2008 (their warmest time of the year) conducted by the Smithsonian Journeys Travel Adventures. They offer the best in educational travel worldwide. Their custom-crafted tours are created for adventurous travelers like you, who seek the thrill of discovery and learning. Their local expert speakers really make the difference between simply seeing and truly understanding your destination. Tour highlights that you will be experiencing are Reykjavik, Blue Lagoon, Golden Circle, Thingvellir National Park, Skogar Folk Museum, Skaftafell National Park, a nature cruise and an Icelandic horse farm. The price of this tour is \$3,449 per person (double/from Los Angeles). This tour sells out quickly! (Tour No. 246026)

You don't want to pass up the opportunity of traveling to the new "in" destination; you must **Discover Croatia!** This 11-day tour will



commence September 8, 2008. You will be visiting three of the area's most beautiful countries: Croatia, Slovenia and Italy. You will relax for two nights seaside in Opatija, Croatia's "Riviera." You will discover the magnificence of the ancient Roman Palace of Diocletian; walk in the footsteps of Marco Polo as you explore the medieval city of Korcula; experience the wonder of 16 cascading lakes at Croatia's Plitvice National Park; and spend two nights in Dubrovnik, the "pearl of the Adriatic." The price of this tour is \$4,049 per person (double/from Los Angeles). (Tour No. 246001)

To obtain more information about these tours, contact either your UC Retirement Office representative and request a brochure or Collette Vacations, Special Accounts Desk, 1-877-894-1246. Mention the tour number and that you are a University of California retiree. 🌊



Cross*. However, current UBH behavioral health out-of-network benefits will no longer be available except in the Blue Cross PPO plan.

- The High Option Plan* for retirees without Medicare will

be discontinued. In order to remain in High Option*, all covered family members must have Medicare.

- The **Select EPO Plan** will no longer be available in 2008 and retirees enrolled in the plan will be able to select a new plan during Open Enrollment. UC will automatically enroll Select EPO retirees who do not take Open Enrollment action into the Blue Cross PPO with prescription drug coverage.

Some plans will see no changes. For example, Kaiser, Western Health Advantage, Blue Cross PLUS and Blue Cross PPO will continue to be offered with few changes. Most UC retirees will pay the same copayments (for services such as office visits and prescription drugs) in 2008 as they currently do in 2007.

Retirees should expect to see Open Enrollment packets, which include final information and rates, in the mail beginning October 20. Information is also available on the At Your Service Open Enrollment website (atyourservice.ucop.edu/open_enrollment). Open Enrollment will be held from November 1 to 27, 2007. This is when retirees should review their medical plan options and determine the one that best fits their needs. 🐾

Most Retirees Eligible for New Wellness Benefits



UC is launching a new wellness program in 2008 at no additional cost to retirees. This program will help retirees improve and maintain their health and well-being. The University strongly believes that investing in the health of retirees provides long-term payoffs for both retirees and the University.

The program will be available through *UC Living Well*, UC's pilot wellness program that is being expanded to all locations. Employees, retirees, and their family members age 18 and older enrolled in all medical plans except Kaiser will be eligible for the program. Kaiser provides extensive, fully integrated wellness resources to its members.

The new *UC Living Well* program will include:

- A confidential Health Assessment to be taken online or via a paper version. The Health Assessment will assess your lifestyle habits and provide immediate personalized feedback to improve or maintain your health. Additional information and resources are also available to help you make lifestyle choices that will enhance your quality of life.
- A \$75 gift certificate for completing the Health Assessment. If you redeem your gift certificate at a UC Recreation and Sports Facility for any eligible service, the facility will offer an additional \$75 discount.
- Personalized health improvement programs with a Wellness Coach via the telephone, internet or mail.
- Access to additional wellness tools online. These resources may help you create positive lifestyle changes that will improve your health and well-being. They include:
 - A **Family Center** that provides information on self-care topics, like immunizations, men's and women's health issues, and more.
 - **Look It Up**, which serves as a drug and nutrition guide. When you are wondering about a new prescription and its side effects, or adding a new vitamin to your diet, access important information to help you make the right decision.
 - **What If** you make healthy lifestyle changes? You will have the opportunity to complete a Health Assessment again. See how your positive lifestyle changes have benefited your health. You can also preview potential results and reduced health risks if you meet future health goals.
 - **Health Tools** that help you create realistic goals and reminders for preventative screenings, appointments and exercise sessions. If you have a busy lifestyle, this tool can help you stay organized.
 - **Health Centers** that offer a collection of online guides to help you with your identified health conditions. You can learn about healthy cholesterol numbers, receive tips on tobacco cessation, learn stress reducing techniques and more.

