

New Dimensions

Benefits Newsletter for UC Annuitants

Volume 16 Number 1, Winter 2001

UC Santa Barbara Adds Health Care Facilitator Program

The University is pleased to announce the opening of the Health Care Facilitator Program at UC Santa Barbara. This program began as a pilot last year at UC Irvine and UC Berkeley, where its success has proven it a valued asset to the University community. The purpose of this program is to help members understand and obtain the full benefits and services available to them under University-sponsored medical plans. It is also a resource for those having difficulty resolving problems with a medical plan.

In her recent letter to employees and annuitants in the Santa Barbara area, Associate Vice President Judith Boyette announced the new service at UC Santa Barbara and welcomed their Health Care Facilitator, Laura Morgan.

Laura is not new to the University, having earned her Ed.D. at UCLA and worked in HR Training and Development at UCSB for the past five years. The Health Care Facilitator Program, Laura feels, “provides an important service for faculty and staff.”



Laura Morgan,
Health Care Facilitator

Benefits Manager Tricia Hiemstra agrees. “The Program—and Laura’s presence in itself—enhance the benefit services we are able to offer. There is definitely a need, and Laura helps wonderfully to fill that need.” Hiemstra and the Santa Barbara Health Care Facilitator Advisory Board are confident this program will repeat in Santa Barbara the success it enjoys in Irvine and Berkeley.

Medicare Direct—New Service for Medicare Enrollees

If you are a member of Aetna’s U.S. Healthcare Company (the High Option Medicare Supplement plan, UC Care (out-of-area only) medical plan, or the Core medical plan), and are Medicare enrolled, you now have the service and convenience of Medicare Direct.

By taking advantage of this service, you will no longer have to file claims with Aetna U.S. Healthcare for medical benefits that are secondary to Medicare Part B (medical) expenses. Medicare Part B claims will be filed for you as follows:

- Your provider (physician/medical group) will file claims with Medicare.

- Medicare will determine how much of each claim it will pay.
- Medicare will automatically forward claims for the remaining expenses directly to Aetna U.S. Healthcare—electronically.

Medicare Direct will not change your medical benefits; it simply relieves you from filing claims.

Please remember, you will still be responsible for filing prescription claims and Medicare Part A (hospital) expenses; however, Medicare Part A claims are billed by the hospital directly to Medicare and, generally, to your secondary insurance.

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Medicare Direct—continued from page 1

You should have received the Medicare Direct mailing in late February. If you did not receive it or have any questions regarding Medicare Direct, or if you need assistance completing the registration card, please contact Aetna Member Services at 1-800-632-0524.

2001 Minimum Distributions—Heads Up!

If you will be subject to the federal minimum distribution requirements this year—that is, you're retired and will be age 70½ or older in 2001—this article will be of interest.

Early in January, the U.S. Treasury Department proposed new regulations that substantially affect the way minimum required distributions (MRDs) are calculated. Preliminary analysis indicates that the new regulations greatly simplify the MRD calculation. It also appears that many participants will be allowed to take less money out of their plans (the Defined Contribution Plan and the Tax-Deferred 403(b) Plan), which means that their savings can continue to grow on a tax-deferred basis for a longer period.

Employer-sponsored plans are not required to implement the new regulations until January 1, 2002. Because the changes appear to be beneficial to participants, however, UC HR/Benefits is considering implementation for MRDs issued for the 2001 tax year. To do so, we must review existing policies and procedures to determine what changes need to be made and how those changes can be accomplished. This process will take some time.

Under procedures developed for 2000 and following years, we had planned to mail MRD statements in February (for those who have already received an MRD from the UC plans) and in April (for those who are first subject to the rules in 2001). Because of the new regulations, the statements will be delayed. At this point, we anticipate mailing statements during summer 2001 and issuing checks in the fall.

Please watch for more information in upcoming newsletters and on our UCbencom website (www.ucop.edu/bencom).

UC Regents Approve Ad Hoc COLA

In January, the Regents approved a one-time, ad hoc cost-of-living adjustment (COLA) to restore the purchasing power of UCRP benefits to an 85% level. The COLA affects those who began receiving benefits July 1, 1985, or earlier; UCRP benefits that began after that date have maintained 85% or more. The increase was reflected in January benefit checks paid at the end of the month.

News From the UC Treasurer's Office

Earlier this month, nearly all members of the University community should have received in the mail an updated version of the brochure *Retirement Investment Funds*. The UC Treasurer's Office publishes this brochure to keep participants informed about the investment performance of the UC-managed funds and to provide a profile of the assets held in the funds' portfolios. It also summarizes the Treasurer's investment strategy and discusses some fundamental strategies about investing.

