2023
A Complete Guide to Your UC Health and Welfare Benefits
GETTING HELP

MEDICAL PLANS

CORE, UC Care, UC Health Savings Plan  uchealthplans.com
• Anthem Blue Cross (Medical): anthem.com/ca
• Navitus Health Solutions (Pharmacy): 833 837 4308
  Formulary: benefitplans.navitus.com/university_of_california
• Accolade (Health Care Advocate): 866 406 1182
  Call Accolade for all your health care questions. Anthem
  processes claims and provides ID cards, and Navitus is
  pharmacy benefit manager.

Health Savings Account (HealthEquity)
866 212-4729  learn.healthequity.com/uc/hsa

Kaiser HMO (Kaiser Permanente California, Optum Behavioral Health)
• Kaiser: 800 324 9208  select.bp.org/university-of-california
• Optum: 888 440 8225  liveandworkwell.com (access code: 11280)

UC Blue & Gold HMO (Health Net, MHN Behavioral Health)
• Health Net: 800 539 4072  healthnet.com/uc
• MHN: 800 663 9355

OTHER HEALTH PLANS

Delta Dental PPO (Delta Dental)
800 777 5854  www1.deltadentalins.com/group_sites/uc.html

DeltaCare® USA Dental HMO (Delta Dental)
800 422 4234  www1.deltadentalins.com/group_sites/uc.html

Accident, Critical Illness & Hospital Indemnity (Aflac)
888 212 7201  ucplus.com

VSP Vision Plan (VSP)
866-240 8344  vsp.com

DISABILITY, LIFE AND ACCIDENT INSURANCE

Accidental Death & Dismemberment Life   Basic, Core, Supplemental, Dependent (Prudential)
800-524-0542  prudential.com/personal/workplace_benefits

Business Travel Accident
uca1.us/businesstravel

Disability   Basic, Voluntary Short Term, Voluntary Long Term (Lincoln Financial)
800 838 4461 (claims)  mylincolnportal.com
Welcome to the University of California!

As a University of California employee, you help shape the quality of life for people throughout California and around the world.

Every faculty and staff member plays an important role in UC’s mission of education, research and public service; UC’s high-quality, comprehensive benefits are among the rewards you receive in return. These benefits are an important part of your total compensation.

Our health and welfare benefits program provides both choice and value to meet the needs of our diverse workforce.

We know that making benefits choices can be a bit overwhelming. So we have tools and information to help you make the right choices for you and your family.

This booklet offers a comprehensive overview of your health and welfare benefits options, including details about eligibility, enrollment and the plans available to you. It also explains how changes in your life and in your employment status can affect your benefits. Keep this booklet, and Your Benefits at a Glance (included in your Welcome Kit), for future reference.

UCnet (ucnet.universityofcalifornia.edu) offers additional tools and information, along with ongoing updates about your benefits. Visit UCnet whenever you have questions about your benefits or want to make changes. You can also call your local Benefits Office or any of the plans. You’ll find their contact information on the insert at the front of this booklet.

The information in this booklet reflects the terms of the benefit plans as in effect Jan. 1, 2023. Please note that this is a summary of your benefits only; additional requirements, limitations and exclusions may apply. Refer to applicable plan documents and regulations for details. The applicable policy issued by the carrier and the University of California Group Insurance Regulations and other applicable UC policies will take precedence if there is a difference between the provisions therein and those of this document.
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General Eligibility Rules for UC Health and Welfare Benefits

UC offers three benefits packages — Full, Mid-Level and Core. Your eligibility for a particular benefits package depends on the type of job you have, the percentage of time you work and the length of your appointment.

The eligibility requirements are listed below. See the chart on pages 10 to 12 for a list of the benefits available to you, based on the level of benefits for which you qualify.

**REQUIREMENTS FOR EMPLOYEES IN CAREER, ACADEMIC, LIMITED, PARTIAL-YEAR CAREER, CONTRACT AND FLOATER APPOINTMENTS**

**FULL BENEFITS**
You are eligible for Full Benefits if you are an active UCRP member, an active Savings Choice participant or have begun the 90-day election period during which you can choose between Pension Choice and Savings Choice.¹

There are two ways to qualify for these primary retirement benefits:
- You are appointed to work in a retirement-eligible position at least 50 percent time for a year or more² or
- You complete 1,000 hours in a retirement-eligible position within a rolling 12-month period (750 hours in certain instances³).

**MID-LEVEL BENEFITS**
You are eligible for Mid-Level Benefits if:
- You are appointed to work 100 percent time for at least three months but for less than one year or
- You are appointed to work at least 50 percent time for a year or more in a position that does not qualify you for the primary retirement benefits noted above.

**CORE BENEFITS**
You are eligible for Core Benefits if you are appointed to work at least 43.75 percent time.

**REQUIREMENTS FOR EMPLOYEES IN PER DIEM, CASUAL/RESTRICTED (STUDENTS), BY AGREEMENT AND SEASONAL APPOINTMENTS**

**CORE BENEFITS**
You are eligible for Core Benefits if you are appointed to work at least 75 percent time for at least three months.

**ELIGIBLE FAMILY MEMBERS**
You may enroll one eligible adult family member in addition to yourself. Your children are also eligible for enrollment as outlined below.

**ELIGIBLE ADULT**
You may enroll your spouse or an eligible domestic partner.⁴

No declaration form or documentation is needed to initially enroll your domestic partner, but you will be asked to submit documentation after enrollment (see “Supporting Documentation” in Benefits for Domestic Partners) to establish ongoing eligibility for health and welfare benefits. To be eligible for health and welfare benefits, your domestic partnership must meet one of the following requirements:
- Registered with the State of California or other valid jurisdiction OR
- Able to meet the requirements on page 13 for a partnership that has not been registered, with appropriate supporting documentation upon request

Please note: Enrolling your domestic partner in health benefits and successfully completing the eligibility verification process will establish your partner as your survivor for UC Retirement Plan benefits, subject to additional eligibility requirements.

¹ In a few specifically defined situations, UC employees may be eligible to participate in UC health and welfare benefits while being enrolled in a non-UC retirement plan. Eligible employees may have been covered by entities that were acquired by the University and/or they may have opted to remain in a previous public retirement plan at the time of UC employment.

² Or your appointment form shows that your ending date is for funding purposes only and that your employment is intended to continue for more than a year.

³ If you’re a member of the Non-Senate Instructional Unit, you qualify for participation in the Retirement Choice Program after working 750 hours in an eligible position within a 12-month period.

⁴ An adult dependent relative is not eligible for coverage in UC plans unless enrolled prior to Dec. 31, 2003 and continuously eligible and enrolled since that date. Also, remember: If your eligible adult dependent relative is still enrolled in the plan, you cannot enroll your spouse or domestic partner. The eligible adult may be enrolled only in the same plans as you. See the chart on page 10 for more information on eligible plans.
ELIGIBLE CHILD
You may enroll your eligible children up to age 26 in the same plans as those in which you enroll. A disabled child may be covered past age 26, if the disability is verified by the carrier or a physician. You may also enroll your legal ward up to age 18 in the same plan(s) as those in which you enroll. The Family Member Eligibility chart on pages 13 and 14 gives the eligibility criteria for children, stepchildren, grandchildren, disabled children and legal wards. You may enroll your eligible domestic partner’s child or grandchild, even if you do not enroll your partner.

In order to be eligible for UC-sponsored coverage, your grandchild, step-grandchild, or legal ward (see Family Member Eligibility chart) must be claimed as a tax dependent by you or your spouse. Your eligible domestic partner’s grandchild must be claimed as a tax dependent by you or your domestic partner. Also eligible are children UC is legally required by administrative or court order to provide with group health coverage.

Overage disabled children must be claimed as a tax dependent by either you or your spouse/domestic partner. If overage disabled children are not claimed as a dependent for income tax purposes, the overage disabled child must be eligible for Social Security Income or Supplemental Security Income (SSI) as a disabled person or work in supported employment which may offset the Social Security or SSI.

Your children (or legal ward) are eligible for only the plans for which you are eligible and in which you have enrolled (See “Benefits Overview,” pages 10–12).

Except as provided in the following paragraph, application for coverage beyond age 26 due to disability must be made to the plan 60 days prior to the date coverage is to end due to the child reaching limiting age. If application is received within this timeframe but the plan does not complete determination of the child’s continuing eligibility by the date the child reaches the plan’s upper age limit, the child will remain covered pending the plan’s determination. The plan may periodically request proof of continued disability, but not more than once a year after the initial certification. Disabled children approved for continued coverage are eligible to participate in university-sponsored medical, dental, vision, accident, critical illness, hospital indemnity, legal, dependent life and AD&D plans for faculty and staff. If enrollment is transferred from one UC plan to another, a new application for continued coverage is not required; however, the new plan may require proof of continued disability, but not more than once a year.

If you are a newly hired employee with a disabled child over age 26 or if you acquire a disabled child over age 26 (through marriage, adoption or domestic partnership), you may also apply for coverage for that child. The child’s disability must have begun prior to the child turning age 26. Additionally, the child must have had continuous group health coverage since age 26. The plan will ask for proof of continued disability, but not more than once a year after the initial certification.

TAX IMPLICATIONS OF ENROLLING A DOMESTIC PARTNER
In most cases, your domestic partner and your partner’s children do not automatically qualify as your dependents under the Internal Revenue Code (IRC). That means any UC contribution toward their medical, dental and vision coverage will be considered “imputed income” or taxable income for federal tax purposes. This income is reflected in your annual W-2 statement.

If your domestic partner and partner’s children or grandchildren are your dependents as defined by the IRC, you are not subject to imputed income on UC contributions toward health coverage for these family members.

In order for your payroll records to accurately reflect this tax dependency, you’ll need to report it to UC. Indicate the tax status of your partner and/or partner’s children on UCPath when you enroll them in benefits.

UC’s contribution for medical, dental and vision coverage is not considered imputed income for California state income tax purposes if you and your domestic partner have registered your partnership with the state of California. Also, if your partner’s child is considered your stepchild under state law, federal imputed income will not apply to UC’s contribution toward the child’s coverage.

If your domestic partner is covered as your family member and the two of you marry, be sure to update your information in UCPath so that imputed income and state taxes no longer apply.

OTHER ELIGIBILITY RULES AND INFORMATION

NO DUPLICATE COVERAGE
UC rules do not allow duplicate coverage. This means you may not be covered in UC-sponsored plans as an employee and as an eligible family member of a UC employee or retiree at the same time.

If you are covered as an eligible family member and then become eligible for UC coverage yourself, you have two options:

• You can opt out of your own employee coverage and remain covered as another employee’s or retiree’s family member or
• You can enroll in your own coverage; before you enroll, though, you must make sure the UC employee or retiree who has been covering you disenrolls you from his or her UC-sponsored plan.

Family members of UC employees may not be enrolled in more than one UC employee’s plan. For example, if spouses both work for UC, their children cannot be covered by both parents.

General Eligibility Rules for UC Health and Welfare Benefits
ELIGIBILITY VERIFICATION

When you enroll anyone in a plan as a family member, you must provide documentation specified by the University verifying that the individual(s) you have enrolled meet the eligibility requirements outlined above. The plan may also require documentation verifying eligibility status. In addition, the University and/or the plan reserve the right to periodically request documentation to verify the continued eligibility of enrolled family members.

UnifyHR, which administers the family member eligibility verification process, will send you a packet of materials to help you complete the verification process. If you fail to provide the required documentation by the deadline specified in these materials, your family member(s) will be disenrolled until verification is provided (upon verification, re-enrollment is prospective, not retroactive). Individuals who are not eligible family members will be permanently disenrolled.

You also may be responsible for any UC-paid premiums due to enrollment of ineligible individuals.

WHEN COVERAGE BEGINS

The following effective dates apply provided the appropriate enrollment transaction (electronic or paper form) has been completed within the applicable enrollment period.

- If you enroll during a Period of Initial Eligibility (PIE), coverage for you and your family members is effective the date the PIE starts.
- If you enroll during Open Enrollment, the effective date of coverage is the date announced by the University. In most cases, it is the Jan. 1 following Open Enrollment.
- If you complete a 90-day waiting period for medical coverage, such coverage is effective on the 91st consecutive calendar day after the date the enrollment form is received.

FAMILY MEMBERS

When you have a family status change, coverage begins on the first day you have a new family member — such as a spouse, domestic partner, newborn or newly adopted child.

If you are already enrolled in adult plus child(ren) or family coverage, you may add additional children, if eligible, at any time after their PIE.

CONTINUING ELIGIBILITY

UC bases your ongoing eligibility for benefits on your average hours of service\(^1\) over a 12-month, standard measurement period (SMP). UC’s SMP for monthly-paid employees is Nov. 1–Oct. 31; for bi-weekly paid employees, the SMP includes the pay periods inclusive of those same dates (for example, in 2023, it runs from Nov. 6, 2022, until Nov. 5, 2023).

If your hours during the SMP meet the threshold to be offered coverage, then that coverage must be offered, and if accepted, will be provided during the subsequent stability period, regardless of your number of hours during the stability period (as long as you remain employed). UC’s standard stability period for all employees is Jan. 1–Dec. 31.

If your hours during the SMP do not meet the threshold, then all coverage ends on Dec. 31.

The required average hours of service threshold is:

<table>
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<tr>
<th>Appointment Type</th>
<th>Average Hours Threshold</th>
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<tbody>
<tr>
<td>Career, Academic, Limited, Partial-Year</td>
<td>17.5 hours per week</td>
</tr>
<tr>
<td>Career, Contract, Floater</td>
<td></td>
</tr>
<tr>
<td>Per Diem, Casual/Restricted (students), By Agreement or other flat-dollar payments, Seasonal</td>
<td>30 hours per week</td>
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</tbody>
</table>

\(^{1}\) Defined as all hours on pay status (including hours on call, hours on paid vacation, paid holiday, paid sick leave, paid sabbatical, paid jury duty, or any other paid leave) as well as hours on unpaid leave protected by the federal Family & Medical Leave Act, unpaid jury duty, and unpaid leave protected by the Uniformed Services Employment & Reemployment Rights Act. May also include up to 501 hours during the SMP due to “employment break periods” of at least 4 consecutive weeks (e.g., academic breaks, etc.).
General Eligibility Rules for UC Health and Welfare Benefits

WHEN COVERAGE ENDS
The termination of coverage provisions established by the University are summarized below.

DIENROLLMENT DUE TO LOSS OF ELIGIBLE STATUS
If you are an employee and lose eligibility, your coverage and that of any enrolled family members ends at the end of the month in which eligible status is lost.

OTHER DIENROLLMENTS
If you are enrolled in a health and welfare plan that requires premium payments, and you do not continue payment, your coverage will be terminated at the end of the last month for which you paid.

You and/or your family members may be disenrolled if you and/or a family member misuse the plan, as described in the Group Insurance Regulations. Misuse includes, but is not limited to, actions such as falsifying enrollment or claims information; allowing others to use the plan identification card; intentionally enrolling, or failing to disenroll, individuals who are not/no longer eligible family members; threats or abusive behavior toward plan providers or representatives.

LEAVE OF ABSENCE, LAYOFF, CHANGE IN EMPLOYMENT STATUS OR RETIREMENT
Coverage may end when you go on unpaid leave or leave UC employment. For information about continuing your coverage in the event of an authorized leave of absence, layoff, change of employment status or retirement, contact the person who handles benefits for your location.

FAMILY CHANGES THAT RESULT IN LOSS OF COVERAGE
If your family member loses eligibility, you must complete the appropriate transaction to remove him or her from coverage within 31 days of the eligibility loss event.

Divorce, legal separation, termination of domestic partnership, annulment. Eligibility for your spouse or domestic partner and any children for whom you are not the legal parent/guardian ends on the last day of the month in which the event occurs. Your legally separated spouse, former spouse or former domestic partner and the former partner’s child or grandchild may continue certain coverage under COBRA (Consolidated Omnibus Budget Reconciliation Act of 1985) or they may seek individual coverage, including through the health care marketplace (coveredca.com). A settlement agreement between you and your legally separated/former spouse or domestic partner requires you to provide coverage, you must do so on your own.

An eligible child turning age 26. Unless a child is eligible to continue coverage because of disability, coverage ends at the end of the month in which the child reaches age 26. This rule applies to your biological and adopted children, stepchildren, grandchildren, step-grandchildren and your domestic partner’s children or grandchildren. Certain coverage may be continued under COBRA or they may seek individual coverage, including through the health care marketplace (coveredca.com).

A legal ward turning age 18. Eligibility ends at the end of the month in which the legal ward turns 18. Your legal ward may continue certain coverage under COBRA or they may seek individual coverage, including through the health care marketplace (coveredca.com).

Death of a family member. Coverage for the family member ends at the end of the month in which the death occurs. It is important to contact your local Benefits Office for further assistance in the event of an enrolled family member’s death.

CONTRACT TERMINATION
Health and welfare benefits coverage is terminated when the group contract between the University and the plan vendor is terminated. Benefits will cease to be provided as specified in the contract and you may have to pay for the cost of those benefits incurred after the contract terminates. You may be entitled to continued benefits under terms described in the plan evidence of coverage booklet. (If you apply for an individual conversion plan, the benefits may not be the same as you had under the original plans.)