The program is completely voluntary and confidential and is available at no cost to you. StayWell Health Management, a leading provider of workplace health promotion programs and services, is the administrator of the program. More details will come, including introductory letters from StayWell to all eligible retirees in early January. 🐾

UBH to Provide Most Behavioral Health Benefits

In order to improve the delivery of services and to standardize care, UC is making an important change to mental health and substance abuse benefits in 2008.

Beginning in January, mental health and substance abuse benefits will be provided by United Behavioral Health (UBH) for all non-Medicare plans except Core*, Kaiser Permanente Mid-Atlantic and Kaiser Umbrella. This may change the providers available to you for some plans, add coverage to other plans and provide consistency of care across all UC-sponsored medical plans. UBH has a comprehensive nationwide provider network and they require all intake staff to be Masters' level-prepared and Care Advocate staff to be licensed mental health clinicians.

Below are some of the changes employees and retirees can expect based on this decision:

- UBH will cover the first three in-network mental health visits for all plans without a copayment for services.
- The behavioral health provider for Health Net and Western Health Advantage members will change to United Behavioral Health (UBH).
- UBH will also provide the behavioral health benefits for the new CIGNA Choice Fund.
- All plans with UBH except Blue Cross PPO* will provide in-network benefits only. Blue Cross PPO* members will be covered for out-of-network benefits.

- Kaiser Permanente—California members will have access to Kaiser Permanente—California behavioral health benefit plus the UBH in-network benefits.

- Retirees in Medicare Advantage plans (Health Net Seniority Plus, Kaiser Senior Advantage—California and Mid-Atlantic States and WHA Care+) will not have UBH benefits; Medicare and the respective health plan will provide the mental health and substance abuse benefits.

- Behavioral health benefits are being added to the Core* plan and will be offered by BC Life & Health Insurance Company. Both in-network and out-of-network providers are covered.

Additional information about these changes, including information about transition of care, will be provided during the upcoming Open Enrollment period. 📄

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LANL and LLNL Retirees

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benefits Q&A

Q: How can I easily compare/contrast the features of the various medical plans?

A: During the November Open Enrollment period there are two easy ways to compare medical plans.

- The Open Enrollment booklet, which is mailed to retirees in mid-October, includes a four-page Medical Benefits Summary that compares costs and key benefits and features (such as doctor visits, hospital stays, prescription drug plans and costs) of all the plans.

- Medical Plan Wizard, an online application available year round on At Your Service (http://atyourservice.ucop.edu/retirees/health_welfare/index.html); choose "Medical Plan Summaries" in the right-hand column) and also on the Open Enrollment website, compares costs and key benefits and features of plans available in a particular ZIP Code area. The application allows retirees to compare some or all of the plans available in their ZIP Codes. 📄

Share Your Stories



A retiree writes asking for information about a growing issue among retirees: the onset of Alzheimer's Disease. He writes: "My wife is now a resident of a care facility which provides safety and excellent care in her precarious condition. Beyond the fact that this is draining our savings and is much beyond the available income, I am constantly looking for new resources, both [sic] economic and medical and psychological for the support we need."