If you didn't receive this brochure, copies are available from the UC HR/Benefits Customer Service Center. (You can also find it on UCbencom—select "Retirement & Savings" at the top of the home page and then select "Tax-Deferred 403(b) Plan and Defined Contribution Plan." This will take you to a chart that lists many useful publications about the plans, including *Retirement Investment Funds*.)

In other news—recently the Regents unanimously reaffirmed their decision not to invest UC fund assets in any tobacco-related stocks. This policy applies to all investments in the UC portfolios—those in passively managed index funds as well as investments actively managed by the Treasurer. This strategic action should not materially affect potential investment returns for the UC funds.



California HMO Medical Plan Transfers

If you want to transfer from one California HMO plan to another, you can make that change any time during 2001 under UC’s special pilot program. This special program is designed to help UC employees and annuitants manage troubling provider/medical group disruptions. For a smooth transition, follow these important steps:

Before you enroll

- Verify that you are eligible for the medical plan you are interested in, based on your mailing address ZIP code. See “Health Pages” on UCbencom (www.ucop.edu/bencom), check the plan’s provider directory, or call the plan.
- Verify that the provider you choose is in the new plan’s provider network. Again, see “Health Pages,” check the plan’s provider directory, or call the plan.
- Verify that the provider you choose is accepting new patients. For the most current information, call the provider.
- You may also want to ask the new plan about coverage for any specific benefits or prescription drugs, if you or your family have such needs. You can view the plans’ formularies on “Health Pages.”
- Complete and submit a *HMO Medical Plan Transfer form* (UBEN 110) as directed on the form. (The form is available on the UCbencom website under “Online Forms.”) Be sure to indicate a primary care physician (PCP) or provider medical group (PMG) for yourself and each of your enrolled family members. If you don’t, the plan will assign a PCP for each of you.
- Confirm the effective date for your coverage under the new plan by calling Customer Service at 1-800-888-8267. **Generally, this will be the first of the month after the form is processed.**

After you enroll

- Call your new plan to ensure continuity of care, if you or a family member is currently undergoing treatment.
- Before seeking services—including pharmacy services—call the plan to verify that your coverage is in effect. You should do this on the first of the

month for which your transfer is effective. If your new plan cannot yet verify your eligibility, call UC HR/Benefits Customer Service.

- Present your new ID card when seeking care. If you need to make an appointment before your card arrives, have your provider contact your new plan’s Member Services.

Questions

For specific benefit questions, call the medical plan. See phone numbers below. If you have questions about making the transfer, call UC HR/Benefits Customer Service.

California HMO Plans Telephone Numbers

Health Net	1-800-522-0088
Health Net/Seniority Plus	1-800-596-6565
Kaiser Permanente—California	1-800-464-4000
Kaiser/Senior Advantage	1-800-464-4000
PacificCare of California	1-800-624-8822
PacificCare/Secure Horizons	1-888-422-6000
Western Health Advantage (WHA)	1-888-563-2251
WHA Care+	1-888-563-2251

UC Account Balances Online

Participants in UC’s Defined Contribution and Tax-Deferred 403(b) plans can see their current plan balances online by visiting UCbencom (www.ucop.edu/bencom). The site is updated on or after the 10th of the month to reflect gains/losses in the value of participants’ accounts in the UC-managed investment funds. Account activity such as 403(b) Plan distributions and any other adjustments are reflected approximately four times a month.

To view your UCRS account balance(s) on UCbencom, simply click on the “UCRS Account Balances” icon on the right side of the home page. To access this particular application, you will need to enter your Social Security number and your UC Personal Identification Number—your UC PIN. If you never received your PIN or have lost or forgotten it, call UC HR/Benefits Customer Service at 1-800-888-8267.

UC Care Medical Plan Information

Out-of-Area Transfers

Annuitants: Remember to report a change of address as soon as you know you will be moving out-of-area, or back to in-area benefits. If you need to report a change of address UC has enclosed an address change form for your convenience on page 11.

Who is eligible for UC Care out-of-area benefits?

In addition to annuitants who permanently live outside the California Tier 1 service area, the following may be eligible for out-of-area benefits:

- Your child who is a full-time student living away from home outside the California Tier 1 service area during the academic year, and
- Your natural or adopted child living with your former spouse outside the Tier 1 service area more than 50% of the year.

In these situations, you and your family members remaining in the Tier 1 service area continue with in-area benefits.

If you have an enrolled child in one of the categories described above, call UC Care Member Services to request the form *UC Care Change to Out-of-Area/In-Area*.