OPPORTUNITIES FOR CONTINUATION
If you separate from UC employment, generally, your UC-sponsored benefits will stop. If you retire from UC, see the Group Insurance Eligibility Fact Sheet for Retirees and Eligible Family Members (available on the UCnet website at ucnet.universityofcalifornia.edu/forms/pdf/group-insurance-eligibility-fact-sheet-for-retirees.pdf) for more details.

COBRA (Consolidated Omnibus Budget Reconciliation Act of 1985): If you or any family member(s) lose eligibility for UC-sponsored medical, dental and/or vision coverage, you may be able to continue group coverage through COBRA.

If you are enrolled in the Health Flexible Spending Account (FSA) and you leave UC employment during the plan year, you may be able to continue your participation under COBRA through the end of the current plan year (Dec. 31) by making direct, after-tax payments to your account.

If you lose eligibility, the COBRA administrator will send you a “Qualifying Event Notice,” which explains the procedure for continuing your participation. If your family member loses eligibility, you must request a COBRA package through UCPath. More information about COBRA continuation privileges is available online at ucal.us/COBRA or from your Benefits Office.
**Conversion/Portability:** Within 31 days after UC-sponsored coverage ends (if your participation has been continuous), you may be able to convert your group coverage to individual policies or continue ("port") your group coverage. See the specific plan sections which follow for details.

Also, you may wish to contact the California Department of Managed Health Care at dmhc.ca.gov or 888-466-2219 to determine whether you are eligible for HIPAA Guaranteed Issue individual plan coverage or Covered California, California’s health insurance marketplace, at coveredca.com or 800-300-1506 to review options for purchasing individual plan coverage.

**ELIGIBILITY FOR STATE PREMIUM ASSISTANCE**

If you are eligible for health coverage from UC, but cannot afford the premiums, some states have premium assistance programs that can help pay for coverage from their Medicaid or Children’s Health Insurance Program (CHIP) funds.

If you live in California, you can contact the California Medicaid (Medi-Cal) office for further information via email (HIPP@dhcs.ca.gov) or visit their website (dhcs.ca.gov). If you live outside California, go online to ucal.us/chipra for a list of states that currently provide premium assistance. You can also contact the U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services at cms.hhs.gov; 877-267-2323, ext. 61565.

**FOR MORE INFORMATION**

- Participation Terms and Conditions on page 51
- Benefits for Domestic Partners
- Your local benefits office
## Benefits Overview

### HEALTH CARE

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<td><strong>Medical</strong>¹</td>
<td>During PIE</td>
<td>You and UC</td>
</tr>
<tr>
<td>Choice of various options depending on your address, including health maintenance organization (HMO), preferred provider organization (PPO) or a PPO with a health savings account. See page 19.</td>
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<tr>
<td><strong>Medical — CORE</strong></td>
<td>* * *</td>
<td>UC</td>
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<tr>
<td>Fee-for-service plan with no employee premium and a $3,000 deductible. See page 19.</td>
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<tr>
<td><strong>Dental</strong>³</td>
<td>During OE</td>
<td>UC</td>
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<tr>
<td>Choice of two plans: Delta Dental PPO, a fee-for-service plan, or DeltaCare® USA, a dental HMO (network available in California only). Both cover preventive, basic and prosthetic dentistry, as well as orthodontics. See page 24.</td>
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<tr>
<td><strong>Vision</strong>³</td>
<td>Anytime</td>
<td>UC</td>
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<tr>
<td>Plan covers a variety of vision care services including eye exams, corrective lenses and frames. See page 28.</td>
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<tr>
<td><strong>Accident, Critical Illness and Hospital Indemnity</strong></td>
<td>* * *</td>
<td>You</td>
</tr>
<tr>
<td>These plans are designed to complement medical and disability benefits, but are not a replacement for them. Plans pay cash benefits directly to you if you experience a covered accident, illness or hospital stay.</td>
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### DISABILITY INSURANCE

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<th>Benefits Packages</th>
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<tr>
<td><strong>Basic Disability</strong>⁴</td>
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<tr>
<td>Provides basic coverage when unable to work due to pregnancy/childbirth or due to a disabling injury or illness not related to work. Pays 55% of eligible earnings for up to six months ($800 monthly maximum), after a waiting period. See page 31.</td>
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<tr>
<td><strong>Voluntary Short-Term⁵ and/or Voluntary Long-Term Disability</strong>⁵</td>
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<tr>
<td>Provides short-term and/or long-term coverage for disabilities that are not related to work, such as pregnancy/childbirth, injury or illness. Supplements employer-paid Basic Disability and other sources of disability income you may receive (e.g., Workers’ Compensation or Social Security), up to 60% of eligible earnings ($15,000 maximum monthly benefit). Enroll in Voluntary Short-Term Disability, Voluntary Long-Term Disability or both. See page 31.</td>
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<tr>
<td><strong>Workers’ Compensation</strong></td>
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<td>Provides state-mandated coverage for work-related injuries.</td>
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¹ The 90-day waiting period is available when the PIE is missed. See page 19. You may need to pay part of your premiums on an after-tax basis.

² If you do not enroll during the PIE, you may apply for coverage by submitting an evidence of insurability/statement of health. The carrier may or may not approve your enrollment based on medical information in your application.

³ When you enroll in any UC-sponsored medical, dental or vision plan, you will not be excluded from enrollment based on your health, nor will your premium or level of benefits be based on any genetic information or pre-existing health conditions. The same applies to your eligible family members.

⁴ Employees are not covered under California State Disability Insurance for period of employment at UC.

⁵ If you have a pre-existing condition which causes you to be disabled in your first year of coverage, your Voluntary Long-Term Disability benefits will not be payable. For more information, see the insurance carrier’s summary plan description and Your Guide to UC Disability Benefits.
### LIFE AND ACCIDENT INSURANCE

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<th>Anytime</th>
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<td>Provides employees eligible for Full Benefits with life insurance equal to annual base salary, up to $50,000. Coverage is adjusted if appointment is less than 100% time. See page 34.</td>
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<tr>
<td>Core Life</td>
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<td>UC</td>
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<tr>
<td>Provides employees eligible for Core or Mid-Level Benefits with $5,000 of life insurance. See page 34.</td>
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<td>Provides employees with additional life insurance at group rates. Coverage up to four times annual salary (to $1,000,000 maximum). See page 35.</td>
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<td>Basic Dependent Life (Spouse/Domestic Partner)</td>
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<td>Provides $5,000 of coverage. See page 37.</td>
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<td>Basic Dependent Life (Child/ren)</td>
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<td>Provides $5,000 for each child. See page 37.</td>
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<td>Coverage for 50% (up to $200,000) of employee’s Supplemental Life amount. See page 37.</td>
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<td>Expanded Dependent Life (Child/ren)</td>
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<td>Covers each child for $10,000. See page 37.</td>
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<td>Accidental Death &amp; Dismemberment (AD&amp;D)</td>
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<td>You may enroll at any time. Provides up to $500,000 protection for employee and family for accidental death, loss of limb, sight, speech or hearing, or for complete and irreversible paralysis. See page 39.</td>
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<td>Business Travel Accident</td>
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<td>UC</td>
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<td>Provides up to $500,000 of coverage when an employee travels on official UC business. See page 41 for enrollment instructions.</td>
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### OTHER BENEFITS

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<tr>
<th>Benefit</th>
<th>Full</th>
<th>Mid-Level</th>
<th>Core</th>
<th>When You May Enroll</th>
<th>During PTE</th>
<th>During OE</th>
<th>30 Day Waiver</th>
<th>Automatic</th>
<th>With SOH</th>
<th>Anytime</th>
<th>Premium Paid By</th>
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<td>Adoption Assistance</td>
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<td>No enrollment is required; see page 42.</td>
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<td>Provides basic legal assistance for consultation/representation, domestic, consumer and limited defensive legal services and identity theft benefits. See page 43.</td>
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<td>Pet Insurance</td>
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<td>You may enroll at any time; see page 45.</td>
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<td>Automobile and Homeowner/Renter</td>
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<td>You may enroll at any time, subject to underwriting approval from the insurer. Visit <a href="http://farmersinsurancechoice.com/universityofcalifornia">farmersinsurancechoice.com/universityofcalifornia</a> for details.</td>
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<td>Family Care Resources</td>
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<td>Provides access to prescreened caregivers, pet sitters, tutors and other family services. You may enroll at any time; see page 46.</td>
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Benefits Overview

TAX-SAVINGS PROGRAMS

General Purpose Health Flexible Spending Account (Health FSA)  
Lowers taxable income by allowing payment for up to $2,850 of eligible out-of-pocket health care expenses on a pretax basis. Can be paired with any UC medical plan other than UC Health Savings Plan. See page 47.

Dependent Care Flexible Spending Account (DepCare FSA)  
Lowers taxable income by allowing payment for up to $5,000 (or $3,000 if considered a “highly compensated employee” by the IRS; $2,500 if married and filing a separate income tax return) of eligible dependent care expenses on a pretax basis. See page 48.

Health Savings Account (HSA) — Paired with UC Health Savings Plan  
You and UC contribute to the HSA, up to the limits set each year by the IRS — for 2023, this limit is $3,850 for individual coverage and $7,750 for family coverage. People age 55 and over can make an additional “catch-up” contribution of $1,000. Can only be paired with UC Health Savings Plan. See page 47.

PIE: Period of Initial Eligibility  
OE: Open Enrollment  
SOH: Statement of Health
## Eligible Family Members

### Legal Spouse\(^1\)

- Eligible

<table>
<thead>
<tr>
<th>Benefits</th>
<th>Medical</th>
<th>Dental</th>
<th>Vision</th>
<th>Accident, Critical Illness and Hospital Indemnity</th>
<th>AD&amp;D</th>
<th>Legal</th>
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<td>Eligible</td>
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### Domestic Partner

A domestic partnership is eligible if it is:

- Registered with the state of California or
- A valid union, other than a marriage, entered into in another jurisdiction and recognized in California as substantially equivalent to a California registered domestic partnership or
- Unregistered, but meets all of the following criteria:
  - Parties must be each other's sole domestic partner in a long-term, committed relationship and must intend to remain so indefinitely
  - Neither party may be legally married or be a partner in another domestic partnership
  - Parties must not be related to each other by blood to a degree that would prohibit legal marriage in the State of California
  - Both parties must be at least 18 years old and capable of consenting to the relationship
  - Both parties must be financially interdependent
  - Parties must share a common residence

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<th>Benefits</th>
<th>Medical</th>
<th>Dental</th>
<th>Vision</th>
<th>Accident, Critical Illness and Hospital Indemnity</th>
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### Biological or Adopted Child, Stepchild, Domestic Partner's Child\(^2\)

- To age 26

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<tr>
<th>Benefits</th>
<th>Medical</th>
<th>Dental</th>
<th>Vision</th>
<th>Accident, Critical Illness and Hospital Indemnity</th>
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### Grandchild, Step-grandchild, Domestic Partner's Grandchild\(^2\)

- To age 26

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<th>Benefits</th>
<th>Medical</th>
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<th>Vision</th>
<th>Accident, Critical Illness and Hospital Indemnity</th>
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<td>To age 26</td>
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### Legal Ward

- To age 18

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<th>Benefits</th>
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<th>Accident, Critical Illness and Hospital Indemnity</th>
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<td>To age 18</td>
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\(^1\) A legally separated or divorced spouse is not eligible for UC-sponsored coverage.

\(^2\) Domestic partner must be eligible for UC-sponsored health coverage.
## Benefits Overview

### ELIGIBLE FAMILY MEMBERS

**Overage disabled child (except a legal ward) of employee**

- Unmarried
- Incapable of self-support due to a mental or physical disability incurred prior to age 26
- Enrolled in a UC group medical plan before age 26 and coverage is continuous; if eligible for enrollment in a UC plan after age 26 (during your PIE, qualifying life event or Open Enrollment, or if you newly acquire a disabled child over age 26), the child must have had continuous coverage since age 26
- Chiefly dependent upon you, your spouse or eligible domestic partner for support (50% or more)
- Claimed as your, your spouse’s or your eligible domestic partner’s dependent for income tax purposes or eligible for Social Security income or Supplemental Security Income as a disabled person. The overage disabled child may be working in supported employment that may offset the Social Security or Supplemental Security Income
- Must be approved by the carrier before age 26 or by the carrier upon initial enrollment

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<th>Eligibility</th>
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Age 26 or older: • • • • • • •
Enrollment

To be certain you get the benefits coverage you want, you should enroll yourself and your eligible family members when you first become eligible.

For step-by-step instructions on how to enroll, see Your Benefits at a Glance, which you received in your Welcome Kit.

WHEN TO ENROLL

DURING A PERIOD OF INITIAL ELIGIBILITY (PIE)

A PIE is a time during which you may enroll yourself and/or your eligible family members in UC-sponsored health and welfare plans. A PIE generally starts on the first day of eligibility — for example, the day you are hired into a position that makes you eligible for benefits. It ends 31 days later.

You should enroll online and complete the transaction by the last day of the applicable PIE. Paper enrollment forms are available and need to be received at the location noted on the form by the last day of the applicable PIE. (If the last day falls on a weekend or holiday, the PIE is extended to the following work day.)

You may enroll your eligible family members during the 31-day PIE that begins on the first day the family member meets all eligibility requirements. If your enrollment is completed during your PIE, coverage is effective the date the PIE began.

The PIE to enroll newly eligible family members starts the day your family member becomes eligible:

• For a spouse, on the date of marriage.
• For a domestic partner, on the date the domestic partnership is registered or the date that you verify that the partnership meets UC’s criteria (see page 13).
• For a newborn child, on the child’s date of birth
• For an adopted child, the earlier of:
  – the date the child is placed for adoption with you, or
  – the date you or your spouse/domestic partner has the legal right to control the child’s health care.

A child is “placed for adoption” as of the date you assume and retain a legal obligation for the child’s total or partial support in anticipation of the child’s adoption.

If the child is not enrolled during the PIE beginning on that date, there is an additional PIE beginning on the date the adoption becomes final.
• For a legal ward, the effective date of the legal guardianship.

Where there is more than one eligibility requirement, the PIE begins on the date all requirements are satisfied.

During this family member PIE, some plans allow you to also enroll yourself and/or any other eligible family member who was not already enrolled during an earlier PIE. See the plan-specific sections at the back of this booklet. Remember that family members are only eligible for coverage in medical, dental, vision, accident, critical illness and hospital indemnity, legal, AD&D and dependent life coverage and must be enrolled in the same plans in which you are enrolled.

OTHER ENROLLMENT OPPORTUNITIES

If you don’t enroll in benefits during your initial 31-day period of eligibility, you may be able to enroll yourself and your family members in some plans at other times, including:

OPEN ENROLLMENT

Usually held in the fall, Open Enrollment is your annual opportunity to make changes to your benefits, including:

• Transferring to a different medical or dental plan
• Adding or disenrolling eligible family members
• Enrolling in or opting out of UC-sponsored medical, dental, vision, accident, critical illness, hospital indemnity and legal plans
• Enrolling or re-enrolling in the Health and Dependent Care Flexible Spending Accounts

Changes made during Open Enrollment are effective Jan. 1 of the following year. Not all plans are available during every Open Enrollment.

Meet ALEX!
Choosing benefits doesn’t have to be complicated. ALEX is a confidential online tool that helps you select the best benefits for you and your family.

Tell ALEX a little about yourself and get personalized guidance for making the most of your UC benefits.

myalex.com/uc/2023
WHEN YOU HAVE A FAMILY CHANGE

When you have a new family member, such as a spouse, domestic partner, newborn or newly adopted child, you may enroll yourself, the new family member and any other eligible family members not already enrolled in your UC-sponsored health plans. Other plans have different rules; see the plan-specific sections in this guide for details.

If you are enrolled in a UC-sponsored medical plan, you may transfer to a different plan. You may also enroll in or increase your Legal insurance, Accident, Critical Illness and Hospital Indemnity insurance, Supplemental Life insurance and Dependent Life insurance during this eligibility period (however, restrictions apply to Dependent Life insurance). There is no opportunity to enroll in Voluntary Short-Term or Voluntary Long-Term Disability insurance.

You have 31 days from the date your new family member becomes eligible to enroll the new member or to make any permitted plan changes (for example, 31 days from the day you marry or your child is born). You may enroll family members in your UCPath account; enrollment is not automatic.

You will be required to complete the Family Member Eligibility Verification process after enrolling the new family member. If you do not respond by the given deadline, your new family member may be disenrolled from the plans.

WHEN YOU LOSE OTHER COVERAGE

If you decline UC-sponsored coverage because you and/or your family members are covered elsewhere, and you later lose the other coverage, you may be eligible to enroll yourself and/or your eligible family members in a UC-sponsored plan. The same is true if you are enrolled in another employer-sponsored plan and the employer stops contributing to the cost of the coverage.