The University offers a number of resources, including:

Center for Healthy Aging at UC Davis Health System <http://www.ucdmc.ucdavis.edu/healthyaging/>

Memory and Aging Center at UC San Francisco <http://memory.ucsf.edu/Clinic/UCSF.htm>

Memory Disorders Clinic at UCSF's San Francisco Veterans Administration Medical Center <http://memory.ucsf.edu/Clinic/SFVA.htm>

The Shiley-Marcos Alzheimer's Disease Research Center at UC San Diego Medical Center <http://health.ucsd.edu/specialties/neuro/adrc/>

UCLA Center on Aging <http://www.aging.ucla.edu/>

Do you have information, resources or comments to share on this subject? If so, we will publish them in the next issue of *New Dimensions*. Send your comments by email (NewDimensions-L@ucop.edu) or regular mail (UC HR/Benefits, *New Dimensions* editor, 300 Lakeside Drive, 12th floor, Oakland, CA 94612). 🐾



Medicare Corner

Medicare Prescription Drug Coverage

All UC Medicare prescription drug plans provide at least a standard level of coverage set by Medicare.

UC retirees who have UC-sponsored medical insurance **should not enroll in a non-UC Medicare Part D Prescription Drug plan. If necessary, your UC medical plan will automatically enroll you in Part D and you will not be charged any additional premium.**

Creditable Coverage

The University of California has determined that the prescription drug coverage offered by all the UC-sponsored Medicare plans (Blue Cross PLUS, Blue Cross PPO, Core California, Health Net/Seniority Plus, Health Net Medicare COB, Health Net Private Fee For Service, High Option Supplement to Medicare, Kaiser Permanente CA/Senior Advantage, Kaiser Permanent Mid-Atlantic, Kaiser Umbrella, and WHA Care+ is considered creditable coverage.

This means the prescription drug coverage, on average, is expected to pay out at least as much as the standard Medicare Part D benefit.

Under Medicare rules, Medicare enrollees must maintain continuous Part D coverage or may risk paying more for Part D in the future. If you cancel or lose UC-sponsored medical coverage and do not enroll in another Medicare Part D plan, in the future you may face a late enrollment penalty when you do enroll in Medicare Part D coverage.

For additional details, visit: www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227). 🐾

Share Your Stories

What is the biggest/most difficult issue you face as a retiree? We'd like to hear from you. Please respond by email (NewDimensions-L@ucop.edu) or regular mail (UC HR/Benefits, *New Dimensions* editor, 300 Lakeside Drive, 12th floor, Oakland, CA 94612).

Important Health and Welfare Benefits News for LLNL Retirees

Lawrence Livermore National Security, LLC (LLNS) has announced its selection of Hewitt Associates, a global human resources services company, to assume health and welfare benefits administration services for Lawrence Livermore National Laboratory retirees.

Starting November 1, Hewitt will begin providing these services, including mid-year status changes, tracking overall Medicare eligibility, providing utilization data for future health insurance negotiations on behalf of LLNS, and the annual open enrollment. As part of the transition, the University of California will continue to collect retiree premiums and processing Medicare Part B reimbursements through retirees' December, 2007 pension checks. Starting in January 2008, retiree premiums may be mailed or direct deposited to Hewitt. Medicare Part B reimbursement checks will be sent to retirees monthly.

Most retirees will experience minimal changes as their benefits transition to Hewitt's system and its website, *Your Benefits Resources*, at www.ybr.com/benefits/llns. (Please note the new Hewitt website and Customer Care phone number will not be available until November 1.) To prepare retirees for these upcoming changes, several mailings have gone out in recent months from the University of California and Hewitt/LLNS announcing:

- **An invitation to town hall meetings** from LLNS/Hewitt to explain changes to the payment process for retiree health care. The meetings will be held October 30, 10 a.m. and 1 p.m., and October 31, 10 a.m., at the Shrine Event Center, 170 Lindbergh Ave., Livermore (a tape of the presentation will be made available on the Laboratory website, www.llnl.gov).

- **A magnet that reminds retirees of the new access channels** for your health care benefits beginning November 1, 2007.

In coming weeks, retirees will receive additional information, including:

- **Health coverage ID cards and new group policy numbers.** Blue Cross ID cards will be mailed mid-November; temporary cards may be obtained online at www.bluecrossca.com. Health Net cards will go out beginning in early November. PacifiCare cards will be mailed in mid-October.