Filling prescriptions out-of-area

When you access prescription benefits under the out-of-area part of your UC Care medical plan, you have a choice:

- Visit a participating pharmacy and pay a copayment, or
- Visit a non-participating pharmacy, pay for your prescription, and then file a claim for reimbursement. After you've met a \$50 individual/\$150 family annual prescription drug deductible, the plan will pay up to 90% of the cost of covered medications.

A list of the National Pharmacy Chains participating is available through DocFind. (See right.)

To Find Information Online, Use DocFind

To use DocFind, log on to UCbencom (www.ucop.edu/bencom), select "General Info," then "Health and Welfare," and scroll down to the UC Care section.

If you need help finding the information you need on DocFind, or if you don't have internet access, call UC Care Member Services at 1-800-313-3804.

Reciprocity for Enrolled Family Members

If you—the UC employee or annuitant—live in UC Care's California Tier 1 service area, and one of your enrolled family members lives outside California, the family member may be eligible to receive Tier 1 benefits under reciprocity if he or she lives in an area served by a USAccess network.

Reciprocity:

- applies to any enrolled family member who lives in a USAccess area outside California.
- applies only to family members—not to an employee or annuitant.
- requires only a phone call. Simply call UC Care Member Services (1-800-313-3804) to change to a USAccess PCP (primary care physician) in the area where your enrolled family member lives. The change can be in effect the following day.

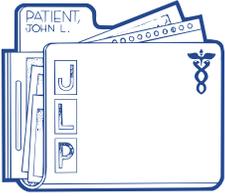
You can use the online service DocFind:

- To determine if your family member lives in a USAccess service area, and
- To locate a contracted PCP in that area.

See article above regarding DocFind.

Note: If your family member is currently enrolled in out-of-area benefits, ask a UC Care Member Services representative to send you the form *UC Care Change to Out-of-Area/In-Area*, in order to cancel your out-of-area status.

Also, if you're not sure what level of benefits you or your family members are eligible for, ask a UC Care Member Services representative to help you sort out your options.



UC's Medicare Corner

Useful websites: Medicare—www.medicare.gov Social Security—www.ssa.gov

Medicare General Enrollment Period Ends March 31, 2001

If you are eligible for Medicare Part B (physician services), but haven't signed up yet, you can do so during Medicare's annual enrollment period that began on January 1 and runs through March 31, 2001. As long as you sign up by this date, your coverage will begin on July 1, 2001.

Medicare Part B helps pay for doctor's visits, outpatient hospital treatment, and other medical services and supplies not covered by Medicare Part A (hospital services). The cost for Medicare Part B is \$50 a month for 2001.

People with Medicare Part A who did not sign up for Medicare Part B when they first became eligible can take advantage of the general enrollment period. Also, anyone who had Medicare Part B at one time but dropped out can now enroll again. An additional ten percent is added to the premium for each year an individual was eligible for Medicare Part B but was not enrolled.

If you are interested in enrolling in Medicare, call Social Security (1-800-772-1213), or contact your local Social Security office. To find out more about the Medicare program, go to (www.ssa.gov/pubs/10043.html).

Discounted Prescription Drug Costs in California for Medicare Enrollees

Recent changes in state law provide that UC employees, annuitants, and their family members who are enrolled in Medicare (Part A or B or both), may buy prescription drugs in California at the same low rate as Medi-Cal recipients. This is often a considerable discount.

To obtain the discount:

- Make sure your pharmacist participates in the Medi-Cal program—most California pharmacies do.
- Each time you fill a prescription, show both your Medicare and medical plan ID cards.
- Ask your pharmacist to charge you the lower rate.

This program is of special interest to UC's High Option and Core enrollees. Members pay the Medi-Cal discount price for the drug, then submit the claim to the plan for reimbursement. UC Care and HMO enrollees will pay the lower of their copayment or the discount rate.

If you have additional questions, you should call your local Medi-Cal office. You can also visit the website of Senator Speier, the sponsor of the legislation (SB 393 in year 2000) at www.sen.ca.gov/htbin/testbin/member_info?sen.senator.Speier.



Back From Africa

Alma Sisco-Smith, Director of UC San Francisco's Work-Life Resource Center—a newly emerging unit for the campus—and Special Assistant for the Chancellor's Initiative on Supportive Work Environment, recently traveled to South Africa. Says Sisco-Smith, "My trip was part of the People to People Ambassador Programs—a Presidential Initiative that sends delegations of individuals to various countries addressing a broad spectrum on issues of emerging importance. My delegation consisted of educators and practitioners in peace studies and conflict resolution."