For medical, dental and vision coverage, you may enroll without waiting for the University's next open enrollment period if you have met all of the following requirements:

- You were covered under another health plan as an individual or dependent, including coverage under COBRA or CalCOBRA (or similar program in another state), the Children's Health Insurance Program or “CHIP” (called the Healthy Families Program in California), or Medicaid (called Medi-Cal in California).
- Coverage under another health plan for you and/or your eligible family members ended because you/they lost eligibility under the other plan or employer contributions toward coverage under the other plan terminated, coverage under COBRA or CalCOBRA continuation was exhausted, or coverage under CHIP or Medicaid was lost because you/they were no longer eligible for those programs.
- You properly file an enrollment form with the University during the 31-day PIE which starts on the day after the other coverage ends. Note that if you lose coverage under CHIP or Medicaid, your PIE is 60 days. You may need to provide proof of loss of coverage.

OTHER SPECIAL CIRCUMSTANCES

For medical, dental and vision coverage, you may enroll without waiting for the University’s next open enrollment period if you are otherwise eligible under any one of the circumstances below:

- You or your eligible family members are not currently enrolled in UC-sponsored medical, dental or vision coverage and you or your eligible family members become eligible for premium assistance under the Medi-Cal Health Insurance Premium Payment (HIPPP) Program or a Medicaid or CHIP premium assistance program in another state. Your PIE is 60 days from the date you are determined eligible for premium assistance. If the last day of the PIE falls on a weekend or holiday, the PIE is extended to the following work day if you are enrolling with paper forms.
- A court has ordered the University of California to provide coverage for a dependent child under your UC-sponsored medical, dental or vision plan pursuant to applicable law. The child must meet UC eligibility requirements.

IF YOU ARE A NEW FACULTY MEMBER

Newly appointed faculty members who don’t enroll within 31 days of their start date have a second period of eligibility that begins on the first day of classes for the semester or quarter in which the appointment starts or the first day the faculty member arrives at the campus, whichever comes first.

Appeals

Any appeals regarding coverage denials that relate to eligibility or enrollment requirements are subject to the University of California Group Insurance Regulations. To obtain a copy of the Eligibility Claims Appeal Process, please contact the person who handles benefits for your location or visit UCnet.
Chapter Title

Medical Plans

Benefits packages: Full, Mid-Level, Core

Who's covered: You and your eligible family members

Who pays the premium: You and UC, for most plans

Medical coverage is one of the most important benefits that UC offers you and your eligible family members, and UC makes medical coverage as accessible and affordable as possible.

UC offers a range of high-quality medical plans with comprehensive coverage so you can choose the coverage that best meets your needs.

You should carefully evaluate your family circumstances and plan costs before selecting medical plan coverage. If you need more information about a specific medical plan, you'll find telephone numbers and links to all the plans' websites on the inside cover of this guide.

In addition to the general eligibility rules beginning on page 5 and plan eligibility rules found in each plan's evidence of coverage booklet, the following rules and information apply to UC medical plans.

ELIGIBILITY

The medical plans you're eligible for are based on whether your overall benefits package is Full, Mid-Level or Core.

If you are eligible for coverage, you must take action to enroll.

You may enroll in certain medical plans only if you meet the plan's geographic service area criteria.

If you or a covered family member is enrolled in Medicare, you are not eligible for the UC Health Savings Plan due to IRS rules that do not allow Medicare members to make or receive contributions to a Health Savings Account.

WITH A 90-DAY WAITING PERIOD

If you miss your initial enrollment period, you may enroll yourself and/or your family members in medical coverage at any time by submitting an enrollment form to your Benefits Office. Your medical coverage will become effective 90 calendar days from the date your form is received. Your premiums will be paid on an after-tax basis until the following Jan. 1.

IF YOU MOVE OUT OF A PLAN'S SERVICE AREA

If you move out of a plan service area, or will be away for more than two months, you and your eligible family members must transfer into a different plan available in your new location. If you later return to your original location, you will have a Period of Initial Eligibility during which you can re-enroll in your original plan if you choose.

TRANSITIONING TO MEDICARE

If you continue working at UC past age 65 and you have a UC-sponsored employee medical plan, you are not required to sign up for Medicare Parts A, B or D. Any family member covered by your employee plan, with the exception of your domestic partner in some cases, who becomes eligible for Medicare may also defer signing up for Medicare.

If you and/or any covered family members lose eligibility for the UC-sponsored employee plan, you and/or your Medicare-eligible family members should immediately enroll in Medicare or another employer group health plan to avoid any penalties from the Centers for Medicare and Medicaid Services (CMS).

If you plan to retire in 2023 and take a monthly retirement benefit, are eligible for retiree health insurance and expect to enroll in Medicare during the year, think carefully about the UC medical plan you choose. The choice you make will affect which Medicare plan you're transferred into when you turn 65. See ucal.us/medicare for more information.

WHAT THE PLANS COVER

UC's medical plans provide comprehensive coverage, including doctor visits, hospital services, prescription drugs and behavioral health services. Preventive care such as physical exams and immunizations are free of charge in all plans; some restrictions, such as using in-network providers, may apply.

There are no exclusions for pre-existing conditions.

An overview of the plans UC offers is on pages 20 to 22. The chart on page 23 provides a comparison of the plans.

COST OF COVERAGE

Your medical plan's monthly cost depends on:

- The plan you choose
- Whether you choose to cover yourself only or yourself and other family members and
- Your annual full-time equivalent salary from UC

Premium costs are available online at ucal.us/medicalpremiums and in Which Medical Plan is Right for You? included in your Welcome Kit.

Please note: Premium rates for certain employee groups may vary from those posted or printed. If you are represented by a union, your premiums are subject to collective bargaining. To confirm your premiums, sign in to your online benefits account or talk to your Benefits Office.
HEALTH MAINTENANCE ORGANIZATIONS (HMO)

HMOs require you to choose a primary care physician (PCP) from their network of providers to coordinate your care. To see a specialist, you must have a referral from your PCP. The HMO covers your expenses only if your PCP has authorized the services, unless it’s an emergency. You pay a copayment for some products and services, and there is no annual deductible.

You must live (or work, depending on the plan’s rules) in the plan’s service area to be eligible. Service areas are established by ZIP codes; you cannot use a P.O. box to establish eligibility.

If you want to know whether your ZIP code is in a plan’s service area, check the plan’s website or call the plan directly.

UC’s HMOs are available only if you and your covered family members live and work in certain counties in California.

Health Net is the administrator of medical, behavioral health and pharmacy benefits for UC Blue & Gold HMO. Kaiser Permanente — CA is the administrator of medical, behavioral health and pharmacy benefits for Kaiser HMO. The administrator of your plan processes claims, creates a network of health care providers and pharmacies and sets clinical policies and guidelines.

UC’S HMO PLANS

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>UC Blue &amp; Gold HMO</td>
<td>Offers a tailored network of medical groups, doctors and hospitals, and includes all of UC’s medical centers and medical groups. For more information, see <a href="http://healthnet.com/uc">healthnet.com/uc</a>.</td>
</tr>
<tr>
<td>Kaiser HMO</td>
<td>Offers a closed network, meaning you must use only Kaiser doctors and hospitals. For more information, see <a href="http://select.kp.org/university-of-california">select.kp.org/university-of-california</a>.</td>
</tr>
</tbody>
</table>

PREFERRED PROVIDER ORGANIZATIONS (PPO)

PPOs offer a broad network of providers and allow you the flexibility to see non-network providers if you wish. You don’t need a referral to see specialists. Usually, you must meet the plan’s deductible and then you pay coinsurance, which is a percentage of the cost of services. You pay a smaller percentage for in-network providers.

Anthem Blue Cross is the administrator of medical and behavioral health benefits for UC’s PPO plans, and Navitus Health Solutions (Navitus) is the administrator of prescription drug benefits.

Accolade health assistants and nurses are members’ first point of contact for help with health benefits questions, big or small.

UC’s PPOs are the best option if you or your covered family members live outside California.

UC’S PPO PLANS

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>UC Health Savings Plan with Health Savings Account</td>
<td>This is a PPO plan with a Health Savings Account (HSA), which you can use to pay your eligible medical expenses. UC contributes to the HSA every year you are enrolled in the plan, and you can, too — federal tax-free. You pay the cost of medical services until you meet the deductible, then you pay a percentage of the cost of services, with lower costs when you use in-network providers. Your unused HSA funds roll over each year (funds are not use-it-or-lose-it). And, any funds you or UC contributes to your HSA are yours to keep, even if you leave UC. You can continue to contribute to your HSA as long as you are enrolled in a qualifying high deductible health plan. For more information, see <a href="http://uchealthplans.com">uchealthplans.com</a> and <a href="http://learn.healthequity.com/uc/hsa">learn.healthequity.com/uc/hsa</a>.</td>
</tr>
<tr>
<td>UC Care</td>
<td>This is a PPO plan with three tiers of doctors and hospitals. If you use providers in the UC Select Network, which includes UC medical center doctors, hospitals and other facilities as well as select providers near UC locations without a medical center, you pay copayments for services. If you use other providers in the Anthem Preferred network, you pay 30 percent coinsurance once you’ve met the deductible. You pay a higher deductible and a greater percent of the coinsurance if you use a provider outside the network. For more information, see <a href="http://uchealthplans.com">uchealthplans.com</a>.</td>
</tr>
<tr>
<td>CORE</td>
<td>This plan has no monthly employee premium, but has a higher deductible. You can choose any doctor, hospital, clinic or behavioral health provider, but you pay less if you use a provider in the Anthem Blue Cross PPO network. After you have met the plan’s annual deductible, the plan pays for part of the cost of services. If you use non-network providers, you may need to pay for services up front and submit a claim; you receive reimbursement if the plan covers the service. For more information, see <a href="http://uchealthplans.com">uchealthplans.com</a>.</td>
</tr>
</tbody>
</table>
ABOUT THE UC HEALTH SAVINGS PLAN (HSP) WITH HEALTH SAVINGS ACCOUNT (HSA)

The Health Savings Account (HSA), which is part of the UC Health Savings Plan (HSP), lets you pay for your out-of-pocket health care expenses with pretax contributions from you and federal tax-free contributions from UC.

With the HSA, administered by HealthEquity, you can use the funds at any time for qualified medical expenses or save them for future health care needs. Your HSA account balance rolls over annually; you keep the balance in the account, even if you don’t use it or leave UC. You can use your HSA funds for qualifying medical expenses without paying any federal taxes — whether you pay with your HSA debit card or you pay out-of-pocket and file a claim directly with HealthEquity to get reimbursed. You earn interest on your account, and can invest any funds in excess of $1,000 — the same way you invest funds in retirement savings accounts, except interest accrues federal tax-free. Contributions and earnings are subject to California income tax.

For 2023, the IRS allows HSA contributions up to $3,850 for single/individual coverage and up to $7,750 for family coverage (if you are covering at least one family member), inclusive of UC contributions. UC contributes up to $500 for individual coverage and up to $1,000 for all other coverage levels, depending on the effective date of your HSP coverage. You can also contribute with pretax payroll deductions, subject to payroll deadlines. You are responsible for making sure the combined HSA contributions are within the IRS limits. Individuals age 55 and older can make an additional “catch-up” contribution of $1,000. You can make the additional contribution through your UCPath account. If you enroll in the UC Health Savings Plan anytime after January, UC’s contribution to your HSA will be prorated for the calendar year. The proration schedule is available online (ucnet.universityofcalifornia.edu/compensation-and-benefits/health-plans/medical/hsa-proration-schedule.html).

Because of IRS rules, you must enroll in the UC Health Savings Plan and have a valid Social Security number and U.S. address to be eligible for and establish your HSA. In addition, you and your covered family members cannot enroll in UC’s or in any general-purpose Health Flexible Spending Account.

If you or your dependent(s) are enrolled in Medicare, covered under TRICARE, or receiving Social Security Disability Insurance (SSDI), you cannot enroll in this plan, according to the IRS. Due to the UC contribution to your HSA, if you cover a family member and the family member is enrolled in Medicare, you cannot enroll in this plan unless you disenroll your Medicare-enrolled family member from your coverage. Remember that the entire UC contribution is deposited automatically at the beginning of the year and is based on your coverage level (individual or family).

Here are a few things to keep in mind if you become an HSA owner, as an HSA owner, you must decide:

- Whether you are eligible to make contributions to an HSA
- The amount of the eligible contribution to the HSA for any calendar year
- The withdrawal of any excess contributions
- How funds in your HSA will be spent

You cannot delegate these responsibilities to the University or to HealthEquity. As the HSA owner, you are responsible for reporting all contributions and distributions to the IRS on your Form 1040.

BEHAVIORAL HEALTH AND SUBSTANCE ABUSE BENEFITS

Kaiser members have access to Kaiser’s integrated behavioral health services as well as Optum Behavioral Health in-network services. Kaiser and Optum do not coordinate care or costs of behavioral health services. Each plan has specific requirements. Kaiser members should understand plan and authorization guidelines when they consider their options for behavioral health services.

UC Blue & Gold HMO members have behavioral health and substance abuse coverage provided by Managed Health Network (MHN, a Health Net company).

The first three in-network outpatient mental health office visits are covered at no cost to you for UC Blue & Gold and Kaiser members.

Behavioral health and substance abuse coverage is provided by Anthem Blue Cross for employees and retirees enrolled in:

- CORE
- UC Care
- UC Health Savings Plan (HSP)

The first three in-network mental health office visits are covered at no cost to you for UC Care.

If you enroll in CORE, UC Health Savings Plan or UC Care, you have access to both in-network and out-of-network behavioral health services. All other plans have in-network benefits only.

UC LIVING WELL PROGRAM

UC is committed to the well-being of employees and their family members and supports healthy living through the systemwide UC Living Well program.

UC Living Well offers faculty, staff and retirees access to programs, activities and resources that support healthy lifestyles.
Medical Plans

UC Living Well includes:

• Campus and health system wellness activities
• Programs and support from UC’s benefits providers
• Preventive exams and screenings through UC’s health plans
• Disease management programs offered by UC’s medical plans to help manage chronic conditions such as diabetes and heart disease

Participation in on-site campus and health system wellness programs varies by location; contact your location’s wellness coordinator for details.

For more information, visit the UC Living Well website (uclivingwell.ucop.edu).

GENERAL INFORMATION

CHOOSING A PRIMARY CARE PHYSICIAN (PCP)

UC’s HMO plans require you to select a primary care physician (PCP). You may choose a different PCP for each family member or the same PCP for the entire family. You may choose a pediatrician as the PCP for your child(ren). If you use your work address to qualify for a plan, you must pick PCPs in the service area of your work address.

If you or your eligible family members do not select a PCP, your medical plan will assign one to you. You may change your PCP at any time by calling the plan directly.

If you want to receive care from a particular doctor, you should call the plan or check the plan’s online doctor directory to confirm that the doctor is in their network and accepting new patients.

ID CARDS

Once you enroll, the medical plan will send identification cards for you and your enrolled family members. Although you’re covered as soon as you enroll, it may take 30 to 60 days for the plan to have a record of your membership and send your ID card(s). If you need immediate services before you receive your card, first check with your plan to see if it has a record of your enrollment; if not, contact UCPath. You may also be able to download and print a temporary card from your carrier’s website.

WHEN COVERAGE ENDS

Please note that if you lose eligibility for medical coverage while you are hospitalized or undergoing treatment for a medical condition covered by your medical plan, benefits will cease and you may have to pay for the cost of those services yourself. If you or a family member loses eligibility for medical coverage, you can, however, continue coverage under COBRA (Consolidated Omnibus Budget Reconciliation Act of 1985) for a period of time. If you are laid off, you may transfer to UC’s lowest cost medical plan through COBRA.

You may be able to convert your coverage to an individual policy if you apply within 31 days of the date your UC-sponsored coverage or COBRA continuation coverage ends. Conversion options are generally more expensive and may provide fewer benefits than UC-sponsored plans. See your medical plan booklet or call your plan for more information. You may also seek individual coverage, including through the health care marketplace (coveredca.com).

FOR MORE INFORMATION

Evidence of Coverage booklets for all of UC’s medical plans are available online at ucal.us/EoCs or from the carriers (see front of booklet for contact information).

If you have other questions about your medical benefits, including services, benefits, billing and claims, call the medical plan directly.