- **A mailing from Hewitt announcing the health care annual enrollment process.** Annual

enrollment for retirees will be held December 3–14, 2007. Retirees will be provided with more information and will continue to access health and welfare benefits information currently available through:

- **The Your Benefits Resources website at www.ybr.com/benefits/llns**—Beginning November 1, the website will be the primary resource for personalized benefits information. It provides information and online tools to help retirees make informed decisions during open enrollment and throughout the year. Prior to open enrollment, it is recommended that retirees visit the website to set up their user I.D. and password and begin familiarizing themselves with the site features.
- **Customer Care Specialists at 1-866-994-LLNS (5567)**—Starting November 1, Customer Care Specialists will be available to provide assistance between 8 a.m. and 9 p.m. Pacific time, Monday through Friday. **Calls made prior to November 1 will receive a recorded message announcing this number is out of service.**

LLNS is committed to providing retirees with access to tools and resources that can help manage health care needs throughout the year. LLNS encourages retirees to take the time to review the information received and attend an employee meeting. 📞

Regents Authorize Discussion of UCRP Asset Transfer to LLNS Defined Benefit Plan; LANL Agreements to be model

At their September meeting at UC Davis, the UC Board of Regents authorized the Plan Administrator of the University of California Retirement Plan (UCRP) to begin discussions with the Department of Energy/National Nuclear Security Administration (DOE/NNSA) regarding the transfer of assets and liabilities from UCRP to the defined benefit plan established by the Lawrence Livermore National Security, LLC (LLNS Plan). The transfer of assets from UCRP to the LLNS Plan will not occur until after UC has confirmed the final amount with DOE, consulted with the appropriate Academic Senate committees and other stakeholders, received IRS approval and the Regents have approved the transfer. The Regents also approved an alternative method for paying accrued UCRP benefits to eligible Lawrence Livermore National Laboratory (LLNL) retirees, if necessary, prior to the final asset transfer.

Because UC's asset transfer and funding agreements with the DOE/NNSA regarding the transfer of assets from UCRP to the Los Alamos National Security, LLC defined benefit plan (LANS Plan) provide a high degree of protection for UCRP and meet UC's contractual obligations, it is expected that these agreements will serve as a model for the LLNS transfer. Under these agreements, Los Alamos National Laboratory (LANL) retirees and vested inactive members remain within UCRP and assets equal to 100 percent of their liabilities at the time of the transfer remained in UCRP. The agreements also clarify DOE/NNSA's ongoing obligation to maintain funding at 100 percent and to annually reimburse UC for any shortfall. Should the LANL segment of UCRP be funded at more than 100 percent, UCRP would not return the overfunded portion until after the last LANL retiree or beneficiary dies.

For more information about the LANL asset transfer agreement, see the At Your Service news archives at http://atyourservice.ucop.edu/news/retirement/0703-ucrp_asset_transfer.html. 🐟



UC HR/Benefits to Make Periodic Visits to Los Alamos

UC's Human Resources and Benefits Division (HR/B) will periodically visit Los Alamos in order to better serve UC's Los Alamos National Laboratory (LANL) retirees. UC has arranged for use of an office, currently Suite 200B, located in the Los Alamos Research Park, 4200 West Jemez Road, across the street from the Otowi Building at LANL. UC representatives will be available for individual appointments with retirees about once each quarter. Exact times for appointments will be announced in New Dimensions. Judy Boyette, Associate Vice President of Human Resources and Benefits, and Judy Ackerhalt, Human Resources and Benefits Deputy, will take appointments on November 1, 2007 in the afternoon and on November 2, 2007 all day. To schedule an appointment, please contact Dolores Johnson at 1-800-239-4002, ext. 70236. 🐟

New Dimensions

Volume 24 Number 4, October 2007

New Dimensions is published by University of California Human Resources and Benefits to provide news and information to UC retirees.