This picture reflects a very genuine and intense conversation between Sisco-Smith and Deputy Director Theta Sithole of the Western Cape Education Department in Cape-town, South Africa.



A day before a scheduled meeting with Sisco-Smith's delegation, the department was notified of a disruption in one of the township's high schools. Student leaders were calling for the removal of the headmaster, and the conflict was being further agitated by a handful of teachers. Department officials had been unsuccessful in quieting the students and the teachers. At the time this picture was taken, Sisco-Smith stayed behind to speak with the Deputy Director about putting a process into place where none existed within department policy or procedure. The challenge was to quiet the students and the teachers so that the department officials might engage them in dialogue, and to create a temporary separation for the headmaster.

Sisco-Smith then moved on with the delegation. Two days later, on route to Zimbabwe, she received a message from Sithole saying he and the Education Department had been successful in implementing the process Sisco-Smith had proposed, and it had contained the discussions so that a mediation could begin. The Education Department was calling to thank Sisco-Smith for taking a moment to care and to share in their burden.

“**E**very few years, even now, I catch the scent of Africa. Once I merely walked out of the library in Atlanta and there it was, that scent knocking me down, for no reason I can understand. The sensation rises up from inside me and I know you're still here, holding sway. You've played some trick on the dividing of my cells so my body can never be free of the small parts of Africa it consumed.” So writes Barbara Kingsolver in her best seller, *The Poisonwood Bible*.

“I know that experience,” says Alma Sisco-Smith. “One month ago, and after just one month back from South Africa, while walking from a conference in Pasadena, the fragrance of Africa stopped me in

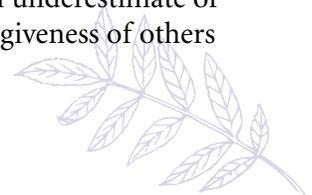
my tracks! Looking around, I became aware of the trees overhead and noticed the Acacia so prominent in South Africa's landscape, and the Jacaranda with its burnt blossoms from our summer. I noticed, too, the pods on the ground, now dried whole but mostly crushed under foot, and I could smell Africa. It consumed me for several moments while it soaked in. I felt commanded to take stock of my surroundings and never to forget. There are days now when I find myself smiling subconsciously or my eyes awash with emotion from my experience. This travel was different from so many others. It was special.” So writes Sisco-Smith in her journal.



People have asked me why I went to South Africa. Well, the opportunity to join a delegation from North America of educators and practitioners in peace studies and conflict resolution was a thrill in and of itself. But the timing was also particularly relevant. During this past year especially, as our Campus Mediation Program has become more active, the role of forgiveness has intrigued me. Ellen Beilock, campus mediation officer, and I revealed this mutual interest to each other several months ago. And we became aware of and began to follow the work of Dr. Steve Luskin at Stanford. His research is looking at the correlation between forgiveness and physical and psychological well-being. On another level, but related, I am interested in the role of forgiveness in conflict resolution. I think we are seeing some evidence of this correlation in the immediate satisfaction that individuals feel from successful mediation. We haven't taken that very far yet, because we have been concentrating mostly on perfecting the program of structured mediation and helping the campus community gain greater confidence and understanding of the process.

So, what more fertile learning ground than South Africa? After the dismantling of apartheid, their attempt to reconcile differences through forgiveness was unprecedented. The establishment of a Truth and Reconciliation Commission, the rollout of their work, and the impact of that experience was educational for the world. Could I have simply read about it? Yes, of course. But I would not have had the firsthand knowledge in my memory as was accomplished on this trip.

We hear a lot about the art of mediation and the importance of the mediator's skill. Yet a key to the resolution of conflict is intricately connected to what I believe is a basic need within individuals for the conflict to stop, to go away. And to feel good about the means to achieving that end. That's where the mediator's skill must connect. And in the process, I don't think we can underestimate or overvalue the importance of forgiveness of others and of ourselves.



403(b) and DC Plan Distribution Schedule

Most DC and 403(b) plans distribution requests can be made efficiently and effortlessly by calling the Distribution Line on bencom.fone (1-800-888-8267).

If you anticipate the need for a distribution from your 403(b) Plan or DC Plan accounts, please plan ahead. For example, if you want a check issued in June, then UC HR/Benefits must receive your distribution request by May 21. UC HR/Benefits will not generally grant exceptions to these procedures.

When you are ready to request a distribution:

1. Call 1-800-888-8267 and press 1.
2. From the Entry Menu, press 2 to reach the Distribution Line.
3. Enter your Social Security number and your UC PIN.

Do not hang up until you hear the confirmation number. You will be sent an acknowledgement statement by mail or fax, whichever you prefer.

