Breastfeeding resources from UC’s medical plans

UC’s medical plans offer breastfeeding support resources, including nurses by phone, counselors, online programs and supplies — usually at no cost to you.¹

Contact your plan for details.

¹ This is a summary only; limitations, exclusions, exceptions and other qualifiers may apply. Call the plan or see the plan’s website for plan booklets and detailed benefit information.

Anthem Blue Cross (Core, UC Care and UC Health Savings Program)
ucppopplans.com
844-437-0486

Health Net (UC Blue & Gold HMO)
healthnet.com/uc
800-893-5597

Kaiser Permanente
kp.org/pregnancy
800-464-4000