TIPS:

If you want access to UC medical centers and doctors:

• UC Health Savings Plan
• UC Blue & Gold HMO (if you are within service area)
• UC Care
• CORE

If you want lower monthly premiums:

• UC Health Savings Plan with HSA
• CORE
• Kaiser HMO
• UC Blue & Gold HMO

If you want more flexibility in choosing doctors:

• UC Health Savings Plan with HSA
• UC Care
• CORE

If you want predictable costs:

• UC Blue & Gold HMO
• Kaiser HMO

If you reside or have a child in college outside California:

• UC Health Savings Plan
• UC Care
• CORE

If you want one doctor to manage all your care:

• UC Blue & Gold HMO
• Kaiser HMO
# UC Medical Plans

<table>
<thead>
<tr>
<th>UC Medical Plans</th>
<th>Your Monthly Premium</th>
<th>Your Costs for Services</th>
<th>Your Cost for Prescription Drugs: Generic/Brand/Non-formulary</th>
<th>Best Fit for People Who:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CORE</strong>&lt;br&gt;You may use any doctor.</td>
<td>$0</td>
<td>$$$+&lt;br&gt;Except for certain preventive services, you pay the full cost until you reach the $3,000 deductible. Then you pay 20%.</td>
<td>20%</td>
<td>• Want to pay no monthly premium&lt;br&gt;• Want protection for catastrophic care&lt;br&gt;• Are willing to risk incurring high out-of-pocket costs&lt;br&gt;• Want direct access to many providers without need for referrals (includes UC Health providers)</td>
</tr>
<tr>
<td><strong>UC Blue &amp; Gold HMO</strong>&lt;br&gt;Must use custom network of providers, except in emergencies</td>
<td>$$</td>
<td>$&lt;br&gt;No deductible; you pay a copay for office visits and hospital stays; most other services have no charge.</td>
<td>Retail (30-day supply)&lt;br&gt;$5/$25/$40&lt;br&gt;Mail order (up to 90 days)&lt;br&gt;$10/$50/$80</td>
<td>• Want lower premium and cost per service&lt;br&gt;• Are comfortable with HMO model: primary care physician manages care; no out-of-network coverage&lt;br&gt;• Are content with the selection of community providers (includes UC Health providers)</td>
</tr>
<tr>
<td><strong>Kaiser HMO</strong>&lt;br&gt;Must use network providers, except in emergencies</td>
<td>$</td>
<td>$&lt;br&gt;No deductible; you pay a copay for office visits and hospital stays; most other services have no charge.</td>
<td>Retail (30-day supply)&lt;br&gt;$5/$25/NA&lt;br&gt;Mail order (31–100 days)&lt;br&gt;$10/$50/NA</td>
<td>• Want lower premium and cost per service&lt;br&gt;• Are comfortable with getting medical care only within the Kaiser system</td>
</tr>
<tr>
<td><strong>UC Care</strong>&lt;br&gt;May use most doctors without referral from a primary care physician; you pay copayment for UC Select Network providers; in-network providers cost less than out-of-network providers.</td>
<td>$$$</td>
<td>$$/$$/$$$&lt;br&gt;UC Select Network providers: no deductible, and copay for office visits and hospital stays; Anthem Preferred providers: calendar year deductible and then 30% coinsurance; out-of-network: calendar year deductible and then 50% coinsurance.</td>
<td>Retail (30-day supply)&lt;br&gt;$5/$25/$40&lt;br&gt;Mail order (up to 90 days)&lt;br&gt;$10/$50/$80</td>
<td>• Want direct access to many providers without a referral (includes UC Health providers)&lt;br&gt;• Want no deductible and fixed copay for using providers in the UC Select network&lt;br&gt;• Want coverage when you are traveling or living abroad&lt;br&gt;• You and/or your family members live outside California</td>
</tr>
<tr>
<td><strong>UC Health Savings Plan</strong>&lt;br&gt;May use most doctors without referral from primary care physician; in-network providers cost less. Health Savings Account (HSA) covers part of annual deductible before PPO coinsurance applies.</td>
<td>$</td>
<td>$&lt;br&gt;You have higher out-of-pocket costs until the deductible is met; you pay coinsurance thereafter. You may make pretax contributions to the Health Savings Account to help pay your out-of-pocket costs.</td>
<td>Full cost up to deductible; then 20% at in-network pharmacies; 40% at non-network pharmacies</td>
<td>• Want lower premium and broad access to providers&lt;br&gt;• Are able to risk incurring greater out-of-pocket costs&lt;br&gt;• Want tax-free savings for current and future health care costs&lt;br&gt;• Want direct access to many providers without need for referrals (includes UC Health providers)</td>
</tr>
</tbody>
</table>

$ Lowest costs in relation to all plans  
$$ Mid-range of costs in relation to all plans  
$$ Highest costs in relation to all plans
Dental Plans

Benefits packages: Full

Who’s covered: You and your eligible family members

Who pays the premium: UC

Proper dental care plays an important role in your overall health. That’s why UC provides dental coverage for you and your family, including routine preventive care and fillings, oral surgery, dentures, bridges and braces. You have a choice of two plans, a PPO and an HMO.

The following rules and information about UC’s dental plans are in addition to the general eligibility rules beginning on page 5.

ELIGIBILITY

You are eligible to enroll in dental coverage only if you have Full Benefits.

If you are eligible for dental benefits, you must take action to enroll.

You may enroll in DeltaCare® USA only if you meet the plan’s geographic service area criteria.

IF YOU MOVE OUT OF A PLAN’S SERVICE AREA

If you move out of a plan’s service area, you and your eligible family members must transfer into a different plan available in your new location. If you later return to your original location, you will have a Period of Initial Eligibility to re-enroll in the DeltaCare® USA plan if you choose.

UC’S DENTAL PLANS

DELTA DENTAL PPO

The Delta Dental PPO plan, available worldwide, provides you and your family with the flexibility to choose any licensed dentist or specialist. Your share of the cost of services depends on whether you use a dentist in Delta Dental’s PPO network or an out-of-network dentist.

If you choose a PPO dentist from Delta Dental’s network, you will usually pay less for services, so it makes sense to use a PPO dentist. In-network PPO dentists agree to accept a reduced fee for services, and the dentist will complete and submit all claim forms for you at no charge. Preventive dentistry (exams and cleanings) is free of charge. After a small deductible, basic dentistry (such as fillings and extractions) is covered at 80 percent, and most other dental care is covered at 50 percent, up to $1,700 per year.

Delta has more than 43,000 PPO dentists in California and 270,000 nationwide. To see a list of Delta Dental PPO dentists, visit the Delta Dental website: www1.deltadentalins.com/group-sites/uc.html.

Delta’s Premier dentists are not in the PPO network but have agreed to accept a reduced fee for services and also will complete and submit claim forms for you. Delta Dental covers 75 percent of basic dentistry costs if you use a Premier dentist, up to $1,500 per year.

If you go to a dentist not affiliated with Delta Dental, the plan will cover 75 percent of allowed basic dentistry costs, up to $1,500 per year. However, you may have to pay the dentist’s total fee and then submit your claim form to Delta Dental for reimbursement. Non-Delta Dental dentists have not agreed to Delta Dental’s allowed costs and are free to bill you for any difference between what Delta Dental pays and the submitted fee.

DELTCARE® USA

DeltaCare® USA is a dental HMO that provides you and your family with comprehensive benefits and easy referrals to specialists. You must live in California to enroll.

Preventive services are provided at no cost. Other services are provided for modest copayments with no deductibles or annual plan maximum.

When you enroll, you select a network dentist to provide all your basic dental services and to refer you to specialists when necessary. The DeltaCare® USA network consists of private-practice dental facilities that have been screened by Delta Dental for quality. Some areas of California have more network providers than others, so be sure there are dentists available in your area before choosing this plan. You are required to obtain covered services through your assigned network dentist, except for emergency services or those preauthorized in writing by Delta Dental.

You may change your dentist at any time by calling the Delta Care Customer Service number to request the change. Visit the DeltaCare® USA website (www1.deltadentalins.com/group-sites/uc.html) for a list of participating dentists.

BENEFITS AND SERVICES

For a comparison of benefits and services, see the chart on pages 25 to 27.

If you need major dental work, such as a crown, dentures or oral surgery, you and/or your dentist should contact your plan to file a pre-determination before you begin treatment to confirm that the procedure is covered and to determine your portion of the cost for services.
**COST OF COVERAGE**

UC pays 100 percent of your monthly dental plan premium. UC’s contribution toward the monthly cost is determined by UC and may change or stop altogether. You pay a certain percentage or copayment for some services.

**WHEN COVERAGE ENDS**

**OPPORTUNITIES FOR CONTINUATION**

If you or a family member loses eligibility for dental coverage, you can continue coverage under COBRA for a period of time. There is no conversion option for dental coverage.

**FOR MORE INFORMATION**

Evidence of Coverage booklets are available online at [ucal.us/EOCs](http://ucal.us/EOCs).

If you have other questions about your dental benefits including services, benefits, billing and claims, call the plan directly.

**Delta Dental PPO**

800-777-5854, [www1.deltadentalins.com/group-sites/uc.html](http://www1.deltadentalins.com/group-sites/uc.html)

**DeltaCare® USA**

800-422-4234, [www1.deltadentalins.com/group-sites/uc.html](http://www1.deltadentalins.com/group-sites/uc.html)

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**DENTAL SERVICES**

<table>
<thead>
<tr>
<th>Service Area</th>
<th>Delta Dental PPO Plan</th>
<th>DeltaCare® USA HMO Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service Area</td>
<td>Worldwide¹</td>
<td>California only</td>
</tr>
<tr>
<td>Preventive Dentistry</td>
<td>No deductible</td>
<td>Copayments apply as noted</td>
</tr>
<tr>
<td>Cleaning of teeth — prophylaxis cleanings</td>
<td>You are covered at 100% (up to 2 times in a calendar year; additional cleanings by report)</td>
<td>100% up to 2 times in any 12-month period; additional cleanings when necessary: $45 copayment for adults, $35 copayment for children</td>
</tr>
<tr>
<td>Oral examinations</td>
<td>100% (limited to 2 per calendar year — routine, non-routine or a combination of both; additional routine exam is covered for members with identified risk factors)</td>
<td>100%</td>
</tr>
<tr>
<td>Emergency office visit for pain relief</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>Topical fluoride treatment</td>
<td>100% (includes cleaning; up to 2 times in a calendar year)</td>
<td>100% (up to 2 times in any 12-month period through age 18)</td>
</tr>
<tr>
<td>Space maintainers</td>
<td>100% (through age 12)</td>
<td>100%</td>
</tr>
<tr>
<td>X-rays (full mouth, bitewings, other films)</td>
<td>100% (full mouth x-rays limited to 1 set in 5 years unless necessary)</td>
<td>100% (full mouth x-rays limited to 1 set in any 12-month period)</td>
</tr>
<tr>
<td>Pit and fissure sealants (under age 16 only)</td>
<td>100% PPO/75% Premier for first permanent molars through age 9 and second permanent molars through age 15</td>
<td>100% for first permanent molars through age 9 and second permanent molars through age 15</td>
</tr>
</tbody>
</table>

¹ Nationwide — Delta Dental PPO, Delta Dental Premier and non-Delta dentists (licensed); Worldwide — Coverage available only from non-Delta dentists (licensed).
## Dental Plans

<table>
<thead>
<tr>
<th>DENTAL SERVICES</th>
<th>Delta Dental PPO Plan</th>
<th>DeltaCare® USA HMO Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Basic Dentistry</strong></td>
<td><strong>Deductible applies.</strong></td>
<td><strong>Copayments apply as noted.</strong></td>
</tr>
<tr>
<td>Fillings</td>
<td>80% PPO/75% Premier</td>
<td>100% for standard benefit</td>
</tr>
<tr>
<td>Anesthesia(^1)</td>
<td>80% PPO/75% Premier (general anesthesia for covered oral surgery)</td>
<td>Local — 100%. General and intravenous sedation — 100%; limited to medically necessary extractions</td>
</tr>
<tr>
<td>Prosthetic appliance repair</td>
<td>80% PPO/75% Premier</td>
<td>100%</td>
</tr>
<tr>
<td>Extractions</td>
<td>80% PPO/75% Premier</td>
<td>100% if uncomplicated (not covered if done only for orthodontics)</td>
</tr>
<tr>
<td>Oral surgery</td>
<td>80% PPO/75% Premier</td>
<td>$15 copayment for impactions; other covered services at 100%</td>
</tr>
<tr>
<td>Endodontics</td>
<td>80% PPO/75% Premier</td>
<td>$20–$60 copayment for each canal; other covered services at 100%</td>
</tr>
<tr>
<td>Periodontics</td>
<td>80% PPO/75% Premier</td>
<td>$100 copayment per quadrant for surgery (mucogingival and osseous gingival); $150 copayment for soft tissue graft procedures; periodontal maintenance: 100% for 1 in each 6-month period; additional maintenance when necessary: $55 copayment</td>
</tr>
<tr>
<td>Denture Relining and Rebase</td>
<td>80% PPO/75% Premier</td>
<td>Relining — 100% (limited to 1 in any 12-month period). Rebase — $20 copay</td>
</tr>
<tr>
<td><strong>Major Dentistry</strong></td>
<td><strong>Deductible applies.</strong></td>
<td><strong>Copayments applied as noted.</strong></td>
</tr>
<tr>
<td>Crowns</td>
<td>50%</td>
<td>$50 per unit copayment ($150 extra charge for precious metals)</td>
</tr>
<tr>
<td>Inlays/onlays</td>
<td>50%</td>
<td>100% for standard benefit</td>
</tr>
<tr>
<td>TMJ Disorder Benefits</td>
<td></td>
<td>100%</td>
</tr>
<tr>
<td>Temporomandibular joint (TMJ) dysfunction: occlusal devices/occlusal guards (night guards)</td>
<td>50% up to $500 for all benefits in a lifetime (not applied to calendar year maximum). Deductible applies.</td>
<td>Copayments apply as noted.</td>
</tr>
<tr>
<td><strong>Prosthetic Dentistry</strong></td>
<td><strong>Deductible applies.</strong></td>
<td><strong>Upper — $65 copayment per denture</strong></td>
</tr>
<tr>
<td>Standard, full or partial dentures</td>
<td>50%</td>
<td><strong>Lower — $65 copayment per denture (extra charge for precious metals)</strong></td>
</tr>
<tr>
<td>Bridges</td>
<td>50%</td>
<td><strong>Removable partial denture with flexible base — $115</strong></td>
</tr>
<tr>
<td>Implants</td>
<td>50%</td>
<td><strong>$50 per unit copayment (extra charge for precious metals)</strong></td>
</tr>
<tr>
<td><strong>Total Benefit</strong></td>
<td><strong>$1,700 if a Delta Dental PPO dentist is used; otherwise $1,500 per person per calendar year</strong></td>
<td><strong>No maximum</strong></td>
</tr>
</tbody>
</table>

\(^1\) After an annual deductible of $50 per person.
DENTAL SERVICES

<table>
<thead>
<tr>
<th></th>
<th>Delta Dental PPO Plan</th>
<th>DeltaCare® USA HMO Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orthodontics</td>
<td>No deductible</td>
<td>Copayments apply as noted below</td>
</tr>
<tr>
<td>Who is eligible for service</td>
<td>All covered family members</td>
<td>All covered family members</td>
</tr>
<tr>
<td>Benefit</td>
<td>50% copayment; maximum of $1,500 for each eligible patient under age 26 and $500 for each eligible patient age 26 and older</td>
<td>$1,000 copayment (plan covers 36 months of usual and customary treatment — a monthly office visit fee of $75 applies after the 36 months)</td>
</tr>
</tbody>
</table>

Special Provisions, Limitations, Exclusions

| Work in progress when you join | Only services that you receive on or after your effective date of coverage are covered. | Only services received from a DeltaCare® USA provider on or after your effective date of coverage are covered. |
| Predetermination of benefits | If services are expected to be $400 or more, your dentist files a treatment plan first; Delta reviews it and notifies you and your dentist of the benefits payable. | Before any work is done, ask your DeltaCare® USA dentist what the charges will be. If you have any questions about what will be covered, call DeltaCare® USA. |
| Alternate treatment provision | If more than one professionally acceptable and appropriate treatment can be used, Delta benefits will be based on the least expensive method. | If you select a treatment plan different from that customarily provided by DeltaCare® USA, you will pay the applicable copayment, plus the additional cost of the alternate treatment. |
| Replacement of crowns, dentures, partial dentures and bridges | Not covered if crown or prosthetic appliance is fewer than 7 years old | Not covered if crown or prosthetic appliance is less than 3 years old |
| Out-of-area emergencies | Coverage applies worldwide. | Plan pays up to $100 in 12-month period for pain relief when you are more than 25 miles from your dentist’s office. |
| Teeth bleaching | Not covered | $125 copayment per arch. External bleaching is limited to one bleaching tray per arch per 36-month period; bleaching gel for two weeks of patient self treatment. |
| Tobacco counseling for prevention of oral disease | Not covered | 100% |

NOTE: Other limitations and exclusions may apply. See the Delta Dental or DeltaCare® USA booklet.

1 Disabled members may receive anesthesia for any covered dental service if needed to receive treatment. Preauthorization is required.
2 Combined for basic and major dentistry, TMJ disorder benefits and prosthetic dentistry.
3 Exception: DeltaCare® USA may cover orthodontia treatment in progress for new enrollees/family members if treatment meets specific DeltaCare® USA criteria.
Vision Plan

Benefits package: Full
Who's covered: You and your eligible family members
Who pays the premium: UC

UC provides the Vision Service Plan (VSP) to enable you and your family to get the vision care you need. VSP is a preferred-provider organization with more than 5,000 providers in California and 33,000 nationwide in the Advantage network. The vision plan has no exclusions for pre-existing conditions.

ELIGIBILITY
See the general eligibility rules beginning on page 5.

WHAT THE PLAN COVERS

• One vision examination per calendar year — including testing and analysis of eye health and any necessary prescriptions for lenses or contact lenses. You pay a $10 copay.

• One set of corrective lenses per calendar year — including single vision, bifocal, trifocal, standard progressive or other complex glass or plastic lenses. Photo-chromatic lenses, tints and polycarbonate lenses are fully covered if you use a provider in the VSP network. You pay a $25 copay.