Processing Dates. The cutoff date for processing DC Plan and 403(b) Plan distribution requests through the Distribution Line is the 21st of each month. Distribution checks generally are issued on the 23rd of the following month. Plan accumulations are valued at the end of the month prior to the date the distribution is paid. For example, a check issued in June is based on the fund value as of the last business day in May.

Year 2001 Distribution Schedule 403(b) Plan and DC Plan

March 23	August 23
April 24	September 25
May 23	October 23
June 25	November 21
July 25	December 21

Taxing of Pension Income

Effective January 1, 1996, Public Law 104 prohibits states from taxing the pension income of former residents. The law applies to annuity payments and/or lump sum distributions paid after December 31, 1995.

In general, no state may impose income tax on any retirement income of an individual who is no longer a resident of that particular state.

Because UC reports all annuitant pension income to the Internal Revenue Service under the umbrella term “University of California,” certain annuitants who do not live in California may receive a notification letter from the California State Franchise Tax Board requesting them to pay state income tax.

If you are a Los Alamos National Laboratory (LANL) annuitant and receive such a request, please contact the LANL Benefits Office or call Customer Service. The Benefits Office will send you a letter that you can forward to the California State Franchise Tax Board stating that you have never resided in the state of California.

If you retired from any other UC location, and are permanently living out of the state of California, you may:

1. change your current tax withholding election for your University of California Retirement Plan monthly retirement income (see below), and
2. respond directly to any inquiries you may receive from the California State Franchise Tax Board.

Attention Non-California Residents

Current federal legislation prohibits states from taxing nonresident pensions (see above article), but your tax withholding election for University of California Retirement Plan (UCRP) monthly income remains in effect until you change it. UC HR/Benefits must have your signature in order to change your tax withholding election. You may make changes by submitting a new *Tax Withholding Election for UCRP Income* (UBEN 106) form.

The fastest way to get a copy of the form is from our UCbencom website (www.ucop.edu/bencom, --select “Online Forms.”) You may also request a form by calling UC HR/Benefits Customer Service at 1-800-888-8267.

Generally, UC HR/Benefits must receive your form by the seventh of the month to affect the upcoming monthly retirement income check.

Surepay Deposit and Check Mailing Dates

The following are the Surepay deposit dates and the check mailing dates for UCRP annuitant checks during the rest of 2001.

March 28	August 29
April 26	September 26
May 29	October 29
June 27	November 28
July 27	December 28*

* Surepay deposits will be posted January 2, 2002. Annuitant checks will be dated January 1, 2002, but will be mailed December 28, 2001.

UC Survey of Medical Plan Member Satisfaction

The University is working with DSS Research, an independent research firm, to conduct a member satisfaction survey of certain UC-sponsored medical plans. The survey is scheduled to mail in April and will measure member satisfaction during calendar year 2000. A pre-survey notice will be mailed March 29 to survey participants.

The survey is in its fourth year. It will be sent to approximately 15,000 randomly selected members of the UC community who were enrolled in Health Net of California, Kaiser Permanente, PacifiCare of California, UC Care, Western Health Advantage, BluePremier HMO New Mexico, and BluePremier POS “in-area” benefits. Those who may receive the survey are UC employees, annuitants, and their family members age 18 or older as of

December 31, 2000. Members whose primary medical coverage is through Medicare will not receive the survey.

Participants are asked to complete the survey either through the mail (on paper) or—as a new option this year—on the internet.

Results of the survey will be available in the fall, when members evaluate the medical plans in making their Open Enrollment choices for the following year. Results for the California health maintenance organizations (Health Net, Kaiser Permanente, PacifiCare of California, and Western Health Advantage) will be included in the publication *HealthScope*. Results for the other UC plans will appear in this newsletter. All will be available on our website, UCbencom.

Social Security Earnings Limits for 2001

A reminder—If you are between ages 65 and 70, you can work and still receive full Social Security retirement benefits.

If you begin receiving Social Security benefits before age 65 (or your full retirement age—see chart at right), your earned income will reduce your benefits only until the month you reach 65. Here’s how the earnings limits work:

- **If you are under full retirement age** when you begin receiving Social Security benefits, you will lose \$1 in benefits for each \$2 you earn above the annual limit. In 2001, the limit is \$10,680 (\$890/month).
- **In the year you reach full retirement age**, you will lose \$1 in benefits for each \$3 you earn above a different annual limit. (In 2001, this limit is \$25,000, or \$2,084 /month.) However, only amounts earned before the month you reach full retirement age count toward the limit.
- **Starting with the month you reach full retirement age**, you will receive your retirement benefits regardless of the amount you earn.

