

University of California Faculty and Staff Well-Being Workgroup

Vision, Mission, Goals and Objectives

Vision

The vision of the UC Faculty and Staff Well-Being Workgroup is to maintain work environments at all UC locations that promote healthy lifestyles, reduce risk, and enhance the quality of life for faculty, staff, and the UC community.

Mission Statement

The mission of the UC Faculty and Staff Well-Being Workgroup is to develop and support comprehensive, integrated, results-oriented wellness programs and a culture of health throughout the UC system.

Goal

The goal of the UC Faculty and Staff Well-Being Workgroup is to work with UC colleagues, leadership, key stakeholders, and collaborative partners to integrate wellness into the UC culture and contribute to the management and reductions of risks and health care costs throughout the UC system.

Objectives

- Partner with key stakeholders at UCOP (i.e. Systemwide HR, Office of Risk Services) and UC health plans to integrate wellness into the UC culture and establish wellness as a priority.
- Contribute and collaborate with the Healthy Campus Network systemwide group and local HCN Steering Committees to make UC the healthiest place to study, work and live for all students, staff and faculty.
- Identify, develop, and enhance wellness best practices, policies, resources, and programming.
- Share resources including, but not limited to:
 - Communications
 - Healthy work environment documents and resources (no capitols used here)
 - Culture of Health initiatives
 - Trainings and Guides
 - Worksite wellness websites for each location
 - Evaluation methods and outcomes
 - Worksite wellness continuing education and professional development opportunities.

Workgroup Process

- Identify and maintain the role of chair (or co-chairs) for the Workgroup. Co-Chairs serve for a 2-year minimum term.
- Maintain the Faculty and Staff Wellness Workgroup through listserv, monthly calls and email communications.
- Identify subcommittees (workgroups) for projects that are short term or ongoing along with a lead. Every member of the UC Faculty and Staff Wellness Workgroup is encouraged to contribute to at least one subcommittee.