• One set of frames every other calendar year up to $160.

• Contact lens allowance of $160. If you choose elective contact lenses, you cannot also have frames and corrective lenses covered in the same calendar year. If contact lenses are medically necessary and you use a VSP provider, the cost is fully covered. Generally, contacts are covered for those who have had cataract surgery, have extreme acuity problems that cannot be corrected with glasses or have some conditions of anisometropia or keratoconus.

• You may also purchase annual supplies of select contact lenses at a reduced cost. Talk to your VSP provider or see the VSP website (vsp.com) for additional details.

• Discounts on laser corrective vision surgery through VSP-contracted laser centers. Call VSP for more information.

• Covered-in-full retinal screening for members with diabetes who do not have diabetic eye disease. Additional exams and services that track and monitor diabetic eye disease progression, diagnose and monitor glaucoma and cataracts, treatment for dry eye, pink eye, and foreign body removal. You pay a $20 copay. Contact a VSP doctor for more information.

If you use a VSP network doctor or provider, you pay only the required copays for covered services and the cost of any services or materials beyond the allowance. Additional discounts are available for services the plan doesn’t cover, including:

• 20 percent discount on additional pairs of glasses, including sunglasses, if purchased from the VSP doctor who provides the member’s eye exam on the same day as the exam.

• 20 percent discount for additional pairs of prescription glasses purchased within 12 months following the last covered eye exam, if purchased from the VSP doctor who provided the exam.

• 15 percent discount for contact lens professional services; for example, fittings or adjustments.

WHEN COVERAGE BEGINS

Please see “When Coverage Begins” on page 7 of the Eligibility section.

COST OF COVERAGE

UC pays the full cost of the monthly vision plan premium. UC’s contribution toward the monthly cost of coverage is determined by UC and may change or stop altogether.

You pay copays — $10 for a vision exam and, if you need glasses, $25 for materials. You also pay for additional care, services or products that VSP does not cover.

WHEN COVERAGE ENDS

OPPORTUNITIES FOR CONTINUATION
If you or a family member loses eligibility for vision coverage, you can continue coverage under COBRA. There is no option for conversion to an individual plan for vision coverage.

FOR MORE INFORMATION

VSP website: vsp.com
VSP phone: 866-240-8344
VSP Evidence of Coverage Booklet, available online at ucal.us/EOCs.
Accident, Critical Illness and Hospital Indemnity Plans

Benefits package: Full, Mid-Level, Core

Who’s covered: You and your eligible family members, depending on the coverage you select

Who pays the premium: You

UC offers three supplemental insurance options — Accident, Critical Illness and Hospital Indemnity plans that pay cash benefits if you experience a covered accident, illness or hospital stay.

These plans are not a substitute for medical or disability coverage, but they can complement your coverage with extra protection against the unexpected. Depending on the coverage you select, you’ll receive a pre-determined cash payment if you experience a covered incident — regardless of your actual medical costs or lost income. The payment is yours to use however you choose.

WHEN TO ENROLL

You may enroll for coverage during your PIE, following a qualifying event, or during Open Enrollment. You can discontinue your enrollment in Accident, Critical Illness and Hospital Indemnity plans at any time.

WHAT THE PLANS COVER

ACCIDENT INSURANCE
Pays cash benefits if you receive services related to an accident, such as ER and urgent care visits, ambulance rides, X-rays, surgery, physical therapy and more.

CRITICAL ILLNESS INSURANCE
The plan provides a lump-sum payment if you are diagnosed with certain critical illnesses, such as cancer, heart attack, stroke and more. Rates are age-based and may differ for you and your spouse or domestic partner. Coverage for eligible children is free when you enroll. You select a coverage level of $10,000 or $30,000.

HOSPITAL INDEMNITY
Pays a pre-determined dollar amount if you’re admitted to the hospital due to an accident or illness, or for maternity care, and continues to pay a cash benefit for every day you’re in the hospital, up to 31 days.

COST OF COVERAGE
Your cost depends on the plan(s) and level of coverage you choose.

WHEN COVERAGE ENDS
If you leave UC employment, you may continue your coverage through direct payment to Aflac (referred to as “porting”) if you apply within 31 days of the date your UC-sponsored coverage ends.

EXCLUSIONS
See the Certificate of Insurance booklets for complete information.

FOR MORE INFORMATION
Certificate of Insurance booklets are available online at ucplus.com.

If you have other questions, call 888-212-7201 or visit ucplus.com.
Basic and Voluntary Disability

Benefits package: Full, Mid-Level or Core

Who's covered: You

Who pays the premium: You and UC

Time away from work for a pregnancy, illness or unexpected injury could mean months without a paycheck. While UC’s basic employer-paid disability insurance offers some protection — a benefit capped at $800 per month for six months — it probably won’t be enough to cover your expenses. UC’s Voluntary Disability Insurance replaces much more of your income — 60 percent of your eligible pay up to a benefit of $15,000 per month — for increased financial security when you need it most.

UC’s disability benefits, along with state-mandated Workers’ Compensation and Social Security disability benefits, create a comprehensive safety net, whether for a few months or a lifetime. UC’s disability benefits also provide coverage for female employees during pregnancy disability and the first few weeks after childbirth.

UC does not participate in the California State Disability Insurance (CA SDI) program, although employees who have worked for UC for fewer than 18 months may have some residual CA SDI benefits based on their prior employment.

If you are eligible for Full, Mid-Level or Core Benefits, you are automatically enrolled in Basic Disability at no cost to you. If you choose to enroll in Voluntary Short-Term Disability (VSTD) and/or Voluntary Long-Term Disability (VLTD), you pay the premium.

WHEN TO ENROLL

You are automatically enrolled in Basic Disability, if eligible, on your first day of work.

For Voluntary Disability Insurance, you need to take action to enroll. To obtain coverage without submitting a statement of health, enroll during your PIE when you are first eligible. As a new employee, you may want to consider enrolling in both VSTD and VLTD for the most comprehensive coverage for all types of disabilities. You can discontinue your enrollment in VSTD and/or VLTD at any time.

ENROLLMENT WITH STATEMENT OF HEALTH

If you do not enroll in VSTD and/or VLTD when you are first hired, you must submit an application, along with evidence of insurability, and be approved by the insurance company in order to enroll.

Previous or existing medical conditions may prevent approval if you try to enroll or add coverage outside of your initial period of eligibility. You cannot enroll in VSTD or VLTD during UC’s annual Open Enrollment or due to family changes.

WHEN COVERAGE BEGINS

You must be actively at work in order for new or increased coverage to be effective.

WHAT THE PLANS COVER

BASIC DISABILITY

UC provides the Basic Disability plan at no cost to you.

Basic Disability insurance provides coverage if you are unable to work due to a pregnancy/childbirth or non-work-related disabling injury or illness. It pays 55 percent of your eligible earnings, up to a maximum benefit payment of $800 per month. The six-month benefit period includes a 14-day waiting period before you begin receiving benefits, and you must use up to 22 days of sick leave, if available. While you’re receiving Basic Disability income, UC continues to pay its portion of your medical premiums. Your Basic Disability income is generally taxable.

VOLUNTARY DISABILITY

Voluntary Short-Term Disability (VSTD) and Voluntary Long-Term Disability (VLTD) plans work in conjunction with Basic Disability and other sources of disability income (for example, Social Security) you may receive as a result of your pregnancy/childbirth or disabling injury or illness.

VSTD offers more comprehensive coverage than Basic Disability — 60 percent of your eligible earnings, with a maximum benefit of $15,000 per month. The six-month benefit period includes a 14-day waiting period before you begin receiving benefits, and you must use up to 22 days of sick leave, if available. This plan is a good option to cover short-term needs such as pregnancy, most illnesses, minor surgeries, etc.

VLTD benefits don’t start until six months after your date of disability or when VSTD benefits end, whichever is later. The plan pays 60 percent of your eligible earnings, with a maximum benefit payment of $15,000 per month, and benefits can last until your Social Security normal retirement age, if you qualify. This plan doesn’t pay for the first six months of disability, but offers long-term benefits in cases of catastrophic injury or illness, or permanently disabling conditions.

You pay the entire premium for VSTD and VLTD. The cost varies depending on your age, salary and your UC Retirement Plan eligibility. You may choose to purchase VSTD, VLTD or both. Voluntary Disability income is generally not taxable, since you pay the premiums with after-tax dollars.
Basic and Voluntary Disability

OTHER SOURCES OF DISABILITY BENEFITS

UC employees may be eligible for other disability benefits, including:

- Workers’ Compensation, which covers work-related injuries and illnesses
- UC Retirement Plan Disability Income, which is available to UCRP members with five or more years of service credit in the event of a permanent or long-term disability (12 months or longer)
- Social Security disability benefits
- California State Disability Insurance (only if you worked outside of UC and paid into the system within the past 18 months)

The Basic and VSTD plans do not pay benefits for work-related injuries or illnesses that cause disabilities. Instead, Workers’ Compensation provides benefits. The VLTD plan pays benefits for work-related disabilities only in coordination with Workers’ Compensation.

For Workers’ Compensation claims, UC contracts with a third party administrator to manage its claims. More information is available in the Business and Finance Bulletin BUS 81 — Insurance Programs, available on UCPath or from your local Workers’ Compensation Manager. A directory of UC Workers’ Compensation Managers is available online at ucop.edu/risk-services/staff-contacts/workers-compensation-managers.

Any disability income you are eligible to receive from these other sources of disability benefits will be deducted from your disability benefits payable under UC’s disability plans. If the other sources of income you receive exceed 60 percent of your eligible income, VLTD will pay a minimum of $100 per month.

HOW THE PLANS WORK

In order to receive disability benefits, you must be under a doctor’s direct, continuous care. For more information about how to apply for benefits, see Your Guide to UC Disability Benefits on UCnet (available with related publications at ucal.us/disabilitypubs) or contact your Benefits Office.

No one type of coverage is right for everyone. It is important that you carefully consider your circumstances and how your selection will affect major events in your life. For example:

- Are you considering becoming pregnant? If you think you may become pregnant, it’s wise to sign up for VSTD. For most pregnancies, the disability period begins two weeks before birth and ends six weeks after birth (eight weeks after birth for a Caesarian section), so a plan such as VLTD, which only covers disabilities lasting more than six months, wouldn’t pay a benefit. Don’t wait until you’re pregnant to enroll. You’ll be required to submit a statement of health, and your enrollment application will not be approved if you’re already pregnant.

- Do you have a lot of non-negotiable monthly expenses? You may not want to risk a long period without income if you would have difficulty covering your mortgage payment or rent, for instance. Enrolling in both VSTD and VLTD provides you with the most protection for all types of disabilities.

- How much sick leave have you accrued? If you have been with UC for a long time and have a lot of accrued sick leave that you could use during the first six months of a disability, you might only need VLTD. If you don’t have much, you might consider VSTD.

- How’s your savings cushion? If you have substantial savings that could tide you over the first six months of a disability, you might choose VLTD only. If not, you should consider both VSTD and VLTD for the most protection.

IMPORTANT CONSIDERATIONS FOR FACULTY

UC faculty members and other academic appointees who do not accrue sick leave may be eligible to request a paid medical leave for personal illness, injury or disability from their department or their location’s Academic Personnel Office. The amount of salary replacement and leave time available under the faculty policies may be equal to or greater than those provided in the Voluntary Short-Term Disability plan. See the Disability Benefits for Faculty fact sheet available online at ucal.us/disabilityfaculty for additional information. Contact your local Benefits Office or Academic Personnel Office with questions.

IMPORTANT CONSIDERATIONS AND LIMITATIONS TO COVERAGE

- Definition of disability: The definition of disability changes with the type of coverage you receive:
  - Basic and Voluntary Short-Term Disability — To receive benefits, you must be disabled from your job at UC, based on the demands and duties of your position.
  - Voluntary Long-Term Disability — For the first 24 months of VLTD benefits, in order to receive benefits, you must be disabled from your own occupation, based on the demands and duties that employers (throughout the national economy) ordinarily require for that occupation. From the 25th month onward, you must be disabled from any occupation (throughout the national economy) for which you are reasonably suited.

(Note that UCRP defines disability differently; for details, please see Your Guide to UC Disability Benefits.)
Basic and Voluntary Disability

• **Pre-existing conditions**: Once you are enrolled in the VSTD Plan and the Basic Disability Plan, there are no benefits limitations related to pre-existing conditions. Additionally, as soon as you’ve been covered by the VLTD Plan for more than 12 months there are no restrictions or limitations on the VLTD Plan related to the pre-existing condition.

However, your VLTD benefits will not be payable if:

- Your disability leave is related to a condition you were diagnosed with, or had treatment for, in the 90 days prior to your initial enrollment in VLTD and
- Your disability leave begins within one year of your initial enrollment into VLTD

You will, however, be eligible for VLTD benefits for conditions that were not pre-existing.

• **Mental Illness and Substance Abuse**: VLTD benefits for these issues are generally limited to a 24-month lifetime maximum benefit, unless you remain continuously hospitalized or in an extended treatment plan.

**WHEN COVERAGE ENDS**

Your coverage stops on your last day actively at work. You may not continue these plans through COBRA or convert them to individual plans.

**FOR MORE INFORMATION**

The following publications are available online at ucal.us/disabilitypubs:

- Your Guide to UC Disability Benefits
- Disability Benefits for Faculty Fact Sheet
- Pregnancy, Newborn Child and Adopted Child Fact Sheet
- Partial Disability: Stay at Work/Return to Work Fact Sheet
- Disability Insurance Policy

**COST OF COVERAGE**

The university provides the Basic Disability plan at no cost to you.

You pay a monthly premium if you enroll in voluntary coverage. The premium depends on your monthly salary, age, retirement plan and the level of coverage you choose (Voluntary Short-Term Disability, Voluntary Long-Term Disability or both). To estimate your premium, use the online Insurance Premium Estimator (ucal.us/premiumestimator).
Basic and Core Life Insurance

Benefits package: Full (Basic), Mid-Level (Core) and Core (Core)

Who’s covered: You

Who pays the premium: UC

Life insurance provides financial protection for your dependents in the event of your death, and can be important to their future security. UC automatically provides basic life insurance coverage for all eligible employees. And you may be eligible to buy additional coverage for yourself and your family members.

UC’s life insurance plans carry no exclusions based on the cause of death. They are group term life plans that provide coverage at special rates to group members — in this case, UC employees. UC’s life insurance is in effect only as long as you remain an eligible employee, and does not accumulate a cash value over time.

UC provides a minimum amount of life insurance coverage at no cost to you. The plan and amount of coverage varies, depending on your appointment rate and average regular paid time.

WHEN COVERAGE BEGINS

You must be actively at work in order for new or increased coverage to be effective.

WHAT THE PLANS COVER

BASIC LIFE

If you are eligible for the Full Benefits package, this plan provides life insurance equal to your annual base salary, up to $50,000.\(^1\) The coverage amount is based on your UC salary and appointment rate as of your date of hire or Jan. 1 of the current year, whichever is later.

Benefits are paid to your beneficiaries if you die while employed or on paid leave, or during the first four months of approved leave without pay or temporary layoff. Your beneficiaries receive these benefits in addition to any other death benefits for which you may qualify.

CORE LIFE

If you are eligible for the Mid-Level or Core Benefits package, this plan provides $5,000 of life insurance.\(^2\)

Benefits are paid to your beneficiaries if you die while employed or on paid leave, or during the first four months of approved leave without pay or temporary layoff. Your beneficiaries receive these benefits in addition to any other death benefits for which you may qualify.

OTHER FEATURES OF THE PLANS

LIVING BENEFIT OPTION

The “living benefit” option allows terminally ill employees to receive some of their life insurance benefits before death; the money can be used for any purpose. The insurance company pays you 75 percent of the total coverage amount in a lump sum or in 12 equal monthly installments. Benefits paid to your beneficiaries at the time of your death are reduced by the amount previously paid to you. See the life insurance plan booklet for more information.

EXTENDED DEATH BENEFIT

The Basic or Core Life insurance protection may continue up to one year beyond the date coverage terminates if you become totally disabled while covered under the plan and you are under age 65. You must remain continuously unable to engage in any occupation until the date of death. Protection continues for one year, until you reach age 65 or until your disability ends, whichever occurs first.

COST OF COVERAGE

UC pays the entire cost of your coverage for Basic or Core Life insurance. UC’s contribution toward the monthly cost of coverage is determined by UC and may change or stop altogether.

WHEN COVERAGE ENDS

If you wish to convert your coverage to an individual policy, you have 31 days from the date your coverage ends to submit your conversion application and appropriate premiums to Prudential, the plan administrator.

Conversion options are generally more expensive and may provide fewer benefits than UC-sponsored plans. See your plan booklet or call your plan for more information.

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1 If you are a member of the California Public Employees’ Retirement System (CalPERS), CalPERS provides $5,000 of coverage and UC provides coverage equal to your annual base salary less $5,000, up to $45,000.

2 This plan does not cover CalPERS members.
Supplemental Life Insurance

EXCEPTION TO DUPLICATE UC COVERAGE RULE
You may be enrolled in Basic Life Insurance, Core Life Insurance or Senior Management Life Insurance and also be covered as a dependent of another UC employee.