For more information on Social Security benefits and other provisions, visit the Social Security website (www.ssa.gov).

Age for Receiving Full Social Security Benefits

Year of Birth	Full Retirement Age
1937 or earlier	65
1938	65 and 2 months
1939	65 and 4 months
1940	65 and 6 months
1941	65 and 8 months
1942	65 and 10 months
1943–1954	66
1955	66 and 2 months
1956	66 and 4 months
1957	66 and 6 months
1958	66 and 8 months
1959	66 and 10 months
1960 and later	67

UC Retirement Savings and Investment Plan News

UC-Managed Investment Funds

Performance Results

Since October 31, 2000, the UC-managed investment funds have generated the following monthly unit values and interest factors:

At:	The unit value was:			The interest factor was:		
	Equity	Bond	Multi-Asset	Savings	ICC	Money Market
October 31, 2000	\$344.949	\$116.623	\$30.613	.4867%	.5708%	.5525%
November 30, 2000	317.723	119.751	29.860	.4781	.5519	.5397
December 31, 2000	323.449	123.122	30.289	.4866	.5718	.5554

Rates of Return as of December 31, 2000

	1-year	Annualized 5-year	10-year
Total Return Funds			
Equity	3.25%	18.51%	17.33%
Bond	16.01	9.13	11.52
Multi-Asset	6.78	11.08	11.16
Income Funds			
Savings	5.98%	6.11%	6.76%
Insurance Company Contract	6.95	7.32	7.84
Money Market	6.47	5.69	5.31

The investment returns shown here represent past performance and are not necessarily indicative of future results.

The UC-managed investment funds are valued monthly, around the tenth of each month.

New unit values and interest factors can be obtained on our website (www.ucop.edu/bencom) or by calling UC's interactive telephone service, [bencom.fone \(1-800-888-8267\)](tel:1-800-888-8267).

Participants who choose to use the telephone can simply call [bencom.fone \(1-800-888-8267\)](tel:1-800-888-8267) for investment rates of return, account balances, and/or to request a distribution from the UC-managed funds. You can also request a Statement on Demand

of your current account balances and transactions or transfer accumulations among the UC-managed funds.

If you have internet access go to our website and first choose "Top Picks" on the left-hand side of our home page. From there you can view investment rates of return. Then go back to our home page and choose "Online Actions" on the right-hand side to view your account balances and make transfers among the UC-managed funds.

Both of these services are available 24 hours a day.

UC HR/Benefits Address of Record

UC HR/Benefits can only maintain one address of record for each of its employees and annuitants. So if you move, it is very important that you notify UC of your new mailing address. That way, we're able to keep you informed about the status of your monthly benefit distributions/electronic deposit (Surepay) stubs, this newsletter, semi-annual statements for retirement plan balances, and annual Open Enrollment mailings.

If you are enrolled in a UC-sponsored health plan, your address is provided to your health plan on a monthly basis. Your health plan uses this address when they send you plan materials and also to

confirm that you are within their service area and are eligible for benefits.

For your convenience UC HR/Benefits has enclosed an address change form self mailer (see below). Simply fill out the form, tear out the page, fold it, and drop it in the nearest mail box.



If you prefer, you can change your address by calling UC HR/Benefits Customer Service (1-800-888-8267) or, if you have internet access, go to the "Online Forms" section of UCbencom; print and complete form UBEN 131 (*UC Benefits Address Change Notice*) and mail it to UC HR/Benefits. (You'll need to download Adobe Acrobat Reader software to print the form.)

UC HR/BENEFITS ADDRESS CHANGE NOTICE FOR ANNUITANTS

PERSONAL INFORMATION (Please print)	
NAME (Last, First, Middle Initial)	SOCIAL SECURITY NUMBER
CURRENT DAYTIME PHONE ()	NEW DAYTIME PHONE (if known) ()
CHANGE MY CORRESPONDENCE ADDRESS	
OLD CORRESPONDENCE ADDRESS (Number, Street, City, State, ZIP, Country)	
NEW CORRESPONDENCE ADDRESS (Number, Street, City, State, ZIP, Country)	EFFECTIVE DATE
SIGNATURE	
SIGNATURE	DATE
FOR MAIL SERVICES USE ONLY	
SYSTEMS UPDATED: <input type="checkbox"/> Annuitant <input type="checkbox"/> Membership <input type="checkbox"/> Annuitant Health (to RCA if Art only) By: _____	
Routed: <input type="checkbox"/> TO RCA Date: _____ <input type="checkbox"/> To Disability (if UCRS-disabled) Date: _____	

