

# UC COVID-19 Guidance 3/6/20

## Revisions to A2 (A2.5) A3 (A 3.5) A4 A5 A6 A7 A8

References to CDC Level 1, 2, or 3 Travel Health Notice countries are specific to situations where a CDC Travel Health Notice has been issued due to the risk of transmission of COVID-19 transmission risk.

### A2 What should leaders, managers and supervisors communicate to UC individuals regarding travel to countries with COVID-19 risk?

As of March 5, 2020, the [president has directed](#) that all non-essential, UC-related travel to CDC Level 2 and Level 3 Travel Health Notice countries should be avoided.

For the list of countries subject to CDC Travel Health Notices, go to the [CDC Coronavirus Disease 2019 - Information for Travel](#).

Each UC location has a review and approval process to determine exceptions to the travel restrictions.

All faculty, staff and students traveling abroad for UC-related purposes must register with the [UC International Travel Registry](#) before their expected departure and ensure that they update this information if changes occur before and during travel.

#### **On Personal Travel**

UC strongly recommends against personal travel to CDC Level 2 or Level 3 Travel Health Notice countries. If you return from traveling to a Level 3 Travel Health Notice country, you may be required to self-isolate for 14 days upon return and face other government-mandated restrictions.

### A2.5 How does UC define essential travel?

#### **Faculty**

Essential faculty travel is defined as travel that is required — and cannot be postponed — in order to preserve the:

- Safety of a patient or research subject or
- Results of research activity

Essential faculty travel does not include travel to attend educational conferences. Many other activities would also be considered non-essential travel.

**Staff**

All staff travel is categorically defined as non-essential unless a UC location grants an exception.

**Students and trainees (clinical and non-clinical)**

Essential student and trainee travel is defined as that which cannot be postponed and is necessary to meet a graduation requirement.

**Exceptions** may be considered through each UC location, through their established review and approval process.

**A3 What should UC individuals know when traveling to countries at low or no-risk from COVID-19?**

UC individuals should exercise prudence when traveling internationally and consider delaying travel. UC individuals who are sick, have underlying health conditions or who would be significantly burdened by being restricted from returning to the U.S. should be especially cautious about traveling internationally at this time.

UC individuals who have plans to travel abroad should check the [CDC's travel advisory website](#) and the [Department of State's travel advisory website](#) for guidance. These agencies advise and issue notices on the status of travel to foreign locations and, as appropriate, within the United States.

**A3.5 Who pays when UC individuals are required to return to the U.S. from international travel?**

UC individuals traveling on UC-related business may be covered by travel insurance, while away from their UC location or primary workplace. Contact the local Risk Management Office for questions about [UC's Travel Insurance Program](#).

**A4 What instructions should be provided to a UC individual who is traveling in a country with COVID-19 risks?**

<b>CDC Travel Health Notice Level</b>	<b>For UC individuals who are currently traveling on UC-related business</b>	<b>For UC individuals who are on personal travel</b>
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<b>Level 3 or Level 2</b>	Travelers must immediately leave the country unless a travel exception is granted by their UC location.	Travelers should be advised to depart the country immediately.
<b>Level 1</b>	Travelers may continue travel plans.	N/A
<b>All Other Countries</b>	Travelers may continue travel plans.	N/A

A5 What restrictions and instructions should be provided to a UC individual who is asymptomatic and returning from a country with COVID-19 risks?

<b>CDC Travel Health Notice Level</b>	<b>Returning Healthy Traveler Instructions</b>
Level 3	Travelers must be excluded from in-person campus activities, including attending work or classes, and must practice social distancing by staying home for 14 days from the time they left the Level 3 country.  The traveler should be advised to monitor for symptoms, including fever, cough, and shortness of breath. If they experience symptoms, they should contact their health care provider or local health department before seeking care, and inform them of their travel history.
Level 2 Level 1	The traveler should be advised to monitor for symptoms, including fever, cough and shortness of breath. If they experience symptoms, they should contact their health care provider or local health department before seeking care, and inform them of their travel history.
All Other Countries	No instructions

For reference, the list of countries subject to CDC Travel Health Notices is available at the CDC's website: [Travelers from Countries with Widespread Sustained \(Ongoing\) Transmission Arriving in the United States](#). Countries in which there is a risk of community transmission of COVID-19 are listed at Level 1 or higher.

A6 What restrictions and instructions should be provided to a UC individual who is symptomatic and returning from travel in a country with COVID-19 risks?

CDC Travel Health Notice Level	Returning Sick Traveler Instructions
Level 3 Level 2 Level 1	<p>Travelers must be excluded from in-person campus activities, including attending work or classes, and must practice social distancing by staying home for 14 days from the time they left the Level 3 country.</p> <p>The traveler should contact their health care provider or local health department before seeking care and inform them of their travel history.</p>
All Other Countries	Sick individuals should stay home until symptoms resolve and should seek medical assistance, as appropriate.

A7 Should restrictions for travelers to Level 3 countries be applied retroactively?

Yes. If a traveler returns from a Level 3 - Travel Health Notice country and participated in UC location activities, they must immediately withdraw from these activities and be excluded from in-person campus activities, including attending work or classes, and must practice social distancing by staying home for 14 days from the time they left the Level 3 country.

A8 Should UC locations implement restrictions on individuals returning from locations outside of mainland China where there is an ongoing outbreak of COVID-19 respiratory illness?

Yes. See A5, A6 and A7.