BENEFICIARIES
You should designate your beneficiaries online by signing in to UC Retirement At Your Service (UCRAYS). If you don’t name beneficiaries, benefits are paid to the first survivor in this list:

- Your legal spouse or domestic partner
- Your child or children, including your adopted children; if your child is deceased, your deceased child’s share will go to that individual’s child or children
- Your parent or parents
- Your sibling or siblings

If there is no such survivor, any lump sum death payment will be paid to your estate.

You may change your designated beneficiary at any time using UCRAYS. Once your new designation is processed, all previous designations are invalid. Changes in your family situation — such as marriage, divorce or birth of a child — do not automatically alter or revoke your previous designations. A will also does not supersede a beneficiary designation. Prior designations remain valid until you change your designations online. However, a beneficiary designation may be subject to challenge if it will result in your spouse receiving less than your spouse’s community property share of the benefit.

If you do not have access to the Internet, you may complete UC’s Designation of Beneficiary form (UBEN 116), available from your Benefits Office.

Benefits package: Full and Mid-Level
Who’s covered: You
Who pays the premium: You

Eligible employees may supplement their Basic or Core Life insurance coverage by enrolling in this plan and paying monthly premiums. You can choose the amount of coverage that meets your needs up to the maximum listed under Coverage Amounts.

WHEN TO ENROLL

ENROLLMENT
To obtain coverage without the need for a statement of health, enroll during your first PIE or during a PIE that occurs as the result of the acquisition of a new family member. During a PIE that occurs as the result of the acquisition of a new family member, you can also increase your Supplemental Life Insurance. Otherwise you can enroll at any time, but a statement of health will be required.

ENROLLMENT WITH STATEMENT OF HEALTH
If you do not enroll in the Supplemental Life Insurance plan during a period of eligibility, you must submit an application, along with evidence of insurability, and be approved by the insurance company in order to enroll. Previous or current medical conditions may prevent your approval if you try to enroll outside of an eligibility period.

WHEN COVERAGE BEGINS
You must be actively at work in order for new or increased coverage to be effective. If you are on leave for health reasons on the day you become eligible for Supplemental Life coverage, your coverage will start the day after your first full day at work.

COVERAGE AMOUNTS
You may choose one of several coverage amounts:

- $20,000
- One times your annual salary, up to $250,000
- Two times your annual salary, up to $500,000
- Three times your annual salary, up to $750,000
- Four times your annual salary, up to $1 million

Coverage is based on your UC salary rounded to the nearest thousand and your appointment rate as of your date of hire or the full-time salary rate for your position as of Jan. of the current year.
Supplemental Life Insurance

year, whichever is later — even if you work part time. If your full-time salary rate is reduced, coverage will not be reduced until the beginning of the next calendar year.

Benefits are paid to your beneficiaries if you die while enrolled. They are payable in addition to any other death benefits for which you may qualify — for example, from the Basic Life insurance plan or your retirement plan.

PLAN FEATURES

LIVING BENEFIT OPTION
The “living benefit” option allows terminally ill employees covered by the plan to receive a portion of their life insurance benefits before death. The benefit — 75 percent of the total coverage, up to $250,000 — is paid directly to you in a lump sum or in 12 equal monthly installments. The money can be used for any purpose. The benefit that would otherwise be payable to your beneficiaries at death is reduced by this amount. Your life insurance plan booklet has more information.

WAIVER OF PREMIUM
If you become totally disabled before age 65 and your disability continues for six consecutive months, you may qualify for continuation of life insurance protection without paying the premiums.

You must provide written proof of your disability no later than one year after the disability starts and submit proof of your continuing disability each year. Your life insurance will continue until you reach age 70, as long as you remain totally disabled.

You may need to continue your premium payments to your Payroll or Benefits Office while your application is pending. See your insurance booklet or call the insurance carrier for more information.

COST OF COVERAGE
Your cost for Supplemental Life Insurance depends on your age and the amount of coverage you purchase. Use the online Premium Estimator for Life Insurance (ucal.us/lifepremiumestimator) to determine your monthly premium.

WHEN COVERAGE ENDS
If you leave UC employment, you are no longer eligible for Supplemental Life Insurance. You may port or convert your coverage if you apply within 31 days of the date your UC-sponsored coverage ends.

The portability benefit allows you to continue your current UC Supplemental Life coverage at Prudential’s Portability group term-life rates, which are lower than the conversion premium rates. A statement of health is not required, but you must submit proof of good health satisfactory to Prudential to qualify for preferred rates. There are additional requirements for portability. See the Supplemental Life Insurance plan booklet for details.

You may also convert to an individual policy without a statement of health.

You have 31 days from the date your coverage ends to submit your application and the appropriate premiums to Prudential. See your Benefits Office for more information.

Conversion options are generally more expensive and may provide fewer benefits than UC-sponsored plans. See your plan booklet or call your plan for more information.
Dependent Life Insurance

Benefits package: Full and Mid-Level

Who's covered: Your spouse or domestic partner and/or your eligible children

Who pays the premium: You

UC offers two plans for insuring your eligible family members. You can enroll your dependents in the Basic Dependent Life plan if you are enrolled in Basic Life or in the Expanded Dependent Life plan (which provides more coverage) if you are also enrolled in the Supplemental or Senior Management Life plan. You may cover your family members under either plan, but not under both.

WHEN TO ENROLL

To obtain coverage for a spouse or domestic partner without the need for a statement of health, enroll during your own initial PIE, or if the marriage or partnership occurs later, during the 31-day PIE following the marriage or partnership date. Otherwise they can be enrolled only by submitting an application along with evidence of insurability, and the insurance company decides whether to approve the application. A spouse or domestic partner may not be enrolled during a PIE resulting from the birth or adoption of a child.

Children may be enrolled during their PIE or at any time without a statement of health.

ELIGIBILITY

If both you and a family member are UC employees, you may choose to cover yourself under the Supplemental Life plan or, if eligible, under your family member’s Dependent Life plan. You cannot be covered by both plans.

If you miss your period of initial eligibility, you must submit an application along with evidence of insurability when enrolling a spouse or domestic partner. The insurance company decides whether to approve the application. This is not required for children — children may be enrolled at any time.

You may transfer your dependents from the Expanded plan to the Basic plan at any time. However, to transfer your spouse or domestic partner from the Basic plan to the Expanded plan, you must submit an application, along with a statement of health, for that person.

WHEN COVERAGE BEGINS

If your dependent is confined for medical care or treatment, your dependent’s new or increased coverage will begin on the first day after medical release. This does not apply to your newborn child.

WHAT THE PLANS COVER

BASIC DEPENDENT LIFE

This plan covers your spouse or domestic partner and/or your eligible children; the benefit is $5,000 for each dependent. See pages 13 and 14 for each family member’s requirements for eligibility. You are the beneficiary if a covered dependent dies.

EXPANDED DEPENDENT LIFE

You may choose to cover:

• Your legal spouse or domestic partner with a benefit amount equal to 50 percent of your Supplemental Life Insurance amount, up to a maximum benefit of $200,000, and/or
• Your eligible children with a benefit of $10,000 each

You are the beneficiary if a covered dependent dies. You may designate someone else to receive benefits if a covered spouse or domestic partner dies. You cannot designate an alternate beneficiary for covered children. Use the Designation of Alternate Beneficiary — Expanded Dependent Life and AD&D Insurance form (UBEN 119), available online at ucal.us/UBEN119.

Living Benefit Option: This option allows a terminally ill spouse or domestic partner covered for at least one year to receive some life insurance benefits before death. The benefit — 50 percent of the total benefit, up to $50,000 — is paid directly to the spouse or partner in a lump sum or in 12 equal monthly installments. The money can be used for any purpose. The benefit that would otherwise be payable to beneficiaries at death is reduced by the amount paid to the spouse or partner. Your life insurance plan booklet has more information.

COST OF COVERAGE

Use the online Life Insurance Premium Estimator (ucal.us/lifepremiumestimator) to determine your monthly premium.
Dependent Life Insurance

WHEN COVERAGE ENDS
If you leave UC employment, you are no longer eligible for Basic or Expanded Dependent Life insurance. You may port or convert your coverage if you apply within 31 days of the date your UC-sponsored coverage ends.

If you participate in Prudential’s group term-life Portability benefit for your Supplemental Life Insurance (see page 36), you may also continue Dependent Life coverage within the same Portability benefit. See your Benefits Office for more information.

You may also convert your Dependent Life to an individual policy without a statement of health if:

• Your UC-sponsored coverage ends, or
• You become totally disabled and you are covered under the Supplemental Life Insurance waiver of premium benefit.

You have 31 days from the date your coverage ends to submit your application and the appropriate premiums to Prudential, the plan administrator.

Conversion options are generally more expensive and may provide fewer benefits than UC-sponsored plans. See your plan booklet or call your plan for more information.

FOR MORE INFORMATION
A copy of the life insurance plan booklet is available online at ucal.us/EOCs.
Accidental Death and Dismemberment Insurance

Benefits package: Full, Mid-Level, Core

Who's covered: You and your eligible family members

Who pays the premium: You

The financial impact of an accident can be devastating. To help protect you and your family from the financial hardship of an unforeseen accident, UC offers Accidental Death and Dismemberment (AD&D) insurance.

WHEN TO ENROLL
You may enroll at any time.

WHAT THE PLAN COVERS
The plan provides $10,000 to $500,000 coverage for accidental death, dismemberment or loss of sight, speech or hearing caused by an accident. It offers three levels of coverage:

- Individual coverage for you only
- Family coverage for you, your spouse or eligible domestic partner and your child(ren). This plan covers your spouse or domestic partner for 60 percent of your coverage amount. If eligible children are covered, then your spouse or domestic partner is covered for 50 percent of your amount and each child for 20 percent.
- Modified family coverage for you and your child(ren). Each eligible child is covered for 20 percent of your amount.

If you are on leave for health reasons on the day you become eligible for coverage, your coverage starts the day after your first full day at work.

THE PLAN OFFERS THESE ADDITIONAL BENEFITS:

Seatbelt Benefit: The plan pays an additional 10 percent if you or a covered family member dies in a car accident while using a seatbelt or an airbag.

Indemnity for a Child's Dismemberment or Paralysis: The plan pays a percentage of the covered amount if an accident causes irreversible paralysis of a covered child. The percentage payable depends on the degree of the paralysis.

Rehabilitation Benefit: The plan will pay up to $10,000 for covered rehabilitative expenses for two years after the date of an accident that causes dismemberment or paralysis. Work-related injuries covered under Workers' Compensation or other similar laws are excluded.

Education Benefit: Under family or modified family coverage, if you die in a covered accident, the plan pays for your child's higher education — the lesser of the actual tuition, 5 percent of your coverage amount, or $1,500 annually. The child must be enrolled in an institution of higher learning on the date of the accident, or be a high school student and enroll in an institution of higher learning within 365 days of high school graduation.

Day Care Benefit: The plan will pay for up to four years of day care expenses (up to the plan limit) for covered children under age 13 if you die due to a covered accident.

Repatriation of Remains: If you or a covered dependent suffer an accidental death while at least 100 miles from home, the plan will pay for covered expenses up to $50,000 to return your body or the body of a covered dependent to your home.

Common Disaster Benefit: If you and your covered spouse or eligible domestic partner both die within 90 days of the same covered accident, your spouse’s or eligible domestic partner’s principal benefit amount will be increased to equal yours to a maximum of $500,000.

Coma Benefit: The plan will pay a portion of your benefits when a covered accident renders you or a covered family member comatose within 30 days of the accident.

Natural Disaster: The plan will pay an additional 10 percent if you or a covered family member suffers loss as a result of an officially declared natural disaster (e.g., storm, earthquake, flood).

Permanent and Total Disability Benefit (for employee only): See plan booklet for details.

COST OF COVERAGE
Your cost depends on the level of coverage and coverage amount you choose. Use the rate chart online at ucal.us/adanddpremums to determine your monthly premium.

WHEN COVERAGE ENDS
If you leave UC employment, you may convert your coverage to an individual policy if you apply within 31 days of the date your UC-sponsored coverage ends.

Conversion options are generally more expensive and may provide fewer benefits than UC-sponsored plans. See your plan booklet or call your plan for more information.
Accidental Death and Dismemberment Insurance

EXCLUSIONS
There are certain exclusions under the AD&D insurance. See your plan booklet for more information.

FOR MORE INFORMATION
The AD&D plan booklet is available online at ucal.us/EOCs, with additional details.
Business Travel Accident Insurance

Benefits package: Full, Mid-Level, Core

Who’s covered: You and your traveling companion(s)

Who pays the premium: UC

UC faculty and staff traveling on official UC business are covered, at no cost to you, worldwide 24 hours a day for a variety of accidents and incidents.

WHAT THE PLAN COVERS

The coverage includes:

• Accidental death
• Accidental dismemberment
• Paralysis
• Permanent total disability benefits
• Evacuation in the event of a security emergency
• Travel assistance services when you are 100+ miles from your home and workplace (see below for more information)

Your spouse/domestic partner, dependent child(ren) or other traveling companion are covered when accompanying you on a business trip.

TRAVEL ASSISTANCE SERVICES

In addition to insurance protection, the plan gives you access to travel services around the world, including:

• Medical assistance such as referral to a doctor or medical specialist, medical monitoring if you are hospitalized, emergency medical evacuation to an adequate facility, medically necessary repatriation and return of remains
• Personal assistance such as embassy and consular information, assistance with lost documents, emergency message transmission, emergency cash advance, emergency referral to a lawyer, access to a translator or interpreter, medical benefits verification and assistance with medical claims
• Travel assistance, including emergency travel arrangements for the return of your traveling companion or dependents

HOW THE PLAN WORKS

When you travel on official university business, you are automatically covered by UC’s business travel insurance when you make your arrangements through any of UC’s preferred travel agencies found in Connexxus, UC’s systemwide travel program. For all other travel, you must register your travel online at ucop.edu/risk-services-travel/registering.html. Once registered, you will receive confirmation of coverage for your trip and information to use in the event of an emergency.

You will also receive current travel alerts for your destination and information about changing conditions that may arise during the course of your travel. The plan also gives you access to general information about your destination, including information about security, health, communications and technology, transportation, legal, entry and exit, financial, weather and environment, language and culture.

BENEFICIARIES

For purposes of accidental death benefits, the insurance company automatically designates as your beneficiary the first survivor in this list:

• Your legal spouse or domestic partner
• Your child or children
• Your mother or father
• Your sisters or brothers
• Your estate

If you wish to designate your beneficiaries differently than this sequence, you must complete a Faculty Beneficiary Designation form which can be requested by calling UC Risk Services at 510-987-9832.

Your beneficiary designation remains in effect until it is either changed or revoked. It does not automatically end with the return from a business trip.

FOR MORE INFORMATION

Additional information, including frequently asked questions, a summary of coverage and claim forms is available online at ucop.edu/risk-services-travel/index.html.
Adoption Assistance Plan

Benefits package: Full, Mid-Level, Core

Who's covered: You

Who pays the costs: UC

UC supports eligible faculty and staff who wish to expand their immediate families through adoption. The Plan provides financial support through reimbursement of up to $5,000 of eligible expenses per adoption.

HOW TO ENROLL

Unlike other UC Health & Welfare benefits, no enrollment is required in the Adoption Assistance Plan. After your adoption is legally finalized you complete the UC Adoption Verification and Claims Filing Forms and send them to the Plan’s Claims Administrator to receive benefits from the plan.

HOW THE PLAN WORKS

You pay for your adoption-related expenses throughout the adoption process, retaining receipts and other documentation. After the adoption is legally finalized, you can request reimbursement for up to $5,000 of eligible expenses per adoption. The Plan limits covered adoptions to two per employee, with a maximum of $10,000 in benefits in the employee’s lifetime. If both adoptive parents are employees of the University the Plan limits covered adoptions to two per household, with a combined maximum of $10,000 in benefits during their lifetime.

EXPENSES

To receive reimbursement, incurred expenses must be directly related to and for the principal purpose of adoption. Guidance by the IRS determines which expenses are eligible for reimbursement.

ELIGIBLE EXPENSES

• Attorney fees and court costs
• Licensed adoption agency and placement fees
• Immigration, translation and document authentication fees
• Re-adoption expenses for a foreign child
• Travel expenses, including meals and lodging while away from home
• Parent, child and family adoption counseling fees
• Home suitability study fees

INELIGIBLE EXPENSES

• Surrogate parenting arrangements
• Embryo adoption
• Expenses paid or reimbursed by other sources, including but not limited to other benefit or insurance plans
• Expenses claimed as a credit or deduction on personal tax returns
• Expenses that violate state or federal law
• Expenses incurred prior to your employment with UC
• Personal items including clothing and food
• Medical expenses for the adopted child or birth mother

LIMITATIONS

• Qualified Expenses incurred throughout the adoption process are not eligible for reimbursement until after the adoption is legally finalized.
• Expenses incurred for adoptions that are unsuccessful (not legally finalized) do not qualify for reimbursement.
• Expenses related to adoptions finalized prior to the July 1, 2021, establishment of the Plan are not eligible for reimbursement.
• Expenses incurred prior to employment with UC are not eligible for reimbursement, even if the adoption is finalized while you are a participant in the Plan.