STATE PRIVACY NOTIFICATION The State of California Information Practices Act of 1977 (effective July 1, 1978) requires the University to provide the following information to individuals who are asked to supply information about themselves. The principal purpose for requesting the information on this form is for payment of benefits and for benefits administration. University policy and state and federal statutes authorize maintenance of this information. Furnishing all information requested on this form is mandatory—failure to provide such information will delay or may even prevent completion of the action for which the form is being filled out. Information furnished on this form may be used by UC Benefits for benefits administration, and will be transmitted to the federal and state governments as required by law. Individuals have the right to review their own records in accordance with University personnel policy and collective bargaining agreements. Information on applicable agreements can be obtained from campus or Office of the President Staff and Academic Personnel Offices. The official responsible for maintaining the information contained on this form is the Associate Vice President—University of California Human Resources and Benefits, 1111 Franklin Street, Oakland, CA 94607-5200.

FEDERAL PRIVACY NOTIFICATION Pursuant to the Federal Privacy Act of 1974, you are hereby notified that the disclosure of your Social Security number is mandatory. Disclosure of the Social Security number is required pursuant to sections 6011 and 6051 of Subtitle F of the Internal Revenue Code and with Regulation 4, Section 404.1256, Code of Federal Regulations, under Section 218, Title II of the Social Security Act, as amended. The Social Security number is used to verify your identity. The principal uses of the number shall be to (1) report state and federal income taxes withheld, and (2) as an identifier for your insurance carrier to verify your eligibility and to maintain claim records for you and your eligible dependents.

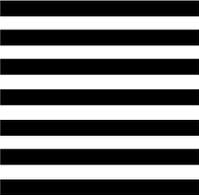


NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

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Long-Term Care Insurance

Policies Available to UC Employees and Annuitants

CalPERS (California Public Employees' Retirement System)

CalPERS is offering another opportunity for UC employees and annuitants to sign up for its long-term care program. The new application period begins on April 1 and runs through June 30, 2001.

In 2000, CalPERS began offering some lower cost plans. These plans continue to have premiums that cost significantly less than comparable plans offered by insurance companies. All premiums are age-related. The younger you are, the less a plan costs.

You may request a free application kit by calling 1-800-338-2244. Kits will be available on the CalPERS website in March (www.calpers.ca.gov/longtermcare).

TIAA-CREF (Teachers Insurance and Annuity Association College Retirement Equities Fund)

TIAA-CREF offers two types of long-term care insurance plans:

Teachers SelectCare

This policy is available to full- or part-time employees of and retirees from nonprofit public and private schools, colleges, universities, teaching hospitals, and other qualifying educational and research institutions. You may apply for coverage at any time during the year.

Employees' spouses, parents and parents-in-law are also eligible to apply, as is anyone who already owns a TIAA-CREF annuity or a TIAA individual insurance policy. You are eligible to apply for Teachers SelectCare if you are between 18 and 84 years old and live in the United States. (Note: This plan is not currently offered in Colorado.)

Long-Term Care Insurance Policy from TIAA-CREF Life

This policy is available to any U.S. resident ages 18 to 84, providing the policy has been approved by the state insurance department of your state of residence.

The policy is currently available in Alabama, Arizona, Arkansas, Connecticut, Delaware, District of Columbia, Florida, Georgia, Idaho, Indiana, Iowa, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, Nevada, New York, North Carolina, Ohio, Oklahoma, Oregon, Rhode Island, South Carolina, South Dakota, West Virginia, and Wisconsin. California and New Mexico residents are currently ineligible for this policy. Please check with TIAA-CREF periodically, as approvals are pending in many other jurisdictions.

To find out more about either of these plans, you may visit TIAA-CREF's website (www.tiaa-cref.org) or call 1-800-223-1200 and press "4."

Annuitant Newsletter on Audio Cassette

This newsletter is available on audio cassette tape for visually impaired and disabled annuitants. If you are interested, call *New Dimensions* at 1-800-239-4002, extension 70270, and leave your name, address, and phone number. Please indicate that you want to receive *New Dimensions* on tape. Please note that audio cassette tapes are generally mailed four weeks after each *New Dimensions* mailing.

New Dimensions

Volume 16 Number 1, Winter 2001

New Dimensions is published by University of California Human Resources and Benefits to provide news and information to UC annuitants.