Editor: Anne Wolf
anne.wolf@ucop.edu

Contributors: Norm Cheever, Susan Nelson, Steven Ong

Design: Kathy Kirkpatrick

UNIVERSITY OF CALIFORNIA
HUMAN RESOURCES AND BENEFITS
P.O. Box 24570
Oakland, CA 94623-1570

Associate Vice President:
Judith W. Boyette

Executive Director, Client Relations and Diversity: Kay Miller

Director, Communications and Multimedia Services: Andy Evangelista

By authority of the Regents, University of California Human Resources and Benefits, located in Oakland, administers all benefit plans in accordance with applicable plan documents and regulations, custodial agreements, University of California Group Insurance Regulations, group insurance contracts, and state and federal laws. No person is authorized to provide benefits information not contained in these source documents, and information not contained in these source documents cannot be relied upon as having been authorized by the Regents. Source documents are available for inspection upon request (1-800-888-8267). What is written here does not constitute a guarantee of plan coverage or benefits—particular rules and eligibility requirements must be met before benefits can be received. The University of California intends to continue the benefits described here indefinitely; however, the benefits of all employees, retirees, and plan beneficiaries are subject to change or termination at the time of contract renewal or at any other time by the University or other governing authorities. The University also reserves the right to determine new premiums, employer contributions and monthly costs at any time. Health and welfare benefits are not accrued or vested benefit entitlements. UC's contribution toward the monthly cost of the coverage is determined by UC and may change or stop altogether, and may be affected by the state of California's annual budget appropriation. If you belong to an exclusively represented bargaining unit, some of your benefits may differ from the ones described here. Contact your Human Resources Office for more information.

In conformance with applicable law and University policy, the University is an affirmative action/equal opportunity employer. Please send inquiries regarding the University's affirmative action and equal opportunity policies for staff to Director of Diversity and Employee Programs, University of California Office of the President, 300 Lakeside Drive, Oakland, CA 94612 and for faculty to Director of Academic Affirmative Action, University of California Office of the President, 1111 Franklin Street, Oakland, CA 94607.

Retiree Association Contacts

Use this listing if you are interested in joining an association or to inform your association of an address change. If you have moved away from your home campus emeriti/retiree association, you are welcome to join the association where you live.

If you have questions about your UCRS retirement benefits, call the UC Customer Service Center at 1-800-888-8267 (8:30 a.m. to 4:30 p.m. PT)

UC Berkeley Retirement Center

510-642-5461, ucbrcc@berkeley.edu
Fax: 510-643-1460

UC Davis Retiree Center

Doreen Barcellona Strnad, Coordinator
530-752-5182, dastnad@ucdavis.edu

UC Irvine Emeriti Association

949-824-6204, emeriti@uci.edu

UCI Retiree Relations Center

949-824-7769, retirees@uci.edu

LANL Retiree Association

Mary Mariner
505-672-1950
Chuck Mansfield
505-662-2115

LBL Retiree Association

Suzanne Stroh
510-524-1953, scstroh@sbcglobal.net

LLNL Employee Services Association

925-422-9402

UCLA Emeriti/Retirees Relations Center

310-825-7456, emeriti@errc.ucla.edu

President's and Regents' Retiree Association

Patricia Pelfrey
510-528-4490, ppelfrey@berkeley.edu

Note to associations: To update a listing, write to Anne Wolf at *New Dimensions* (email: anne.wolf@ucop.edu).

UC Riverside

Dericksen Brinkerhoff
951-682-329
dericksen.brinkerhoff@ucr.edu
Retirees: Cliff Wurfel
951-689-3885, falaise27@cs.com

UCSD Retirement Resource Center

Suzan Cioffi, Director
858-534-4724, RetireeLink@ucsd.edu
or Emeriti@ucsd.edu

UC San Francisco

Emeriti: Ernest Newbrun
415-731-7421
Retirees: Frances Larragueta
415-776-7220

UC Santa Barbara Emeriti/Retiree Relations Center

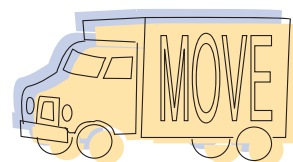
Carly Cutler
805-893-2168, carly.cutler@hr.ucsb.edu

UC Santa Cruz

Emeriti: Stanley D. Stevens
831-475-9172, sstevens@library.ucsc.edu
Retirees: Lee Duffus
831-426-6960, duffus@cruzio.com

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- ✿ Research of Interest—page 2
- ✿ Tours—page 5
- ✿ News for LLNL and LANL Retirees—pages 9, 10
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Website address: atyourservice.ucop.edu

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