WHEN COVERAGE ENDS

Participation in the Plan ends on the last day of the month in which employment with the University terminates or an employee ceases to meet the eligibility requirements of the Plan.

WHO ADMINISTERS THE PLAN

WEX Health is the Claims Administrator. They process claims for reimbursement on behalf of the University.

FOR MORE INFORMATION

Additional information including frequently asked questions, the Adoption Assistance Plan Policy, and instructions for filing claims are available online at ucal.us/adoptionassistance.
Legal Insurance

Benefits package: Full, Mid-Level, Core
Who's covered: You and your family members
Who pays the premium: You

Most people need legal advice at one time or another. UC offers the ARAG Legal Insurance plan, which gives you access to a range of personal legal services. The plan provides assistance with routine matters and covers most basic legal needs.

You may enroll during your PIE or during Open Enrollment.

WHAT THE PLAN COVERS

- Legal advice, representation and preparation for covered matters or review of specific documents in-office from an ARAG network attorney
- Network attorney fees are paid in full for most covered matters. For any personal legal matter not covered and not excluded — including immigration assistance — receive at least 25 percent off a network attorney’s normal hourly rate.
- Legal advice via phone from ARAG’s nationwide network of telephone attorneys
- Estate planning documents, including wills, trusts, powers of attorney, health care directive, funding a trust and trust dispute
- Diversity and Inclusion services, including domestic partnership agreements, funeral directives, hospital visitation rights and gender-identifier changes on government-issued documents
- Family legal matters, including divorce, separation and annulment (with a 25-hour cap in coverage if contested); pre-nuptial agreements; child custody and support; visitation and/or alimony; Qualified Domestic Relations Orders; defense and establishment of paternity; adoption, guardianship/conservatorship; executor appointment; elder care and name change
- Identity Theft Protection, including single-bureau credit monitoring, internet surveillance, child identity monitoring, full-service identity restoration, lost wallet services, change of address monitoring and identity theft insurance1
- Consumer protection issues including personal bankruptcy, debt collection defense and legal representation for enforcement of warranties or promises in connection with lease or purchase of goods or services
- Real estate matters including purchase, sale or refinance, home equity/construction loans, real estate disputes, residential contractor disputes and secondary residence matters including foreclosure, neighbor disputes, property tax, zoning and variances, building codes and easements
- Tax planning, preparation2 and audit support
- Assistance with administrative hearings including educational, building/zoning/easements, Social Security/veterans/Medicare benefits, and more
- Domestic violence protective orders
- Enforcement and modification of child support orders, modification of alimony orders, guardianship and conservatorship accounting, and establishment of restraining orders
- Defense of traffic offenses, including traffic tickets
- Driving privilege protection, driving restoration — DWI
- Defense of misdemeanor charges such as trespassing, public intoxication and vandalism
- General In-Office — six hours of attorney time per family per certificate year for advice, negotiation and service for personal legal matters that are not covered or excluded
- Online legal tools and resources, such as DIY Docs® that enable you to create documents like a standard will, power of attorney, child medical authorization, HIPAA authorization, contractor agreement and more

Go to araglegal.com/ucinfo or refer to the plan booklet for the full list of covered services, plan limitations and exclusions.

HOW TO USE THE PLAN

Before consulting any attorney, call ARAG to be sure the plan serves you to your best advantage. When you call ARAG, a customer care specialist will advise you on the services the plan will cover and send you a CaseAssist confirmation package, which includes a description of coverage and a list of network attorneys available in your area.

All network attorneys have met ARAG’s requirements and agreed to provide the services described in the plan booklet. When you use a network attorney, fees for most covered matters are paid in full.

1 The Identity Theft Insurance is underwritten and administered by American Bankers Insurance Company of Florida, an Assurant company. Please refer to the actual policies for terms, conditions, and exclusions of coverage. Coverage may not be available in all jurisdictions. Please see the identity theft plan summary for details.

2 There is a flat $50.00 charge for each personal tax return prepared (federal, state, local), limited to the preparation of tax forms 1040, 1040A or 1040EZ (includes Schedule A, Schedule B and Schedule D). If the tax return requires any other schedules, an additional fee of $60.00 per hour will be billed to the member. If a different type of personal tax return is required, the member will be billed $60 per hour for the preparation of the return and any schedules.
Legal Insurance

ARAG network attorneys provide services in two ways:

• Telephone: You may call a telephone network attorney who will either work with you over the phone or recommend that you meet with an attorney in person. Using telephone network attorneys can help you get the most from the plan.

• Office appointments: The plan covers a wide range of legal matters, most of which are fully paid when you work with a network attorney. For matters not listed, and not excluded, the plan provides a general in-office benefit for up to four hours per year.

If you prefer, you may use an attorney outside the ARAG network on a matter covered under the plan. In that case, the plan reimburses you up to the benefit amount indicated in the plan booklet.

COST OF COVERAGE

Your monthly cost depends on whether you choose individual or a family coverage option. See the plan costs online at ucal.us/legal.

WHEN COVERAGE ENDS

If you leave UC employment, you may convert your coverage to an individual policy if you apply within 31 days of the date your UC-sponsored coverage ends. See your plan booklet or call ARAG for more information.

FOR MORE INFORMATION

Visit the ARAG website: araglegal.com/ucinfo

See the plan booklet online at ucal.us/EOCs

Call ARAG: 800-828-1395 or TTD: 800-383-4184
Pet Insurance

Benefits package: Full, Mid-Level, Core

Who’s covered: Pets owned by you or your eligible family members

Who pays: You pay premiums directly to Nationwide

Nationwide offers preferred pricing on pet insurance for UC faculty, staff and retirees. Plans are available for dogs, cats, birds, small mammals and exotics (such as reptiles); animals categorized as livestock (including horses) are not eligible.

You can enroll in pet insurance at any time, and your coverage will be effective approximately 14 days after your application is approved by Nationwide. Once enrolled, your policy will renew automatically each year.

WHAT THE PLAN COVERS

Nationwide provides coverage for treatment of accidents and illness. Pre-existing conditions are excluded. For complete information about coverage visit petinsurance.com/uc.

HOW THE PLAN WORKS

Learn more and enroll on the Nationwide website at petinsurance.com/uc. To enroll in coverage for your bird, small mammal, reptile or other exotic pet, or to speak to a representative, call Nationwide at 877-738-7874.

You’re free to visit any licensed veterinarian, anywhere in the world — even specialists and emergency providers. Simply pay your vet bill and then submit a claim to Nationwide for reimbursement.

COST OF COVERAGE

Premiums vary depending on your type of pet and where you live, and you’ll pay your premiums directly to Nationwide.

WHEN COVERAGE ENDS

If you leave UC, Nationwide will automatically continue your coverage. However, the premium may change at policy renewal, as group preferred pricing may no longer apply.

FOR MORE INFORMATION

Petinsurance.com/uc
877-738-7874
Family Care Resources

**Benefits package:** Full, Mid-Level, Core¹

**Who's covered:** You and your family members

**Who pays:** UC pays for access; you pay for care

Finding the right caregivers for loved ones is one of the toughest challenges many working families face. UC offers Bright Horizons Enhanced Family Supports Program to help employees find the right match for their family care needs, including child care centers, nannies, babysitters, elder care planning, pet care, tutoring/test prep, and more. Their online resources help you find quality caregivers that fit your family’s needs.

Bright Horizons Enhanced Family Supports Program includes access to:

- Sittercity, which offers individual in-home caregivers, including babysitters, nannies, senior caregivers, pet sitters, tutors and housekeepers
- Years Ahead, which offers a nationwide network of memory and hospice care facilities, independent and assisted living communities, and in-home health care and senior care companions
- Preferred enrollment at select Bright Horizons centers nationwide, tuition discounts at partner centers and discounted tutoring and test prep through BrightStudy

**COST OF COVERAGE**

UC pays the fee that gives you access to the Enhanced Family Supports Program with its networks of prescreened providers. You make all the arrangements, including selecting, hiring and paying providers.

**WHEN COVERAGE ENDS**

If you leave UC employment or move to an ineligible position, you may convert your Bright Horizons account to an individual consumer membership for an annual fee.

**FOR MORE INFORMATION**

clients.brighthorizons.com/universityofcalifornia
888-748-2489

¹ Participation in Bright Horizons Enhanced Family Supports Program is subject to bargaining with individual unions at UC. Contact your local Benefits Office to find out whether your union is participating in Bright Horizons Enhanced Family Supports Program benefit.
Health and Dependent Care Flexible Spending Account Plans

Benefits package: Full, Mid-Level, Core

Who’s covered: You

Who pays: You

UC’s Health and Dependent Care Flexible Spending Account plans (FSAs) allow you to pay for eligible out-of-pocket expenses for yourself and your eligible family members on a pretax basis. As a result, your salary is reduced before taxes are assessed, and you pay less in taxes.

ELIGIBILITY

You are eligible to enroll in the Health and Dependent Care Flexible Spending Accounts while you are eligible for Full, Mid-Level or Core Benefits.

IRS rules do not allow enrollment in a Health FSA and a Health Savings Account (HSA) at the same time. This means that members of UC Health Savings Plan (paired with an HSA) are not eligible to participate in the Health FSA, and Health FSA participants may not switch their enrollment to UC Health Savings Plan midyear (for example, if they become eligible due to a life change).

ENROLLMENT AND CHANGES IN PARTICIPATION

You may enroll when you first become eligible, when you have an eligible change in family or employment status, or during Open Enrollment. If you enroll in the UC Health Savings Plan for your medical coverage, you cannot enroll in the Health FSA.

You enroll in the FSAs for the plan year, which ends on Dec. 31 of each year. You must re-enroll during Open Enrollment to participate the following year.

You may also change your contribution or cancel participation during a 31-day period of eligibility resulting from an eligible change in family or employment status. Midyear changes must be on account of and consistent with the change in status. See the Health or DepCare FSA Summary Plan Description for details regarding what types of changes are allowed.

Enrollment and changes in contributions take effect on the first of the month following the action taken, subject to payroll deadlines.

HOW THE PLANS WORK

You determine the annual amount of your contributions to a plan, subject to the contribution limit for that plan. An equal portion of that amount is deducted from your paycheck and credited to your Health FSA and/or DepCare FSA account. When you have eligible expenses, you pay them from your account.

It’s important to estimate your annual expenses carefully, because, based on Internal Revenue Service (IRS) regulations and plan rules, unclaimed funds in your account after the closing date for the plan year will be forfeited.

Each plan has its own rules, so be sure to read the details about each plan below.

PLAN ADMINISTRATION

WEX Health is the plan administrator for the FSAs; they handle all claims processing and reimbursement. WEX must receive claims for a plan year by April 15 of the following year in order to reimburse the expenses; for example, they must receive claims for the 2023 plan year by April 15, 2024.

HEALTH FSA

The Health FSA allows you to pay for eligible out-of-pocket health care expenses on a pretax basis. The Health FSA covers expenses for yourself, your legal spouse, your children up to age 26 or anyone else you claim as a dependent on your federal income tax return. Expenses must meet the requirements of Internal Revenue Code (IRC) §213(d) to be eligible for reimbursement.

Eligible expenses include:

- Copayments and deductibles, but not premiums
- Prescription drugs
- Menstrual care products
- Certain over-the-counter medications
- Orthodontia
- Eyeglasses and contact lenses
- Laser eye surgery
- Other health care expenses that are not reimbursed by your medical, dental or vision plan

Note that while an expense may be an eligible tax deduction, it may not be an eligible expense under the Health FSA (for example, medical plan premiums). Expenses reimbursed under the Health FSA may not be deducted on your federal income tax form.

If you enroll in a Health FSA in 2023, you can carry over unused Health FSA funds up to $610 to the 2024 plan year.

With the carryover, if your balance is less than $610, you do not have to rush to spend all of your Health FSA funds or worry about losing money when the current plan year ends — even if you do not re-enroll for the next plan year. Here’s how it works:

- You have until Dec. 31 of the plan year to incur eligible expenses, and until April 15 of the following year to file them.
- After the run-out period ends (on April 15), unused funds up to $610 will be credited automatically to your account. Unused funds greater than $610 will be forfeited.
- If you do not re-enroll for the next plan year, you may still carry over up to $610, but only for one year. In addition, if you do not re-enroll you must have at least $25 remaining in your account to be able to carry over funds to the next plan year. Funds under $25 are forfeited.
- To be eligible for a carryover, you must be actively enrolled in the plan as of Dec. 31. For example, if you have a status change and cancel your participation before December, any unused balance will be forfeited.
If you enroll midyear, expenses incurred before the date your enrollment is effective are not eligible for reimbursement. The effective date generally is the first of the month following your enrollment, but it may be later, depending on payroll deadlines.

If you enroll in the Health FSA, you will be issued a debit card that can be used to pay for eligible health care expenses at approved health care merchants such as doctors’ offices and pharmacies. Instead of paying first and then filing a claim for reimbursement, the expenses are automatically deducted from your account. In some cases you may need to provide WEX Health, the plan administrator, with documentation to substantiate the eligibility of your expenses.

Expenses submitted for reimbursement are carefully evaluated against the IRC (§213) list of eligible expenses. If you use your FSA debit card at a merchant with a health care inventory information approval system (IIAS) in place, you will not need to go through this process. You may be asked for supporting documentation if your expenses are not recognized as eligible expenses. See the WEX Health website (uc-fsa.com) or the Health FSA Summary Plan Description for more information.

CONTRIBUTION LIMITS AND FORFEITURE RULES

You may contribute a minimum of $180 to a maximum of $2,850 annually to your Health FSA. If both you and your spouse are UC employees, you may each contribute up to $2,850. The carryover does not count against the $2,850 maximum contribution.

Be sure to estimate your expenses carefully before enrolling. Unless you experience a permitted status change (see the Health FSA Summary Plan Description for details), once elected, you cannot change the amount of your contribution if you miscalculate your anticipated expenses or misunderstand what expenses are eligible. As noted above, you may be required to forfeit some unclaimed funds in your account after the closing date for the plan year.

LIMITED PURPOSE FLEXIBLE SPENDING ACCOUNT

If you are participating in the Health FSA and wish to transfer to the UC Health Savings Plan (with Health Savings Account) at the start of a new plan year, the balance remaining in your Health FSA may be transferred to a Limited Purpose Flexible Spending Account (FSA).

The Limited Purpose FSA is available only if you meet all the following criteria:

- Are eligible for the Faculty/Staff Benefits program
- Participated in the Health FSA during a plan year
- Have a carryover balance greater than $25 at the end of that plan year
- Enroll in the UC Health Savings Plan for the following plan year

In the above circumstances, a Limited Purpose FSA will be created for you automatically by WEX Health (you do not have to elect to participate). The balance of the Health FSA that is eligible for carryover is placed in the Limited Purpose FSA and available for you to obtain reimbursement for allowed expenses on a pretax basis.

Contributions to the Limited Purpose FSA are limited to the Health FSA balance; the participant may not contribute additional funds.

The effective date of the Limited Purpose FSA is Jan. 1 of the year in which it is created, and the plan terminates on Dec. 31 of that year. For example, a Limited Purpose FSA created Jan. 1, 2023, funded by the remaining Health FSA balance from 2022, is in effect until Dec. 31, 2023.

There is no carryover provision for the Limited Purpose FSA. Any balance remaining at the end of the run-out period for the plan year is forfeited.

Participation in the Limited Purpose FSA is limited to one year; a participant may not re-enroll for a subsequent plan year.

The Limited Purpose FSA can be used to cover eligible expenses incurred by you, your spouse and your eligible dependents as defined by IRS rules (the same as for Health FSA).

The types of expenses that qualify for Limited Purpose FSA reimbursement are more limited than for the Health FSA, and are generally restricted to expenses for dental, vision and preventive care services. Refer to uc-fsa.com or Section 213 of the Internal Revenue Code for eligible expenses.

To be paid, claims must be for eligible dental, vision and preventive care services that are not reimbursable from any other source and must include valid supporting documentation. Eligible expenses must be incurred between Jan. 1 and Dec. 31 of the plan year. Claims must be filed by April 15 of the following year.

As with the Health FSA, if you terminate employment with funds left in the Limited Purpose FSA, you may submit claims for any eligible expenses incurred before employment ended. Any unused funds will be forfeited after the run-out period unless participation is extended through COBRA.

WHEN COVERAGE ENDS OPPORTUNITIES FOR CONTINUATION

If you lose eligibility for the Health FSA, you may continue your participation through COBRA.

The Limited Purpose FSA is also eligible for COBRA continuation, which allows you to submit claims for eligible expenses incurred through the end of the plan year. COBRA continuation is valid for the current plan year only; no funds can be carried forward to the following plan year.

DEPENDENT CARE FSA

The DepCare FSA allows you to pay for eligible expenses for care of your child or eligible adult dependent on a pretax basis. After you incur eligible dependent care expenses, you can use the debit card issued by WEX Health or submit a claim form and receipts for the expenses to WEX Health. If you file a claim, WEX
ELIGIBLE EXPENSES

Dependent care must be necessary so that you, or you and your spouse, can work or look for work. You must have work income during the year to participate in the DepCare FSA. If you are married, your spouse must also have earned income during the year, unless your spouse is incapable of self-care or is a full-time student.