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By authority of The Regents, University of California Human Resources and Benefits, located in Oakland, administers all benefit plans in accordance with applicable plan documents and regulations, custodial agreements, University of California Group Insurance Regulations, group insurance contracts, and state and federal laws. No person is authorized to provide benefits information not contained in these source documents, and information not contained in these source documents cannot be relied upon as having been authorized by The Regents. Source documents are available for inspection upon request (1-800-888-8267). What is written here does not constitute a guarantee of plan coverage or benefits—particular rules and eligibility requirements must be met before benefits can be received. The University of California intends to continue the benefits described here indefinitely; however, the benefits of all employees, annuitants, and plan beneficiaries are subject to change or termination at the time of contract renewal or at any other time by the University or other governing authorities. The University also reserves the right to determine new premiums and employer contributions at any time. Health and welfare benefits are subject to legislative appropriation and are not accrued or vested benefit entitlements. If you belong to an exclusively represented bargaining unit, some of your benefits may differ from the ones described here. Contact your Human Resources Office for more information.

In conformance with applicable law and University policy, the University is an affirmative action/equal opportunity employer. Please send inquiries regarding the University's affirmative action and equal opportunity policies for staff to Director Mattie Williams and for faculty to Executive Director Sheila O'Rourke, both at this address: University of California Office of the President, 1111 Franklin Street, Oakland, CA 94607.

Comments or Questions?

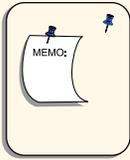
Write *New Dimensions* at:
University of California
Human Resources and Benefits
P.O. Box 24570, Oakland, CA 94623-1570

Association Contacts

Use this listing if you're interested in joining an association, or to inform your association of an address change.

	Emeriti	Retirees
Berkeley	UCB Retirement Center 510-642-5461	UCB Retirement Center 510-642-5461
Davis	Peter Stumpf 530-753-5022 pkstump@ucdavis.edu	Arleen Kasmire 530-753-0898
Irvine	Sam McCulloch 949-650-5569	Emeriti/Retiree Office 949-824-6204 emeriti@uci.edu
LANL	N/A	Mary Mariner 505-672-1950 Chuck Mansfield 505-662-2115
LBNL	N/A	Bud Larsh 510-724-1202 almonlarsh2@juno.com
LLNL	N/A	Lawrence Livermore Employee Services Association 925-422-9402
Los Angeles	Emeriti/Retiree Relations Center 310-825-7456 emeriti@humnet.ucla.edu	Emeriti/Retiree Relations Center 310-825-7456
OP & Regents	N/A	Keith Sexton 925-376-5194
Riverside	Donald Munnecke 909-684-0922	Betty Morton 909-689-4381 TheMortons@aol.com
San Diego	Sandi Pierz 858-534-0101	Lisa Hreha 858-534-4724 retireelink@ucsd.edu
San Francisco	William F. Ganong 510-526-5680	Frances Larragueta 415-731-3109
Santa Barbara	Emeriti/Retiree Relations Center 805-893-2168 PL00LEH@ucsbvm.ucsb.edu	Emeriti/Retiree Relations Center 805-893-2168
Santa Cruz	Stanley M. Williamson 831-459-2032	Barbara Dileanis 831-426-7653

Note to associations: To update a listing, write to *New Dimensions*.



Bulletin Board

Bulletin Board is for UC retiree and emeriti association announcements. The information contained herein does not necessarily represent the opinions of UC Human Resources and Benefits. UC HR/Benefits reserves the right to edit, correct, and/or decline to publish information submitted to New Dimensions. To post an announcement, write to New Dimensions or e-mail janie.kirsch@ucop.edu. The deadline for submissions for the Spring issue is April 10, 2001.

2nd Annual UCLA Emeriti/Retiree Picnic Held

The date was Saturday, October 7th; the place was the grounds of the University Elementary School. Early in the day, the threat of rain loomed; however, by midday the sun did shine through the beautiful redwood trees. Throughout the day, one could hear laughter from the more than 100 attendees. The

food was delicious and the frozen yogurt was a special treat. The hit of the day was the outstanding music provided by band members who are retired and knew just the right “kind” of music to play.

Following are some of the photos taken at our memorable event!



Happy picnickers fillup their plates.



Renewing old acquaintances.



The Serenaders played just the right “kind” of music.



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New Dimensions

Benefits Newsletter for UC Annuitants
Volume 16 Number 1, Winter 2001

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 - ◆ UC Care Medical Plan Information—page 4
 - ◆ UC's Medicare Corner—page 5
 - ◆ Back From Africa—pages 6–7
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- and more...

For Your Information

New Dimensions is mailed, usually on a quarterly basis, to a wide population. This newsletter serves notice of changes in benefits, human resource policies, and other issues that affect some segment of the population within the UC community. Information included does not necessarily apply to all those receiving the newsletter. For information about which policies, procedures, or benefits apply to you, please check with your local Human Resources or Benefits Office.