If care is provided in a day-care center, the center must charge a fee. If the center cares for six or more children who are not residents, it must comply with all state and local licensing laws and applicable regulations.

To be eligible, expenses must be for the following eligible family members:

- A child under age 13 in your custody whom you claim as a dependent on your tax return;
- A legal spouse (as defined under federal law) who is physically or mentally incapable of self-care; and
- A dependent who lives with you — such as a child over age 13, a parent, sibling, in-law or other adult — who is physically or mentally incapable of self-care, and whom you claim as a dependent on your tax return.

If care is provided outside the home for a spouse or a family member age 13 or older, either of whom is physically or mentally incapable of self-care, the spouse or family member must live in your home at least eight hours each day.

There is no carryover feature in the DepCare FSA. However, the plan has a grace period, which ends on March 15, 2024, for the 2023 plan year. This means that unused funds contributed in the 2023 plan year can be used for reimbursement of claims incurred from your 2023 enrollment date through March 15, 2024. The deadline for submitting claims is April 15, 2024.

Expenses incurred after your DepCare FSA participation ends are not eligible for reimbursement. If you enroll midyear, expenses incurred before the date your enrollment is effective are not eligible for reimbursement. The effective date generally is the first of the month following your enrollment, but may be later depending on payroll deadlines.

Expenses submitted for reimbursement are carefully evaluated against the IRC requirements for eligible expenses. If your expenses are not clearly eligible according to the IRC, you will need to submit additional information to WEX Health and you may not be reimbursed for these expenses. In some cases, you may need a tax adviser’s statement certifying the eligibility of the expense.

See the WEX Health website (uc-fsa.com), IRS Publication 503, Child and Dependent Care Expenses (available on the IRS website at irs.gov) or the DepCare FSA Summary Plan Description for more information.

CONTRIBUTION LIMITS AND FORFEITURE RULES

When you enroll in the DepCare FSA, you determine how much you want deducted from your monthly pay, from a minimum of $180 per year ($15 per month) to the least of:

- Employees who earned under $135,000 in 2022: $5,000 per plan year ($2,500 if you are married and filing a separate income tax return);
- Employees who earned $135,000 or over in 2022: $3,000 per plan year;
- Your total earned income; or
- Your spouse’s total earned income. (You may not contribute to the DepCare FSA if your spouse’s earned income is $0 and your spouse is capable of self-care or is not a full-time student.)

The maximum contribution to the DepCare FSA is the same regardless of your marital status or the number of eligible dependents.

If your spouse is also eligible to participate in UC’s or another employer’s dependent care FSA, your combined contributions cannot exceed the contribution maximum.

Be sure to estimate your expenses carefully before enrolling. Unless you experience a permitted status change (see DepCare FSA Summary Plan Description for details) once elected, you cannot change the amount of your contribution due to miscalculating your anticipated expenses or to misunderstanding what expenses are eligible. The IRS requires that you forfeit any unclaimed funds in your account after the closing date for the plan year.

DEPCARE FSA AND DEPENDENT CARE TAX CREDIT

Your participation in the DepCare FSA may or may not provide more tax savings than using the federal dependent care tax credit. Any payment from the DepCare FSA reduces, dollar for dollar, the expenses eligible for the dependent care tax credit. Your tax savings from the FSA depend on your particular tax situation. For a general comparison of the DepCare FSA with the tax credit, see the DepCare FSA Summary Plan Description.

If you need specific advice about how the DepCare FSA applies to your tax situation, please consult a tax adviser.

WHEN COVERAGE ENDS

If you lose eligibility for DepCare FSA, contributions and coverage end. There are no options to continue or convert your coverage.

FOR MORE INFORMATION

This is only an overview of the Health and DepCare Flexible Spending Account plans. Be sure to review the Summary Plan Descriptions, available online at ucal.us/EOCs. Additional information about the FSA plans is available on the WEX Health website (uc-fsa.com).
Legal Notices

PARTICIPATION TERMS AND CONDITIONS

Your Social Security number, and that of your enrolled family members, is required for purposes of benefit plan administration, for financial reporting, to verify your identity, and for legally required reporting purposes all in compliance with federal and state laws.

If you are confirmed as eligible for participation in UC-sponsored plans, you are subject to the following terms and conditions:

ARBITRATION

With the exception of benefits provided or administered by Optum Behavioral Health, UC-sponsored medical plans require resolution of disputes through arbitration.

With regard to each plan, except a Kaiser Foundation Health Plan, by your written or electronic signature, IT IS UNDERSTOOD AND YOU AGREE THAT ANY DISPUTE AS TO MEDICAL MALPRACTICE — THAT IS, AS TO WHETHER ANY MEDICAL SERVICES RENDERED UNDER THE CONTRACT WERE UNNECESSARY OR UNAUTHORIZED OR WERE IMPROPERLY, NEGLIGENTLY OR INCOMPETENTLY RENDERED — WILL BE DETERMINED BY SUBMISSION TO ARBITRATION AS PROVIDED BY CALIFORNIA LAW AND NOT BY A LAWSUIT OR RESORT TO COURT PROCESS, EXCEPT AS CALIFORNIA LAW PROVIDES FOR JUDICIAL REVIEW OF ARBITRATION PROCEEDINGS. BOTH PARTIES TO THE CONTRACT, BY ENTERING INTO IT, ARE GIVING UP THEIR CONSTITUTIONAL RIGHT TO HAVE ANY SUCH DISPUTE DECIDED IN A COURT OF LAW BEFORE A JURY AND INSTEAD ARE ACCEPTING THE USE OF ARBITRATION.

With regard to enrollment in a Kaiser Foundation Health Plan (KFHP), I understand that (except for Small Claims Court cases, claims subject to a Medicare appeals procedure or the ERISA claims procedure regulation, and any other claims that cannot be subject to binding arbitration under governing law) any dispute between me, my heirs, relatives, or other associated parties on the one hand and Kaiser Foundation Health Plan, Inc., any contracted health care providers, administrators, or other associated parties on the other hand, for alleged violation of any duty arising out of or related to membership in KFHP, including any claim for medical or hospital malpractice (a claim that medical services were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered), for premises liability, or relating to the coverage for, or delivery of, services or items, irrespective of legal theory, must be decided by binding arbitration under California law and not by lawsuit or resort to court process, except as applicable law provides for judicial review of arbitration proceedings. I agree to give up our right to a jury trial and accept the use of binding arbitration. I understand that the full arbitration provision is contained in the Evidence of Coverage.

For more information about each plan’s arbitration provision please see the appropriate plan booklet or call the plan.

- UC and UC health and welfare plan vendors comply with federal/state regulations related to the privacy of personal/confidential information including the Health Insurance Portability and Accountability Act of 1996 (HIPAA) as applicable. To fulfill the responsibilities and perform the service required under contracts with UC, health plans and associated service vendors may share UC member health information between and among each other within the limits established by HIPAA and federal/state regulations for purposes of health care operations, payment, and treatment.

- By making an election with your written or electronic signature you are authorizing the University to take deductions from your earnings (employees)/monthly Retirement Plan income (retirees)/designated bank account (direct payment retirees) to cover your contributions toward the monthly costs (if any) for the plans you have chosen for yourself and your eligible family members. You are also authorizing UC to transmit your enrollment demographic data to the plans in which you are enrolled.

- You are subject to all terms and conditions of the UC-sponsored plans in which you are enrolled as stated in the plan booklets and the University of California Group Insurance Regulations.

- By enrolling individuals as your family members you are certifying that those individuals are eligible for coverage based on the definitions and rules specified in the University of California Group Insurance Regulations and described in UC health and welfare plan eligibility publications. You are also certifying under penalty of perjury that all the information you provide regarding the individuals you enroll is true to the best of your knowledge.

- If you enroll individuals as your family members you must provide, upon request, documentation verifying that those individuals are eligible for coverage. The carrier may also require documentation verifying eligibility. Verification documentation includes, but is not limited to, marriage or birth certificates, domestic partner verification, adoption papers, tax records and the like.

- If your enrolled family member loses eligibility for UC-sponsored coverage (for example because of divorce or loss of eligible child status) you must notify UC by disenrolling that individual. If you wish to make a permitted change in your health or flexible spending account coverage you must notify UC within 31 days of the eligibility loss event; for purposes of COBRA, eligibility loss notice must be provided to UC within 60 days of the family member’s loss of coverage. However, regardless of the timing of notice to UC, coverage for the ineligible family member will end on the last day of the month.
Legal Notices

• Making false statements about satisfying eligibility criteria, failing to timely notify the University of a family member’s loss of eligibility, or failing to provide verification documentation when requested may lead to disenrollment of the affected family members. Employees/retirees may also be subject to disciplinary action and disenrollment from health benefits and may be responsible for any cost of benefits provided and UC-paid premiums due to misuse of plan.

• Under current state and federal tax laws, the value of the contribution UC makes toward the cost of health coverage provided to domestic partners and certain other family members who are not “your dependents” under state and federal tax rules may be considered imputed income that will be subject to income taxes, FICA (Social Security and Medicare), and any other required payroll taxes. (Coverage provided to California registered domestic partners is not subject to imputed income for California state tax purposes.)

• If you specifically ask UC representatives to intercede on your behalf with your insurance plan, University representatives will request the minimum necessary protected health information required to assist you with your problem. If more protected health information is needed to solve your problem, in compliance with state laws and federal privacy laws (including HIPAA), you may be required to sign an authorization allowing UC to provide the health plan with relevant protected health information or authorizing the health plan to release such information to the University representative.

• Actions you take during Open Enrollment will be effective the following Jan. 1 unless otherwise stated — provided all electronic and form transactions have been completed properly and submitted timely.

• By enrolling in the Critical Illness, Hospital Indemnity or Accident plans you agree to and are consenting to the following: If you have other coverage with Aflac and you intend for the group coverage with UC to replace any similar existing Aflac individual policy, please be aware that it may be in your best interest to maintain your individual guaranteed-renewable policy via direct bill. You have considered all of your existing health insurance coverage with Aflac and believe this additional coverage is appropriate for your insurance needs. You further understand that you can contact Aflac at 1-800-992-3522 regarding your individual policy and for assistance in evaluating the suitability of your insurance coverage. Any false statement or misrepresentation in the application that was made with actual intent to deceive Continental American Life Insurance Company may result in loss of coverage under the certificate. Any false statement or misrepresentation that was made in the Employee Application/Statement of Insurability shall not bar the right to recovery under the Certificate unless such statement was made with intent to deceive Continental American Life Insurance Company or unless it materially affected either the acceptance of the risk or the hazard assumed by the Company (Note: coverage sponsored by UC is guaranteed issue and no application or statement of insurability is required to enroll). California law prohibits an HIV test from being required or used by Continental American Life Insurance Company as a condition for obtaining health insurance coverage (Note: coverage sponsored by UC is guaranteed issue and no medical information is required to enroll).

HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT OF 1996 (HIPAA) NOTIFICATION FOR MEDICAL PROGRAM ELIGIBILITY

If you are declining enrollment for yourself or your eligible family members because of other medical insurance or group medical plan coverage, you may be able to enroll yourself and your eligible family members1 in a UC-sponsored medical plan if you or your family members lose eligibility for that other coverage (or if the employer stops contributing toward the other coverage for you or your family members.) You must request enrollment within 31 days after you or your family member’s other medical coverage ends (or after the employer stops contributing toward the other coverage).

In addition, if you have a newly eligible family member as a result of marriage or domestic partnership, birth, adoption, or placement for adoption, you may be eligible to enroll yourself, in addition to your eligible family member(s). You must request enrollment within 31 days after you or your family member’s other medical coverage ends (or after the employer stops contributing toward the other coverage).

If you decline enrollment for yourself or for an eligible family member because of coverage under Medicaid (in California, Medi-Cal) or under a state children’s health insurance program (CHIP) you may be able to enroll yourself and your eligible family members in a UC-sponsored plan if you or your family members lose eligibility for that coverage. You must request enrollment within 60 days after your coverage or your family members’ coverage ends under Medicaid or CHIP.

1 To be eligible for plan membership, you and your family members must meet all UC employee or retiree enrollment and eligibility requirements. As a condition of coverage, all plan members are subject to eligibility verification by the University and/or insurance carriers, as described above in the participation terms and conditions.
Also, if you are eligible for health coverage from UC but cannot afford the premiums, some states have premium assistance programs that can help pay for coverage. For details, contact the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services at [www.cms.gov](http://www.cms.gov) or 1-877-267-2323 ext. 61565.

IF YOU DO NOT ENROLL YOURSELF AND/OR YOUR FAMILY MEMBER(S) IN MEDICAL COVERAGE WITHIN THE 31 DAYS WHEN FIRST ELIGIBLE, WITHIN A SPECIAL ENROLLMENT PERIOD DESCRIBED ABOVE, OR WITHIN AN OPEN ENROLLMENT PERIOD, YOU MAY BE ELIGIBLE TO ENROLL AT A LATER DATE. However, even if eligible, each affected individual will need to complete a waiting period of 90 consecutive calendar days before medical coverage becomes effective and employee premiums may need to be paid on an after-tax basis (retiree premiums are always paid after-tax). Otherwise, you/they can enroll during the next Open Enrollment Period.

To request special enrollment or obtain more information, employees should contact their local Benefits Office and retirees should call the UC Retirement Administration Service Center (800-888-8267).

Note: If you are enrolled in a UC medical plan you may be able to change medical plans if:

- you acquire a newly eligible family member; or
- your eligible family member loses other coverage.

In either case you must request enrollment within 31 days of the occurrence.

In addition to the special enrollment rights you have under HIPAA, the University’s Group Insurance Regulations (GIRs) permit you to change medical plans under certain other conditions. See UC GIRs for additional detail.

**NOTICE REGARDING ADMINISTRATION OF BENEFITS**

By authority of the Regents, University of California Human Resources, located in Oakland, administers all benefit plans in accordance with applicable plan documents and regulations, custodial agreements, University of California Group Insurance Regulations, group insurance contracts, and state and federal laws. No person is authorized to provide benefits information not contained in these source documents, and information not contained in these source documents cannot be relied upon as having been authorized by the Regents. Source documents are available for inspection upon request (800-888-8267). What is written here does not constitute a guarantee of plan coverage or benefits — particular rules and eligibility requirements must be met before benefits can be received. The University of California intends to continue the benefits described here indefinitely; however, the benefits of all employees, retirees and plan beneficiaries are subject to change or termination at the time of contract renewal or at any other time by the University or other governing authorities. The University also reserves the right to determine new premiums, employer contributions and monthly costs at any time. Health and welfare benefits are not accrued or vested benefit entitlements. UC’s contribution toward the monthly cost of the coverage is determined by UC and may change or stop altogether, and may be affected by the state of California’s annual budget appropriation. If you belong to an exclusively represented bargaining unit, some of your benefits may differ from the ones described here. For more information, employees should contact their Human Resources Office and retirees should call the UC Retirement Administration Service Center (800-888-8267).

In conformance with applicable law and University policy, the University is an affirmative action/equal opportunity employer. Please send inquiries regarding the University’s affirmative action and equal opportunity policies for staff to Systemwide AA/EEO Policy Coordinator, University of California, Office of the President, 1111 Franklin Street, Oakland, CA 94607, and for faculty to the Office of Academic Personnel and Programs, University of California, Office of the President, 1111 Franklin Street, Oakland, CA 94607.
OTHER PLANS

Adoption Assistance Plan (WEX Health)
844 561-1338  ucal.us/adoptionassistance

Auto/Homeowner/Renter
Farmers Insurance Choice™
866-700 3113  farmersinsurancechoice.com/universityofcalifornia

Family Care Resources (Bright Horizons Enhanced Family Supports)
888 748 2489  clients.brighthorizons.com/universityofcalifornia

Flexible Spending Accounts  Dependent Care and Health
(WEX Health)
844 561 1338  uc-fsa.com

Legal (ARAG)
800 828 1395  araglegal.com/ucinfo

Pet Insurance (Nationwide)
877 738 7874  petinsurance.com/uc

UC SYSTEMWIDE RESOURCES

UCnet
ucnet.universityofcalifornia.edu

UCPath
855-982 7284  ucpath.universityofcalifornia.edu

UC Retirement At Your Service (UCRAYS)
retirementatyourservice.ucop.edu

UC BENEFITS OFFICES

Agriculture & Natural Resources
530 752 1774

Berkeley
510 664 9000, option 3

Davis
530 752 1774

Davis Health
916 734 8099

Irvine
949 824 0500

Irvine Health
949 824 0500

Los Angeles
310 794 0830

Los Angeles Health
310 794 0500

Merced
209 355 7178

Office of the President
855 982 7284

Riverside
951 827 4766

San Diego
858 534 2816

San Diego Health
619 543 3200

San Francisco
415 476 1400

San Francisco Health
415 353 4545

Santa Barbara
805 893 2489

Santa Cruz
831 459 2013

Lawrence Berkeley National Lab
510 486 6403

ASUCLA
310 825 7055

UC Law San Francisco
(formerly UC Hastings)
415 565 4703